

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		<b>1</b> 9:30 Chair Aerobics & Balance 10:15 Morning Tea 11:00 Outdoor Walks 1:30 Wax Bath Therapy & Nail Care	<b>2</b> ITALIAN FESTA DELLA REPUBBLICA <b>MORNING TEA OUTING</b> 9:30 Chair Aerobics 10:15 Morning Tea & Italian Quiz 10:45 Physio Gym 1:30 Cooking: Tiramisu (ground floor) 	<b>3</b> 9:30 Friday Fun Day (fourth floor) 10:15 Morning Tea 11:00 Rosewood Choir 1:30 Bingo & Happy Hour or Outdoor Walk	<b>4</b>	<b>5</b>
<b>6</b> WA DAY 9:30 Chair Aerobics & Balance 10:15 Morning Tea & WA Quiz 11:00 Knitting Club 1:30 Bingo 	<b>7</b> 9:30 Chair Aerobics & Balance 10:15 Morning Tea 11:00 Pride Month Craft or Outdoor Walks 1:30 Salt Dough Craft	<b>8</b> 9:30 Chair Aerobics & Balance 10:15 Morning Tea 11:00 Outdoor Walks 1:30 Birthday Party with David Grace in Concert (fourth floor)	<b>9</b> LUNCH OUTING 9:30 I:ls 10:15 Morning Tea 10:45 Physio Gym 11:00 Yoga with Brett (fourth floor) 1:30 Wax Bath Therapy & Nail Care	<b>10</b> 9:30 Friday Fun Day (fourth floor) 10:15 Morning Tea 11:00 Rosewood Choir 1:30 Bingo & Happy Hour or Outdoor Walk	<b>11</b>	<b>12</b>
<b>13</b> 9:30 Chair Aerobics & Balance 10:15 Morning Tea 10:30 Card Craft with Josie 1:30 Bingo	<b>14</b> 9:30 Chair Aerobics & Balance 10:15 Morning Tea 11:00 Outdoor walks 1:30 Salt Dough Painting 3:30 Orthodox Prayer Group (banquet room)	<b>15</b> 9:30 Chair Aerobics & Balance 10:15 Morning Tea 11:00 Resident Meeting 1:30 Wax Bath Therapy & Nail Care 2:30 Food Focus Group	<b>16</b> LUNCH OUTING 9:30 Chair Aerobics 10:15 Morning Tea 10:45 Physio Gym 1:30 Nail Care	<b>17</b> 9:30 Friday Fun Day (fourth floor) 10:15 Morning Tea 11:00 Rosewood Choir 1:30 Bingo & Happy Hour or Outdoor Walk 	<b>18</b>	<b>19</b>
<b>20</b> 9:30 Chair Aerobics & Balance 10:15 Morning Tea 11:00 Knitting Club 1:30 Bingo Library Book Collection	<b>21</b> 9:30 Chair Aerobics & Balance 10:15 Morning Tea 11:00 Catholic Church Service or Outdoor Walks 1:30 Rhythm Fix Drumming (fourth floor)	<b>22</b> 9:30 Chair Aerobics 10:15 Morning Tea 11:00 Outdoor Walks 1:30 Wax Bath Therapy & Nail Care 	<b>23</b> LUNCH OUTING 9:30 I:ls 10:15 Morning Tea 10:45 Physio Gym 11:00 Yoga with Brett (fourth floor) 1:30 Movie Screening (wellness centre)	<b>24</b> 9:30 Friday Fun Day (fourth floor) 10:15 Morning Tea 11:00 Rosewood Choir 1:30 Bingo & Happy Hour or Outdoor Walk	<b>25</b>	<b>26</b>
<b>27</b> 9:30 Chair Aerobics & Balance 10:15 Morning Tea 11:00 Winter Quiz 1:30 Bingo 	<b>28</b> 9:30 Chair Aerobics & Balance 10:15 Morning Tea 11:00 Outdoor Walks 1:30 Roulette	<b>29</b> 9:30 Chair Aerobics & Balance 10:15 Morning Tea 11:00 Outdoor Walks 1:30 Wax Bath Therapy & Nail Care	<b>30</b> MORNING TEA OUTING 9:30 Chair Aerobics 10:15 Morning Tea 10:45 Physio Gym 1:30 Bocce (fourth floor)			