

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1 9:30 Chair Aerobics 10:15 Morning Tea 10:30 Knitting Club (second floor) 11:00 Outdoor Walks 1:30 Bingo or Rice Dyeing for Rangoli	2 9:30 Chair Aerobics 10:15 Morning Tea 11:00 Melbourne Cup Luncheon 	3 MORNING TEA OUTING 9:30 Chair Aerobics 10:15 Morning Tea 10:45 Physio Gym 11:00 Anglican Church Service 1:30 Wax Bath Therapy & Nail Care	4 DIWALI FESTIVAL 9:30 Chair Aerobics 10:15 Morning Tea 11:00 Outdoor Walks 1:30 Rangoli for Diwali 	5 9:30 Friday Fun Day 10:15 Morning Tea 11:00 Community Choir (ground floor) 1:30 Bingo	6 10:15 Morning Tea 10:45 Puzzles & Board Games 1:30 Group Activity 3:00 Movie 	7 10:15 Morning Tea 10:45 Puzzles & Board Games 1:30 Group Activity 3:00 Movie
8 9:30 Chair Aerobics 10:15 Morning Tea 10:30 Knitting Club (second floor) 11:00 Outdoor Walks 1:30 Bingo or Sunshine Club	9 MORNING TEA OUTING 9:30 Chair Aerobics 10:15 Morning Tea 11:00 Catholic Church Service 1:30 Wax Bath Therapy & Nail Care 1:30 Orthodox Prayer Group (second floor)	10 MORNING TEA OUTING 9:30 Chair Aerobics or Yoga (second floor) 10:15 Morning Tea 10:45 Physio Gym 11:00 Outdoor Walks 1:30 Ukulele Class (ground floor)	11 REMEMBRANCE DAY & POLISH INDEPENDENCE DAY 9:30 Chair Aerobics 10:15 Morning Tea 11:00 Remembrance Day Service (ground floor) 1:30 Birthday Party with Sue & Graham in Concert 	12 9:30 Friday Fun Day 10:15 Morning Tea & Polish Quiz/Trivia 11:00 Community Choir (ground floor) 1:30 Bingo	13 10:15 Morning Tea 10:45 Puzzles & Board Games 1:30 Group Activity 3:00 Movie	14 10:15 Morning Tea 10:45 Puzzles & Board Games 1:30 Group Activity 3:00 Movie
15 9:30 Chair Aerobics 10:15 Morning Tea 10:30 Knitting Club (second floor) 11:00 Outdoor Walks 1:30 Bingo or Sunshine Club	16 9:30 Chair Aerobics 10:15 Morning Tea 10:30 Seasons Sing-a-long with David Grace (second floor) 1:30 Wax Bath Therapy & Nail Care 	17 MORNING TEA OUTING 9:30 Chair Aerobics 10:15 Morning Tea 10:45 Physio Gym 11:00 Outdoor Walks 1:30 Scategories	18 9:30 Chair Aerobics 10:15 Morning Tea 11:00 Outdoor Walks 1:30 Cooking: Scottish Shortbread	19 9:30 Friday Fun Day 10:15 Morning Tea 11:00 Community Choir (ground floor) 1:30 Bingo	20 10:15 Morning Tea 10:45 Puzzles & Board Games 1:30 Group Activity 3:00 Movie	21 10:15 Morning Tea 10:45 Puzzles & Board Games 1:30 Group Activity 3:00 Movie
22 9:30 Chair Aerobics & Balance 10:15 Morning Tea 10:30 Knitting Club (second floor) 11:00 Outdoor Walks 1:30 Bingo or Sunshine Club	23 9:30 Chair Aerobics 10:15 Morning Tea 11:00 Outdoor Walks 1:30 Wax Bath Therapy & Nail Care	24 9:30 Chair Aerobics or Yoga (second floor) 10:15 Morning Tea 10:45 Physio Gym 11:00 Outdoor Walks 1:30 Brain Games or Men's Club (second floor) 	25 9:30 Chair Aerobics 10:15 Morning Tea 10:30 Outdoor Walks 1:30 Christmas Craft	26 9:30 Friday Fun Day 10:15 Morning Tea 10:30 Community Choir (ground floor) 1:30 Bingo	27 10:15 Morning Tea 10:45 Puzzles & Board Games 1:30 Group Activity 3:00 Movie 	28 10:15 Morning Tea 10:45 Puzzles & Board Games 1:30 Group Activity 3:00 Movie
29 9:30 Chair Aerobics 10:15 Morning Tea 10:30 Knitting Club (second floor) 11:00 Outdoor Walks 1:30 Bingo or Sunshine Club 	30 MORNING TEA OUTING SAINT ANDREW'S DAY 9:30 Chair Aerobics 10:15 Morning Tea 11:00 Outdoor Walks 1:30 Wax Bath Therapy & Nail Care					