

ACTIVITY PROGRAM

MAY | LEEDERVILLE | MAGNOLIA



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1 9:30 Chair aerobics 10:15 Morning tea 11:00 Sports Chat 2:00 Art Therapy OR Bingo (Citrus)	2 9:30 Chair aerobics 10:15 Morning tea 11:00 Catholic church service (first floor) 2:00 Wax bath therapy	3 9:30 Chair aerobics & Balance 10:15 Morning tea 11:00 Anglican church service (first floor) 2:00 Men's Club OR Nail care	4 9:30 Yoga/Mindfulness 10:15 Morning tea 11:00 Party Prep 1:30 Birthday Afternoon Tea Party with Peter Beanham 	5 9:30 Friday fun day 10:15 Morning tea 11:00 Choir (Citrus) 2:00 Bingo 	6	7
8 9:30 Chair aerobics & Balance 10:15 Morning tea 11:00 Word Game 2:00 Bingo	9 EUROPE DAY / BUS OUTING 9:30 Chair aerobics 10:15 Morning tea 11:00 Crosswords/Word Searches 2:00 Orthodox prayer group	10 9:30 Chair aerobics 10:15 Morning tea 11:00 Reminiscence group 2:00 Wax bath therapy	11 9:30 Chair aerobics 10:30 Morning tea 11:00 Quiz/Riddles 2:00 Music therapy small groups and I!	12 INTERNATIONAL NURSES DAY 10:00 Mother's Day High Tea (Citrus) 2:00 Bingo	13	14 MOTHER'S DAY
15 9:30 Colouring Therapy & Word Searches 10:15 Morning tea 2:00 Bingo 	16 LIBRARY DELIVERY DAY 9:30 Chair aerobics 10:15 Morning tea 11:00 Crosswords/Word Searches 2:00 Wax therapy	17 9:30 Chair aerobics & Balance 10:15 Morning tea 11:00 Word Game 2:00 Men's Club OR Nail care	18 9:30 Yoga/Mindfulness 10:30 Morning tea 11:00 Colouring Therapy 2:00 Reminiscing	19 9:30 Friday fun day 10:15 Morning tea 11:00 Choir (Citrus) 2:00 Bingo 2:30 Happy Hour 	20	21
22 9:30 Chair aerobics & balance 10:15 Morning tea 11:00 Sports Club 2:00 Bingo	23 BUS OUTING 9:30 Chair aerobics 10:15 Morning tea 11:00 Crosswords/Word Searches 2:00 Movie	24 9:30 Chair aerobics & Balance 10:15 Morning tea 11:00 Wax Bath Therapy 2:00 Puzzle & games group	25 9:30 Chair aerobics 10:30 Morning tea 11:00 Quiz or Riddles 2:00 Bingo	26 PAMPER DAY 9:30 Friday fun day 10:15 Morning tea 10:45 Choir (Citrus) 2:00 Pamper sessions: Foot spa and facials	27	28
29 9:30 Chair aerobics & balance 10:15 Morning tea 11:00 Whiteboard Word Game 2:00 Bingo	30 9:30 Chair aerobics 10:15 Morning tea 11:00 Colouring Therapy 2:00 Wax bath therapy	31 9:30 Chair aerobics & balance 10:15 Morning tea 11:00 Quiz OR Riddles 2:00 Men's Club OR Nail Care				