

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1 9:30 PTA Gym/Outdoor Walks 10:15 Morning Tea 10:30 Footy Tipping 1:30 Bingo	2 9:30 Chair Aerobics  10:15 Morning Tea 11:00 Catholic Church Service 1:30 Wax Bath Therapy/Nail Care	3 9:30 PTA Gym/Outdoor Walks 10:15 Morning Tea 11:00 Anglican Church Service 1:30 PTA I!	4 9:30 Chair Aerobics 10:15 Morning Tea 10:45 Walks or Quiz 1:30 Paper Patchwork	5 9:30 Friday Fun Day 10:15 Morning tea 10:45 Sing-a-long 1:30 Bingo 	6	7
8 9:30 PTA Gym/Outdoor Walks 10:15 Morning Tea 10:30 Footy Tipping 1:30 Bingo 	9 SINGAPORE INDEPENDENCE DAY 9:30 Chair Aerobics 10:15 Morning Tea 10:45 Walks or Quiz 1:30 Wax Bath Therapy/Nail Care 	10 9:30 PTA Gym/Outdoor Walks 10:15 Morning Tea 10:45 Walks or Quiz 1:30 Mulled Wine & Cheese	11 9:30 Chair Aerobics 10:15 Morning tea 10:45 Walks or Quiz 1:30 Movie 	12 9:30 Friday Fun Day 10:15 Morning tea 10:45 Sing-a-long 1:30 Bingo	13	14
15 INDIA INDEPENDENCE DAY 9:30 PTA Gym/Outdoor Walks 10:15 Morning Tea 10:30 Footy Tipping 1:30 Bingo Library Book Collection	16 9:30 Chair Aerobics 10:15 Morning Tea 10:45 Walks or Quiz 1:30 Wax Bath Therapy	17 9:30 PTA Gym/Outdoor Walks 10:15 Morning Tea 10:45 Walks or Quiz 1:30 PTA I! 	18 9:30 Mindfulness Practice with Brett Young 10:15 Morning Tea 11:00 Residents Meeting 1:30 Colour by Numbers	19 9:30 Friday Fun Day 10:15 Morning tea 10:45 Sing-a-long 1:30 Bingo 	20	21
22 9:30 PTA Gym/Outdoor Walks 10:15 Morning Tea 10:30 Footy Tipping 1:30 Bingo 	23 9:30 Chair Aerobics 10:15 Morning Tea 10:45 Walks or Quiz 1:30 Wax Bath Therapy/Nail Care	24 9:30 PTA Gym/Outdoor Walks 10:15 Morning Tea 10:45 Walks or Quiz 1:30 Men's Club	25 9:30 Chair Aerobics 10:15 Morning Tea 11:00 Party Prep 1:30 Birthday Party with Derek Dtabarias 	26 9:30 Friday Fun Day 10:15 Morning tea 10:45 Sing-a-long 1:30 Bingo	27	28
29 9:30 PTA Gym/Outdoor Walks 10:15 Morning Tea 10:30 Footy Tipping 1:30 Bingo	30 9:30 Chair Aerobics 10:15 Morning Tea 10:45 Walks or Quiz 1:30 Walk Bath Therapy/Nail Care	31 HARI MERDEKA (MALAYSIAN NATIONAL DAY) 9:30 PTA Gym/Outdoor Walks 10:15 Morning Tea 10:45 Walks or Quiz 1:30 Board Games 				