

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
31 9:30 Chair Aerobics 10:15 Courtyard Morning Tea 1:30 Brain Games					1 NEW YEAR'S DAY 	2
3 9:30 Chair Aerobics 10:15 Morning Tea 10:45 Sing-along 1:30 Bingo	4 9:30 Chair Aerobics 10:15 Morning Tea 11:00 Outdoor Walks 1:30 Wax Bath Therapy & Nail Care	5 9:30 Chair Aerobics 10:15 Morning Tea 11:00 Outdoor Walks 1:30 Movie	6 9:30 Chair Aerobics & Balance 10:15 Morning Tea 10:45 Physio Gym 1:30 Board Games	7 ORTHODOX CHRISTMAS 9:30 Friday Fun Day 10:15 Morning Tea 1:30 Bingo 	8	9
10 LUNCH OUTING 9:30 Seated Yoga (fourth floor) 10:15 Morning Tea 1:30 I:ls	11 9:30 Chair Aerobics 10:15 Morning Tea 11:00 Outdoor Walks 1:30 Birthday Party with Toni Italiano in Concert (fourth floor)	12 9:30 Chair Aerobics 10:15 Morning Tea 11:00 Outdoor Walks 1:30 Wax Bath Therapy & Nail Care	13 9:30 Wax Bath Therapy 10:15 Morning Tea 10:45 Physio Gym 1:30 Chocolate Wheel & Happy Hour	14 9:30 Friday Fun Day 10:15 Morning Tea 1:30 Bingo	15	16
17 LUNCH OUTING 9:30 Chair Aerobics 10:15 Morning Tea 1:30 I:ls 	18 9:30 Chair Aerobics 10:15 Morning Tea 11:00 Outdoor Walks 1:30 Wax Bath Therapy & Nail Care	19 9:30 Chair Aerobics 10:15 Morning Tea 11:00 Outdoor Walks 1:30 Cooking: Mini Pavlovas	20 9:30 Chair Aerobics & Balance 10:15 Morning Tea 10:45 Physio Gym 1:30 Cocktail Hour (reception)	21 9:30 Friday Fun Day 10:15 Morning Tea 10:45 Choir 1:30 Bingo	22	23
24 LIBRARY BOOK COLLECTION 9:30 Chair Aerobics 10:15 Morning Tea 10:45 Reminiscence 1:30 Australia Day Craft	25 9:30 Chair Aerobics 10:15 Morning Tea 11:00 Outdoor Walks 1:30 Wax Bath Therapy & Nail Care	26 AUSTRALIA DAY  9:30 Australia Day Games 12:00 BBQ Lunch & Happy Hour 1:30 Bocce (fourth floor)	27 9:30 Chair Aerobics & Balance 10:15 Morning Tea 10:45 Physio Gym 1:30 Men's Club (fourth floor)	28 9:30 Friday Fun Day 10:15 Morning Tea 10:45 Choir 1:30 Bingo	29	30