

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		1 9:30 Chair Aerobics 10:15 Morning Tea 11:00 Outdoor Walks 1:30 Wax Bath Therapy & Nail Care	2 ITALIAN FESTA DELLA REPUBBLICA MORNING TEA OUTING 9:30 Chair Aerobics 10:15 Morning Tea 10:45 Physio Gym 11:00 Italian Quiz 1:30 Chocolate Wheel	3 9:30 Friday Fun Day 10:15 Morning Tea 11:00 Rosewood Choir 1:30 Bingo & Happy Hour or Outdoor Walk	4 10:15 Morning Tea 10:45 Puzzles & Board Games 1:30 Group Activity 3:00 Movie	5 10:15 Morning Tea 10:45 Puzzles & Board Games 1:30 Group Activity 3:00 Movie
6 WA DAY 9:30 Chair Aerobics 10:15 Morning Tea & WA Quiz 11:00 Knitting Club (first floor) 1:30 Courtyard Afternoon Tea	7 9:30 Chair Aerobics 10:15 Morning Tea 11:00 Outdoor Walks 1:30 Cooking: Tiramisu 	8 9:30 Chair Aerobics 10:15 Morning Tea 11:00 Outdoor Walks 1:30 Birthday Party with David Grace in Concert (fourth floor)	9 LUNCH OUTING 9:30 I:ls 10:15 Morning tea 10:45 Physio Gym 11:00 Yoga with Brett (fourth floor) 1:30 Wax Bath Therapy & Nail Care	10 9:30 Friday Fun Day 10:15 Morning Tea 11:00 Rosewood Choir 1:30 Bingo & Happy Hour or Outdoor Walk	11 10:15 Morning Tea 10:45 Puzzles & Board Games 1:30 Group Activity 3:00 Movie	12 10:15 Morning Tea 10:45 Puzzles & Board Games 1:30 Group Activity 3:00 Movie 
13 9:30 Chair Aerobics 10:15 Morning Tea 11:00 Outdoor Walks 1:30 Picture Bingo	14 9:30 Chair Aerobics 10:15 Morning Tea 11:00 Outdoor Walks 1:30 Reminiscing: Number 1 Hits from the 50s-80s 3:30 Orthodox Prayer Group (banquet room)	15 9:30 Chair Aerobics 10:15 Morning Tea 11:00 Resident Meeting (first floor) 1:30 Wax Bath Therapy & Nail Care 2:30 Food focus group (first floor)	16 LUNCH OUTING 9:30 Chair Aerobics 10:15 Morning Tea 10:45 Physio Gym 11:00 Outdoor Walks 1:30 Nail Care	17 9:30 Friday Fun Day 10:15 Morning Tea 11:00 Rosewood Choir 1:30 Bingo & Happy Hour or Outdoor Walk 	18 10:15 Morning Tea 10:45 Puzzles & Board Games 1:30 Group Activity 3:00 Movie	19 10:15 Morning Tea 10:45 Puzzles & Board Games 1:30 Group Activity 3:00 Movie
20 9:30 Chair Aerobics 10:15 Morning Tea 11:00 Knitting Club (first floor) 1:30 "Who am I?" Game 	21 9:30 Chair Aerobics 10:15 Morning Tea 11:00 Catholic Church Service (first floor) or Outdoor Walks 1:30 Rhythm Fix Drumming (fourth floor)	22 9:30 Chair Aerobics 10:15 Morning Tea 11:00 Outdoor Walks 1:30 Wax Bath Therapy & Nail Care 	23 LUNCH OUTING 9:30 I:ls 10:15 Morning tea 10:45 Physio Gym 11:00 Yoga with Brett (fourth floor) 1:30 Movie Screening	24 9:30 Friday Fun Day 10:15 Morning Tea 11:00 Rosewood Choir 1:30 Bingo & Happy Hour or Outdoor Walk	25 10:15 Morning Tea 10:45 Puzzles & Board Games 1:30 Group Activity 3:00 Movie 	26 10:15 Morning Tea 10:45 Puzzles & Board Games 1:30 Group Activity 3:00 Movie
27 9:30 Chair Aerobics 10:15 Morning Tea 11:00 Winter Quiz 1:30 Picture Bingo  	28 9:30 Chair Aerobics 10:15 Morning Tea 11:00 Outdoor Walks 1:30 Bocce	29 9:30 Chair Aerobics 10:15 Morning Tea 11:00 Outdoor Walks 1:30 Wax Bath Therapy & Nail Care	30 MORNING TEA OUTING 9:30 Chair Aerobics 10:15 Morning Tea 10:45 Physio Gym 11:00 Outdoor Walks 1:30 Aromatherapy Hand Massages			