

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
30 9:30 Chair Aerobics 10:15 Morning Tea 11:00 Board Games 1:30 Picture Bingo Library Book Collection	31 9:30 Chair Aerobics 10:15 Morning Tea 11:00 Outdoor Walks 1:30 Show & Tell Reminiscing					1
2 9:30 Chair Aerobics 10:15 Morning Tea 11:00 Colouring In 1:30 Picture Bingo 	3 9:30 Chair Aerobics 10:15 Morning Tea 11:00 Outdoor Walks 1:30 Concert by Paul Robinson (fourth floor)	4 9:30 Chair Aerobics 10:15 Morning Tea 11:00 Outdoor Walks 1:30 Wax Bath Therapy & Nail Care	5 LUNCH OUTING 9:30 Chair Aerobics 10:15 Morning Tea 10:45 Physio Gym 1:30 Jokes for a Laugh	6 10:30 Mother's Day High Tea (fourth floor) 1:30 Bingo 	7	8 MOTHER'S DAY 
9 EUROPE DAY 9:30 Chair Aerobics 10:15 Morning Tea & Europe Themed Quiz 10:30 Puzzles 1:30 Brain Game Library Book Collection	10 9:30 Chair Aerobics & Balance 10:15 Morning Tea 11:00 Outdoor Walks 1:30 Chocolate Wheel 3:30 Orthodox Prayer Group (banquet floor)	11 9:30 Chair Aerobics 10:15 Morning Tea 11:00 Knitting Club or Outdoor Walks 1:00 Wax Bath Therapy & Nail Care 	12 MORNING TEA OUTING INTERNATIONAL NURSES DAY 9:30 I:ls 10:15 Morning Tea 10:45 Physio Gym 11:00 Yoga with Brett (fourth floor) 1:30 Colour & Create	13 9:30 Friday Fun Day 10:15 Morning tea 11:00 Sing-a-long 1:30 Bingo & Happy Hour	14	15
16 9:30 Chair Aerobics 10:15 Morning Tea 11:00 Word Game 1:30 Picture Bingo	17 9:30 Chair Aerobics 10:15 Morning Tea 11:00 Catholic Church Service 1:30 Pizza Making	18 9:30 Chair Aerobics 10:15 Morning Tea 11:00 Outdoor Walks 1:30 Wax Bath Therapy & Nail Care	19 LUNCH OUTING 9:30 Chair Aerobics 10:15 Morning Tea 10:45 Physio Gym 1:30 Nail Care	20 9:30 Friday Fun Day 10:15 Morning tea 11:00 Sing-a-long 1:30 Bingo & Happy Hour 	21	22
23 9:30 Chair Aerobics & Balance 10:15 Morning Tea 11:00 Knitting Club 1:30 Brain Game	24 9:30 Chair Aerobics & Balance 10:15 Morning Tea 11:00 Outdoor Walks 1:30 Birthday Party with Darryn in Concert (fourth floor) 	25 9:30 Chair Aerobics & Balance 10:15 Morning Tea 11:00 Outdoor Walks 1:30 Wax Bath Therapy & Nail Care	26 MEN'S CLUB OUTING 9:30 I:ls 10:15 Morning Tea 10:45 Physio Gym 11:00 Yoga with Brett (fourth floor) 1:30 Gardening	27 9:30 Friday Fun Day 10:15 Morning Tea 11:00 Sing-a-long 1:30 Bingo & Happy Hour	28	29