

# ACTIVITY PROGRAM

NOVEMBER | LEEDERVILLE | OLIVE & JACARANDA

Please note. Each day from 1pm until 2pm we are having a Quiet Hour on each floor. Thank you.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		<b>1</b> 9:30 Chair Aerobics 10:15 Morning Tea 11:00 Anglican Service 2:00 Mens Club OR Puzzles/ Games Group	<b>2</b> <b>BUS OUTING</b> 9:30 Chair aerobics 10:15 Morning tea 10:30 TV Concert 2:00 Floor Game 	<b>3</b> 9:30 Friday Fun Day 10:15 Morning Tea 10:45 Choir 2:00 Bingo OR Friday Social (Foyer)	<b>4</b> 10:15 Morning Tea 11:00 Word/quiz 2:00 Group Activity 3:00 Movie	<b>5</b> 10:15 Morning Tea 11:00 Word/quiz 2:00 Group Activity 3:00 Movie
<b>6</b> 9:30 Chair aerobics 10:15 Morning tea 10:45 Walk or quiz 2:00 Bingo OR Art Therapy (Magnolia)	<b>7</b> <b>MELBOURNE CUP DAY</b> 9:30 Horse Racing 10:45 Race Day Activity 12:00 Melbourne Cup Race 12:30 Lunch in Dining Room 2:00 Nail care 	<b>8</b> 9:30 Chair Aerobics 10:15 Morning Tea 10:45 Walks or quiz 2:00 Mens Club OR Puzzles/ Games Group	<b>9</b> 9:30 Chair Aerobics 10:15 Morning Tea 10:45 Walks or quiz 2:00 Gardening Club	<b>10</b> 9:30 Friday Fun Day 10:15 Morning Tea 10:45 Choir 2:00 Bingo OR Friday Social (Foyer)	<b>11</b> <b>REMEMBRANCE DAY</b> 10:15 Morning Tea 11:00 Word/quiz 2:00 Group Activity 3:00 Movie 	<b>12</b> <b>DIWALI 2023</b> 10:15 Morning Tea 11:00 Word/quiz 2:00 Group Activity 3:00 Movie
<b>13</b> <b>WORLD KINDNESS DAY</b> 9:30 Chair Aerobics 10:15 Morning Tea 10:30 Walk OR quiz/word 2:00 Bingo 	<b>14</b> 9:30 Chair Aerobics 10:15 Morning Tea 10:45 Walk/Quiz 2:00 Wax Therapy & Nails	<b>15</b> 9:30 Horse Racing 10:15 Morning Tea 10:45 Walk/Word Game 11:00 Orthodox Prayer Group 2:00 Bocce OR Carpet Bowls	<b>16</b> <b>BUS OUTING</b> <b>WORLD PHILOSOPHY DAY</b> 9:30 Chair Aerobics 10:15 Morning Tea 10:45 Walks or quiz 2:00 Nail Care	<b>17</b> 9:30 Friday Fun Day 10:15 Morning Tea 10:45 Choir 2:00 Bingo OR Friday Social (Foyer)	<b>18</b> 10:15 Morning Tea 11:00 Word/quiz 2:00 Group Activity 3:00 Movie	<b>19</b> 10:15 Morning Tea 11:00 Word/quiz 2:00 Group Activity 3:00 Movie
<b>20</b> <b>UNIVERSAL CHILDREN'S DAY</b> 9:30 Chair Aerobics 10:15 Morning Tea 10:45 Walk or quiz/word 2:00 Bingo	<b>21</b> <b>WORLD TELEVISION DAY</b> 9:30 Chair Aerobics 10:30 Nail Care 11:00 Catholic Service 2:00 Floor Game OR Home Duties	<b>22</b> 10:00 Concert - Memory Lane Minstrels 2:00 Mens' Club OR Puzzes/ Board Games 	<b>23</b> 9:30 Chair aerobics 10:15 Morning tea 11:00 Party Prep 2:00 Birthday Party with Jus Jammin' 	<b>24</b> 9:30 Friday Fun Day 10:15 Morning Tea 10:45 Choir 2:00 Bingo or Luau Themed Friday Social	<b>25</b> <b>PERTH PRIDE PARADE</b> 10:15 Morning Tea 11:00 Word/quiz 2:00 Group Activity 3:00 Movie 	<b>26</b> 10:15 Morning Tea 11:00 Word/quiz 2:00 Group Activity 3:00 Movie
<b>27</b> 9:30 Chair Aerobics 10:15 Morning Tea 10:45 Walk OR quiz/word 2:00 Bingo	<b>28</b> <b>LUNCH OUTING</b> 9:30 Chair Aerobics 10:15 Morning Tea 10:45 Puzzles OR Doll Therapy 2:00 Wax Therapy & Nails	<b>29</b> <b>PAMPER DAY</b> 9:30 Chair Aerobics 10:15 Morning Tea 11:00 Resident Meeting 2:00 Men's Club OR Foot Spas & Face Masks	<b>30</b> <b>BUS OUTING</b> 9:30 Chair Aerobics 10:15 Morning Tea 10:30 TV Concert 2:00 Floor Game 			