

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
				1	2	3 NAIDOC WEEK
4	5 KENSINGTON OPENING	6 9:30 Chair Aerobics & Balance 10:15 Morning Tea 11:00 Outdoor Walks 1:30 Wax Bath Therapy & Nail Care	7 MORNING TEA OUTING 9:30 I:ls 10:15 Morning Tea 10:45 Physio Gym 11:00 Yoga with Brett (fourth floor) 1:30 Space2Sing Choir (fourth floor)	8 9:30 Friday Fun Day (fourth floor) 10:15 Morning Tea 11:00 Rosewood Choir 1:30 Bingo & Happy Hour or Outdoor Walks 	9 ARGENTINA'S INDEPENDENCE DAY	10
11 9:30 Chair Aerobics 10:15 Morning Tea 10:30 Card Craft with Josie (ground floor) 1:30 Bingo Library Book Collection	12  9:30 Chair Aerobics 10:15 Morning Tea 11:00 Outdoor Walks 1:30 Birthday party with Toni Italiano in concert (fourth floor) 3:30 Orthodox Prayer Group (banquet floor)	13 9:30 Chair Aerobics & Balance 10:15 Morning Tea 11:00 Outdoor Walks 1:00 Wax Bath Therapy & Nail Care	14 LUNCH OUTING 9:30 Chair Aerobics 10:15 Morning Tea 10:45 Physio Gym 1:30 Movie Screening (wellness centre) 	15 9:30 Friday Fun Day (fourth floor) 10:15 Morning Tea 11:00 Rosewood Choir 1:30 Bingo & Happy Hour or Outdoor Walks	16	17
18 9:30 Chair Aerobics 10:15 Morning Tea 11:00 Knitting Club (first floor) 1:30 Bingo 	19 9:30 Chair Aerobics 10:15 Morning Tea 11:00 Outdoor Walks 1:30 Cooking: Argentinian Chipá (Cheese Bread Balls)	20 9:30 Chair Aerobics & Balance 10:15 Morning Tea 11:00 Outdoor Walks 1:30 Wax Bath Therapy & Nail Care	21 LUNCH OUTING 9:30 I:ls 10:15 Morning Tea 10:45 Physio Gym 11:00 Yoga with Brett (fourth floor) 1:30 Nail Care 	22 9:30 Friday Fun Day (fourth floor) 10:15 Morning Tea 11:00 Rosewood Choir 1:30 Bingo & Happy Hour or Outdoor Walks	23	24
25 CHRISTMAS IN JULY 9:30 Chair Aerobics & Balance 10:15 Christmas in July Morning Tea & Hot Cocoa 11:00 Christmas is July Quiz 1:30 Bingo	26 9:30 Chair Aerobics 10:15 Morning Tea 11:00 Outdoor Walks 1:30 Armchair Travel to Europe (wellness centre)	27 9:30 Chair Aerobics & Balance 10:15 Morning Tea 11:00 Outdoor Walks 1:30 Wax Bath Therapy & Nail Care or Men's Club (fourth floor) 	28 MORNING TEA OUTING 9:30 Chair Aerobics 10:15 Morning Tea 10:45 Physio Gym 1:30 Bocce (fourth floor)	29 9:30 Friday Fun Day (fourth floor) 10:15 Morning Tea 11:00 Rosewood Choir 1:30 Bingo & Happy Hour or Outdoor Walks	30	31