






MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	1 MELBOURNE CUP DAY 10:00 Melbourne Cup Celebrations 	2 LUNCH OUTING 9:30 Chair Aerobics 10:15 Morning Tea 11:00 Outdoor Walks 1:30 Nail Care	3 9:30 Chair Aerobics & Balance 10:15 Morning Tea 10:45 Physio Gym 1:30 Pamper Parlour 	4 9:30 Friday Fun Day 10:15 Morning Tea 11:00 Rosewood Choir 1:30 Bingo & Happy Hour or Outdoor Walks	5 10:15 Morning Tea 10:45 Board Games & Puzzles 1:30 Group Activity 3:00 Movie	6 10:15 Morning Tea 10:45 Board Games & Puzzles 1:30 Group Activity 3:00 Movie 
7 9:30 Chair Aerobics 10:15 Morning Tea 10:30 Art Therapy with Kat (fourth floor) 11:00 Outdoor Walks 1:30 Picture Bingo 	8 9:30 Chair Aerobics 10:15 Morning Tea 11:00 Outdoor Walks 1:30 Remembrance Day Craft 3:30 Orthodox Prayer Group (banquet room)	9 MORNING TEA OUTING 9:30 Chair Aerobics 10:15 Morning Tea 11:00 Outdoor Walks 1:30 Wax Bath Therapy & Nail Care	10 9:30 One on Ones 10:15 Morning Tea 10:20 Yoga with Brett (fourth floor) 10:45 Physio Gym 1:30 Bingo & Happy Hour	11 REMEMBRANCE DAY 10:15 Morning Tea 11:00 Remembrance Day Service (fourth floor) 1:30 Outdoor Walks	12 10:15 Morning Tea 10:45 Board Games & Puzzles 1:30 Group Activity 3:00 Movie	13 10:15 Morning Tea 10:45 Board Games & Puzzles 1:30 Group Activity 3:00 Movie
14 9:30 Chair Aerobics 10:15 Courtyard Morning Tea 1:30 Pass the Ball Stop the Music <div style="background-color: #d4edda; padding: 2px;">Library Book Collection</div>	15 9:30 Chair Aerobics 10:15 Morning Tea 11:00 Catholic Church Service (ground floor) 1:30 Guess the Scent	16 LUNCH OUTING 9:30 Chair Aerobics 10:15 Morning Tea 11:00 Outdoor Walks 1:30 Nail Care 	17 9:30 Chair Aerobics & Balance 10:15 Morning Tea 10:45 Physio Gym 1:30 Movie Screening (wellness centre)	18 9:30 Friday Fun Day 10:15 Morning Tea 11:00 Food Focus Group (fourth floor) 1:30 Bingo & Happy Hour or Outdoor Walks 	19 10:15 Morning Tea 10:45 Board Games & Puzzles 1:30 Group Activity 3:00 Movie	20 10:15 Morning Tea 10:45 Board Games & Puzzles 1:30 Group Activity 3:00 Movie
21 9:30 Chair Aerobics 10:15 Morning Tea 11:00 Outdoor Walks 1:30 Picture Bingo	22 9:30 Chair Aerobics 10:15 Morning Tea 11:00 Outdoor Walks 1:30 Birthday Party with Darryn in Concert (fourth floor) 	23 MORNING TEA OUTING 9:30 Chair Aerobics 10:15 Morning Tea 11:00 Outdoor Walks 1:30 Wax Bath Therapy & Nail Care	24 9:30 One on Ones 10:15 Morning Tea 10:20 Yoga with Brett (fourth floor) 10:45 Physio Gym 1:30 Cooking: Zucchini Slice 	25 9:30 Friday Fun Day 10:15 Morning Tea 11:00 Rosewood Choir 1:30 Bingo & Happy Hour or Outdoor Walks	26 10:15 Morning Tea 10:45 Board Games & Puzzles 1:30 Group Activity 3:00 Movie	27 10:15 Morning Tea 10:45 Board Games & Puzzles 1:30 Group Activity 3:00 Movie
28 9:30 Chair Aerobics 10:15 Morning Tea 11:00 Outdoor Walks 1:30 Positivity Rock Painting	29 9:30 Chair Aerobics 10:15 Morning Tea 11:00 Outdoor Walks 1:30 Men's Club (fourth floor)	30 LUNCH OUTING 9:30 Chair Aerobics 10:15 Morning Tea 11:00 Outdoor Walks 1:30 Nail Care				