

ACTIVITY PROGRAM

SEPTEMBER | LEEDERVILLE | CITRUS

Please note. Each day from 1pm until 2pm we are having a Quiet Hour on each floor. Thank you.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
				1 9:30 Friday Fun Day 10:15 Morning Tea 11:00 Choir 2:00 Bingo OR Friday Social (Foyer)	2 10:00 Quiz or Word Game	3 FATHER'S DAY 10:00 Quiz or Word Game
4 9:30 Chair Aerobics 10:00 Special Men's Club for Father's Day 11:00 Jigsaw Puzzles 2:00 Bingo OR Art Therapy (Magnolia)	5 LUNCH OUTING TO MUNDARING HOTEL 9:30 Chair Aerobics 10:15 Morning Tea 11:00 Word Searches & Cross-Words 2:00 Puzzles/Games Group	6 9:30 Chair Aerobics 10:15 Morning Tea 11:00 Anglican Service (First Floor) 2:00 Movie Screening	7 9:30 Chair Aerobics 10:30 Knitting Club Morning Tea 2:00 Cooking	8 9:30 Friday Fun Day 10:15 Morning Tea 11:00 Choir 2:30 Bingo OR Friday Social (Foyer)	9 10:00 Quiz or Word Game	10 10:00 Quiz or Word Game
11 9:30 Chair Aerobics 10:15 Morning Tea 11:00 Sports Club (Magnolia) 2:00 Bingo	12 9:30 Chair Aerobics 10:15 Morning Tea 11:00 Word Game 2:00 Book Club (Foyer)	13 9:30 Chair Aerobics 10:15 Morning Tea 11:00 Quiz/Riddles 2:00 Men's Club OR Puzzles/Games Group	14 R U OK DAY 9:30 Yoga/Mindfulness 10:15 Morning Tea 11:00 Party Prep. 2:00 Birthday Party with Tony Italiano (Citrus) 	15 9:30 Friday Fun Day 10:15 Morning Tea 11:00 Choir 2:00 Bingo OR Friday Social (Foyer)	16 10:00 Quiz or Word Game	17 10:00 Quiz or Word Game
18 LIBRARY COLLECTION 9:30 Chair Aerobics 10:15 Morning Tea 11:00 Quiz/Riddles 2:00 Bingo 	19 MORNING TEA OUTING 9:30 Crosswords & Word Searches 10:15 Morning Tea 11:00 Catholic Service (First Floor) 2:00 Skittles	20 9:30 Chair Aerobics 10:15 Morning Tea 11:00 Puzzles/Games Group 2:00 Carpet Bowls	21 PICNIC AT THE PARK 9:30 Crosswords & Word Searches 2:00 Reminiscing	22 9:30 Friday Fun Day 10:15 Morning Tea 11:00 Choir 2:00 Bingo OR Friday Social (Foyer) 	23 10:00 Quiz or Word Game	24 10:00 Quiz or Word Game
25 9:30 Chair Aerobics 10:15 Morning Tea 11:00 Sports Club (Magnolia) 2:00 Bingo	26 9:30 Chair Aerobics 10:15 Morning Tea 11:00 Quiz/Riddles 2:00 Floor Game	27 9:30 Chair Aerobics 10:15 Morning Tea 11:00 Word Game 2:00 Men's Club OR Puzzles/Games Group	28 PAMPER DAY 9:30 Yoga/Mindfulness 10:30 Morning Tea 11:00 Colour by Number 2:00 Foot Spas & Face Masks	29 9:30 Friday Fun Day 10:15 Morning Tea 11:00 Choir 2:00 Bingo OR Friday Social (Foyer)	30 AFL GRAND FINAL 10:00 Quiz or Word Game 12:30 The Big Game Starts on Channel 7	