

ACTIVITY PROGRAM

MARCH | LEEDERVILLE | OLIVE & JACARANDA



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		1 9:30 Chair aerobics 10:15 Morning tea 11:00 Anglican Church service 2:00 Wax bath therapy & nail care	2 9:30 Chair aerobics & PTA sessions 10:15 Morning tea 10:45 Flotation chair small group in reception 2:00 Musical Memories: Rockin 50's	3 9:30 Friday fun day 10:15 Morning tea 10:45 Choir 2:00 Picture Bingo 	4 10:15 Morning tea 10:45 Puzzles & board games 1:30 Group activity 3:00 Movie	5 10:15 Morning tea 10:45 Puzzles & board games 1:30 Group activity 3:00 Movie
6 LABOR'S DAY 9:30 Chair aerobics 10:15 Morning tea 10:45 Sensory box 2:00 Bingo 3:00 Nail care	7 9:30 Chair aerobics 10:15 Morning tea 11:00 Catholic church service 2:00 Reminiscence	8 9:30 Chair aerobics 10:15 Morning tea 10:45 Discussion Group 2:00 Wax bath therapy & nail care 2:00 Men's Club	9 9:30 Chair aerobics & PTA sessions 10:15 Morning tea 11:15 Party Prep 1:30 Birthday party with Derek Dtabarias 	10 9:30 Friday fun day 10:15 Morning tea 10:45 Choir 2:00 Picture Bingo	11 LITHUANIAN INDEPENDENCE DAY 10:15 Morning tea 10:45 Puzzles & board games 1:30 Group activity 3:00 Movie 	12 10:15 Morning tea 10:45 Puzzles & board games 1:30 Group activity 3:00 Movie
13 LIBRARY BOOK COLLECTION 9:30 Chair aerobics 10:15 Morning tea 10:45 Sensory box 2:00 Bingo 3:00 Nail care	14 BUS TRIP 9:30 Physiotherapy assistants Gym ll 10:15 Morning tea 1:30 Reminiscence group 2:00 Orthodox prayer group	15 9:30 Chair aerobics 10:15 Morning tea 11:00 Outdoor walks 2:00 Wax bath therapy 2:00 Men's Club	16 9:30 Chair aerobics 10:15 Morning tea 10:45 Outdoor walks 2:00 Music therapy small groups or One on ones	17 ST. PATRICKS' DAY 9:30 Friday fun day 10:15 Morning tea 10:45 Choir 2:00 Picture Bingo 	18 10:15 Morning tea 10:45 Puzzles & board games 1:30 Group activity 3:00 Movie	19 10:15 Morning tea 10:45 Puzzles & board games 1:30 Group activity 3:00 Movie
20 9:30 Chair aerobics 10:15 Morning tea 11:00 Sports Club & outdoor walks 2:00 Bingo 3:00 Nail care 	21 HARMONY DAY 9:30 Chair aerobics & PTA sessions 10:15 Morning tea 10:45 Outdoor walks 2:00 Reminiscence group	22 9:30 Chair aerobics 10:15 Morning tea 11:00 Outdoor walks 2:00 Men's Club or nail care	23 9:30 Chair aerobics & PTA sessions 10:15 Morning tea 10:45 Flotation chair small group at roof garden 2:00 Musical Memories: Swinging 60's	24 9:30 Friday fun day 10:15 Morning tea 10:45 Choir 2:00 Picture Bingo 	25 GREEK INDEPENDENCE DAY 10:15 Morning tea 10:45 Puzzles & board games 1:30 Choir 3:00 Movie	26 10:15 Morning tea 10:45 Puzzles & board games 1:30 Group activity 3:00 Movie
27 9:30 Chair aerobics 10:15 Morning tea 10:45 Sensory box 2:00 Bingo 3:00 Nail care	28 BUS TRIP 9:30 Physiotherapy assistants Gym ll 10:15 Morning tea 2:00 Reminiscence group	29 PAMPER DAY 9:30 Chair aerobics 10:15 Morning tea 11:00 Pamper sessions: Foot spa & facials 2:00 Pamper sessions: Foot spa & facials	30 9:30 Chair aerobics 10:15 Morning tea 10:45 Outdoor walks 2:00 Music therapy small groups or One on ones	31 9:30 Friday fun day 10:15 Morning tea 10:45 Choir 2:00 Picture Bingo		