

# November Edition



#### IN THIS ISSUE



## HYACINTHS ZUCCHINI SLICE

We're celebrating the birthdays of:

Norma Gibbs
Julie Taddei
Catherine Tomlinson
Gentilina Siliquini
Marny Denney
Pat Dunn
Margaret Malaxos
Pat Haskett

Joan Playford





#### INGREDIENTS:

- 350G ZUCCHINI
- 1 CARROT
- 1 ONION
- 5 FGGS
- 1 CUP CHEESE
- 1 CUP SELF-RAISING FLOUR
- 1/4 CUP OIL
- 1 TABLESPOON CHICKEN STOCK
- 1 STRIP OF BACON
- SPRINKLE OF PAPRIKA (OPTIONAL)



#### **METHOD**

- 1. GRATE UNPEELED ZUCCHINI & CARROT
- 2. CHOP ONION & BACON FINELY
- 3.FRY CHOPPED ONION & BACON
- 4.IN MIXING BOWL ADD ALL INGREDIENTS (EXCEPT PAPRIKA) & MIX WELL
- 5. LINE TIN WITH NON STICK BAKING PAPER
- 6. FILL TIN WITH MIXTURE BUT NOT TOO HIGH
- 7. SPRINKLE SLICE WITH PAPRIKA
- 8.BAKE AT 180 FOR APPROX. 40-45 MINUTES
- 9.LET SLICE COOL SLIGHTLY BEFORE CUTTING/SERVING

ROSEWOOD INVITES YOU TO THE ANNUAL



# **RESIDENT & RELATIVE CHRISTMAS PARTY**

OLIVE GROVE & JACARANDA RESIDENTS
9 December 2021 • 9:30am-12:00pm
First Floor Dining Room

CITRUS & MAGNOLIA RESIDENTS 8 December 2021 • 9:30am-12:00pm Ground Floor Activity Room



#### ROSEWOOD WAY CHAMPIONS

Grace Beydoun: for the friendly, positive and helpful way she always approaches her job, however many conflicting priorities she faces. You are a shining example of the Rosewood Way - thank you!

Michelle Harrison & Maria Ziba: for going out of their way to ensure a confused resident felt safe, cared for and reassured. Thank you for epitomising personcentred-care, and the Rosewood Way!





#### COVID-19 BOOSTER VACCINATION PROGRAM

The Federal Government recently announced that a COVID-I9 booster vaccination program will be conducted for aged care facilities commencing 8 November 202I. Rosewood is seeking informed consent from residents/substitute decision makers (email sent 27 October 202I) for boosters to be administered to residents. Boosters are available for all who received their second dose at least six months ago. Rosewood is waiting to be advised about when an onsite clinic will be conducted to provide boosters to those residents and staff eligible/wanting the booster. It is expected this will occur soon. Boosters are NOT mandatory. Two doses of a COVID-I9 vaccine is still considered to be "fully vaccinated". However, a booster

vaccine helps to increase the effectiveness of the vaccine. The only vaccination currently approved as a booster is the Pfizer Comirnity vaccine.

The WA Premier Mark McGowan has announced that anyone who has received their second dose of a COIVID-I9 vaccine over six months ago can walk-in to any state-run vaccination clinics to receive their booster vaccine without an appointment.

General information about the aged care booster program can be found at: https://www.health.gov.au/news/newsletters/covid-I9-vaccine-booster-program-in-residential-aged-care.



#### **CARE PLANS**



Every aged care resident has a Care-plan - a plan of care, developed with you, to guide the team to provide the best, person-centred care possible. If you would like to see your current care-plan, or discuss any aspect of your care, please ask a member of the nursing team.

#### **NEW ADMISSIONS**

We would like to extend a very warm Rosewood welcome to our new residents:

Lil Meneghello Dimitris (Jim) Papadopoulos

#### WEST PERTH OPEN DAY

The Rosewood West Perth site is close to welcoming its first residents. In preparation, Rosewood is conducting a community open day on 20 November 202I, from IOam to Ipm, 67 Cleaver Street, West Perth. This day will provide visitors with an opportunity to tour the new facility and ask questions of Rosewood staff. Refreshments and activities will be available during the event. We have been working hard to create an environment where our residents can enjoy a rich, well-balanced life, and we cannot wait to share it with everyone.



### **OUR NEW CHEF**

Julian has completed his apprenticeship and qualifies as a Chef after 3 years of continuous service with Rosewood under 3 different masterchefs!

Julian has been an integral part of the catering services operation - Congratulations Julian!



#### **ACTIVITIES CALENDARS**

A recent suggestion by a relative to publish the Rosewood activities calendars on the website was discussed at the most recent relatives' meeting. Rosewood staff and the attendees at the meeting all agreed with the suggestion. Rosewood facilities will publish the latest activities calendars at the beginning of each month on our website. This will assist relatives with planning their visits around the activities happening at the facility as well as provide information about all the activities Rosewood offers our residents. Copies of the calendars will continue to be available throughout the facility.

#### FOOD AND DRINK

A reminder: food and drinks are always available outside of regular mealtimes. Kitchenettes are stocked with sandwiches, fruit, yoghurts, jelly. If you would like something to eat outside of mealtimes, or you require a packed lunch for an outing/appointment, please let a member of staff know and we'll be more than happy to assist.

#### ENDURING POWER OF GUARDIANSHIP

Many residents/families have nominated an EPA (Enduring Power of Attorney) for management of financial decisions. Less have nominated an EPG, an Enduring Power of Guardianship. An Enduring Guardian is considered to be an appropriate substitute decision maker for all clinical decisions, if an Advance Health Directive is not in place.

If you do not already have an Enduring Power of Guardianship and Enduring Power of Attorney in place, you can find information about how to put these in place, including forms to complete, through the Office of the Public Advocate WA [https://www.publicadvocate.wa.gov.au/].

Some EPG factsheets have been printed and placed at reception for your convenience.

The Citizen Advice Bureau WA [https://www.cabwa.com.au/] has factsheets about Enduring Power of Guardianship and Enduring Power of Attorney – copies of the factsheets can be found here: [https://rosewoodcare.org.au/wp-content/uploads/202I/I0/Enduring\_Power\_of\_Attorney.pdf] [https://rosewoodcare.org.au/wp-content/uploads/202I/I0/Enduring\_Power\_of\_Guardianship.pdf].

If you currently have an EPG in place and have not provide a copy to Rosewood, we invite you to do so.



We have received a few requests recently for visitors to have basement parking access. Unfortunately, due to mandatory Aged Care Facility entry screening requirements, this is not possible. We apologise for the inconvenience caused.



## **GALLERY**



















