

ACTIVITY PROGRAM

MAY | LEEDERVILLE | OLIVE & JACARANDA



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1 9:30 Chair aerobics & balance 10:15 Morning tea 11:00 Quiz/Riddles OR Sports Club (Magnolia terrace) 2:00 Bingo	2 BUS OUTING 9:30 Chair aerobics 10:15 Morning tea 11:00 Catholic church service 2:00 Wax bath therapy	3 9:30 Chair aerobics 10:15 Morning tea 11:00 Anglican church service 2:00 Men's Club OR Nail care	4 9:30 Chair Aerobics 10:15 Flotation chair Morning tea (Magnolia terrace) 2:00 Mothers Day Craft	5 LIBERATION DAY (NETHERLANDS) 9:30 Friday fun day 10:15 Morning tea 10:45 Choir 2:00 Picture Bingo	6 NATIONAL NURSES DAY 10:15 Morning tea 10:45 Puzzles & board games 2:00 Group activity 3:00 Movie	7 10:15 Morning tea 10:45 Puzzles & board games 2:00 Group activity 3:00 Movie
8 10:15 Morning tea 10:45 Puzzles & board games 11:00 Word Game 2:00 Bingo 3:00 Nail Care	9 EUROPE DAY / BUS OUTING 9:30 Physiotherapy assistants GYM II 10:15 Morning tea 11:00 Jigsaw puzzles 2:00 Orthodox prayer group (second floor)	10 9:30 Chair aerobics 10:15 Morning tea 11:00 Reminiscence group 2:00 Wax bath therapy	11 9:30 Chair aerobics & PTA sessions 10:45 Mothers Day Craft 2:00 Music therapy in small groups or II	12 INTERNATIONAL NURSES DAY 9:30 Friday fun day 10:15 Morning tea 10:45 Choir 2:00 Picture Bingo 	13 10:15 Morning tea 10:45 Puzzles & board games 2:00 Group activity 3:00 Movie 	14 MOTHER'S DAY 10:15 Morning tea 10:45 Puzzles & board games 2:00 Group activity 3:00 Movie
15 9:30 Chair aerobics & balance 10:15 Mothers Day Morning tea 11:00 Quiz/Riddles OR Sports Club (Magnolia terrace) 2:00 Bingo 	16 9:30 Chair aerobics 10:15 Morning tea 11:00 Reminiscence group 2:00 Wax bath therapy	17 9:30 Chair aerobics 10:15 Morning tea 11:00 Word Game 2:00 Men's Club OR Nail care	18 9:30 Chair aerobics 10:15 Flotation chair Morning tea (Magnolia terrace) 2:00 Music therapy in small groups or II	19 9:30 Friday fun day 10:15 Morning tea 10:45 Choir 2:00 Picture Bingo	20 10:15 Morning tea 10:45 Puzzles & board games 2:00 Group activity 3:00 Movie	21 10:15 Morning tea 10:45 Puzzles & board games 2:00 Group activity 3:00 Movie
22 9:30 Chair aerobics & balance 10:15 Morning tea 11:00 Word Game 2:00 Bingo 3:00 Nail Care	23 BUS OUTING 9:30 Chair aerobics & PTA session 10:15 Morning tea 11:00 Quiz/Word Game 2:00 Reminiscence group	24 9:30 Chair aerobics 10:15 Morning tea 11:00 Jigsaw Puzzles 2:00 Wax bath therapy	25 9:30 Chair aerobics & PTA sessions 10:15 Morning tea 11:00 Party Prep 1:30 Birthday Party with David Grace 	26 9:30 Friday fun day 10:15 Morning tea 10:45 Choir 2:00 Picture Bingo 	27 10:15 Morning tea 10:45 Puzzles & board games 2:00 Group activity 3:00 Movie	28 10:15 Morning tea 10:45 Puzzles & board games 2:00 Group activity 3:00 Movie
29 9:30 Chair aerobics & balance 10:15 Morning tea 11:00 Quiz/Riddles OR Sports Club (Magnolia terrace) 2:00 Bingo	30 9:30 Physiotherapy assistants GYM II 10:15 Morning tea 11:00 Reminiscence group 2:00 Wax bath therapy	31 PAMPER DAY 9:30 Chair aerobics & balance 10:15 Morning tea 11:00 Pamper sessions: Foot spa and facials 2:00 Men's Club OR Foot spas and facials				