

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1 9:30 PTA Gym/Outdoor Walks 10:15 Morning Tea 10:30 Footy Tipping 1:30 Bingo	2 9:30 Chair Aerobics  10:15 Morning Tea 11:00 Catholic Church Service 1:30 Wax Bath Therapy/Nail Care	3 9:30 PTA Gym/Outdoor Walks 10:15 Morning Tea 10:45 Outdoor Walks 11:00 Anglican Church Service 1:30 Men's Club	4 9:30 Mindfulness Practice with Brett Young 10:15 Morning Tea 10:45 Walks or Quiz 1:30 Movie 	5 9:30 Friday Fun Day 10:15 Morning tea 10:45 Sing-a-long 1:30 Bingo	6	7
8 9:30 PTA Gym/Outdoor Walks 10:15 Morning Tea 10:30 Footy Tipping 1:30 Bingo 	9 SINGAPORE INDEPENDENCE DAY 9:30 Chair Aerobics 10:15 Morning Tea 1:30 Wax Bath Therapy/Nail Care 	10 9:30 PTA Gym/Outdoor Walks 10:15 Morning Tea 10:45 Walks or Quiz 1:30 PTA !!	11 9:30 Chair Aerobics 10:15 Morning tea 10:45 Walks or Quiz 1:30 Cooking: Spring Rolls	12 9:30 Friday Fun Day 10:15 Morning tea 10:45 Sing-a-long 1:30 Bingo 	13	14
15 INDIA INDEPENDENCE DAY 9:30 PTA Gym/Outdoor Walks 10:15 Morning Tea 10:30 Footy Tipping 1:30 Bingo Library Book Collection	16 9:30 Chair Aerobics 10:15 Morning Tea 1:30 Wax Bath Therapy	17 9:30 PTA Gym/Outdoor Walks 10:15 Morning Tea 10:45 Walks or Quiz 11:15 Party Prep 1:30 Afternoon Tea Birthday Party 	18 9:30 Chair Aerobics 10:15 Morning Tea 10:45 Residents Meeting 1:30 Paper Patchwork	19 9:30 Friday Fun Day 10:15 Morning tea 10:45 Sing-a-long 1:30 Bingo	20	21
22 9:30 PTA Gym/Outdoor Walks 10:15 Morning Tea 10:30 Footy Tipping 1:30 Bingo	23 9:30 Chair Aerobics 10:15 Morning Tea 1:30 Wax Bath Therapy/Nail Care 	24 9:30 PTA Gym/Outdoor Walks 10:15 Morning Tea 10:45 Walks or Quiz 1:30 Movie	25 9:30 Chair Aerobics 10:15 Morning Tea 11:00 Walks or Quiz 1:30 Movie	26 9:30 Friday Fun Day 10:15 Morning tea 10:45 Sing-a-long 1:30 Bingo 	27	28
29 9:30 PTA Gym/Outdoor Walks 10:15 Morning Tea 10:30 Footy Tipping 1:30 Bingo 	30 9:30 Chair Aerobics 10:15 Morning Tea 1:30 Wax Bath Therapy/Nail Care	31 HARI MERDEKA (MALAYSIAN NATIONAL DAY) 9:30 PTA Gym/Outdoor Walks 10:15 Morning Tea 10:45 Walks or Quiz 1:30 Colour by Numbers				