

ACTIVITY PROGRAM

JANUARY | LEEDERVILLE | OLIVE & JACARANDA



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
						1 NEW YEAR'S DAY 10:15 Morning tea 10:45 Music therapy small groups 1:30 New Year's Day activities 3:00 Movie: About Time
2 9:30 Chair aerobics 10:15 Morning tea 10:45 Take down the Christmas tree 2:00 Water paints and/or Bingo 	3 9:30 Chair aerobics & PTA sessions 10:15 Morning tea 11:00 Catholic Church service (first floor) 1:30 Horse racing 3:00 Nail care	4 9:30 Chair aerobics 10:15 Morning tea 11:00 Anglican Church service (first floor) 1:30 Wax bath therapy	5 9:30 Chair aerobics & PTA sessions 10:15 Morning tea 10:45 Outdoor walks 2:00 Music therapy small groups or 1:1	6 9:30 Friday fun day 10:15 Morning tea 11:00 Community choir 2:00 Bingo	7 ORTHODOX CHRISTMAS 10:15 Morning tea 10:45 Sensory 1:1 1:30 Group activity 3:00 Movie	8 10:15 Morning tea 10:45 Puzzles & board games 1:30 Group activity 3:00 Movie 
9 9:30 Chair aerobics 10:15 Morning tea 10:45 Collect library books 2:00 Art activities and/or Bingo 3:00 Nail care	10 9:30 Chair aerobics & PTA sessions 10:15 Morning tea 2:00 Music therapy small groups and 1:1 2:30 Orthodox prayer group (second floor)	11 9:30 Chair aerobics 10:15 Morning tea 1:30 Wax bath therapy & nail care 	12 9:30 Chair aerobics & PTA sessions 10:15 Morning tea 10:45 Mandala art 2:00 Musical mermories 1940's classics	13 9:30 Friday fun day 10:15 Morning tea 10:45 Choir 2:00 Picture Bingo	14 10:15 Morning tea 10:45 Sensory 1:1 1:30 Group activity 3:00 Movie	15 10:15 Morning tea 10:45 Puzzles & board games 1:30 Group activity 3:00 Movie
16 9:30 Chair aerobics 10:15 Morning tea 10:45 Sensory box 2:00 Bingo 3:00 Nail care	17 9:30 Chair aerobics & PTA sessions 10:15 Morning tea 10:45 Outdoor walks 2:00 Reminiscence group: Australian Childhood	18 9:30 Chair aerobics & balance 10:15 Morning tea 10:45 Movie 1:30 Wax bath therapy	19 9:30 Chair aerobics & PTA sessions 10:15 Morning tea 10:45 Outdoor walks 1:30 Birthday party with Peter 	20 9:30 Friday fun day 10:15 Morning tea 10:45 Choir 2:00 Picture bingo	21 10:15 Morning tea 10:45 Sensory 1:1 1:30 Group activity 3:00 Movie	22 CHINESE NEW YEAR 10:15 Morning tea 10:45 Puzzles & board games 1:30 Lunar New Year craft 3:00 Movie
23 9:30 Chair aerobics 10:15 Morning tea 10:30 Sensory box 2:00 Bingo 3:00 Nail care	24 MORNING TEA BUS TRIP 9:30 Chair aerobics & PTA sessions 10:15 Morning tea 2:00 Men's club	25 9:30 Chair aerobics 10:15 Morning tea 10:45 Australia day craft 2:00 Movie: Storm Boy 3:00 Nail care	26 AUSTRALIA DAY 9:30 Australia Day activities 10:15 Morning tea 12:00 BBQ lunch 1:30 Australian art/craft 3:00 Movie: Red Dog	27 9:30 Friday fun day 10:15 Morning tea 10:45 Choir 2:00 Picture bingo 	28 10:15 Morning tea 10:45 Sensory therapy 1:1 & small groups 1:30 Group activity 3:00 Movie	29 10:15 Morning tea 10:45 Puzzles & board games 1:30 Music therapy 1:1 & small groups 3:00 Movie