



2024 ROSEWOOD ACTIVITY PROGRAM

Olive & Jacaranda

FEBRUARY



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
			1 Bus Outing 9:30am Bus Trip 10:15am Morning Tea 11am Reminiscing 2pm Party Games	2 9:30am Friday Funday 10:15am Morning Tea 11am Party Games 2pm Bingo / Friday Social	3 10:15am Movie/ Music Concert	4 10:15am Residents Choice
5 9:30am Chair Aerobics 10:15am Morning Tea 11am Craft 2pm Bingo / Art Therapy	6 Bus Outing 9:30am Bus Trip 10:15am Morning Tea 11am Gentle Music 2pm Nail Care	7 9:30am Chair Aerobics 10:15am Morning Tea 11am Anglican Service - 1st Floor Dining Area 2pm Craft / Men's Club	8 Bus Outing 9:30am Bus Outing 10:15am Morning Tea 11am Sports Club 2pm Housekeeping / Colouring In	9 9:30am Friday Funday 10:15am Morning Tea 11am Music & Lyrics 2pm Bingo / Friday Social	10 10:15am Movie/ Music Concert	11 10:15am Residents Choice



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
12 9:30am Chair Aerobics 10:15am Morning Tea 11am Gross Motor / Secret Women's Society 2pm Bingo	13 Shrove Tuesday 9:30am Chair Aerobics 10:15am Morning Tea 11am Residents Choice 2pm Wax Therapy	14 Valentines Day 9:30am Chair Aerobics 10:15am Morning Tea 11am Cooking 12pm Valentines Day Special	15 9:30am Chair Aerobics 10:15am Morning Tea 11am Knitting Club 2pm Party Games	16 Lunar New Year Celebration 9:30am Friday Funday 10:15am Morning Tea 11am Cooking 2pm Bingo / Friday Social	17 10:15am Movie/ Music Concert	18 10:15am Residents Choice
19 Library Collection 9:30am Chair Aerobics 10:15am Morning Tea 11am Gardening 2pm Bingo / Movie	20 Lunch Outing 9:30am Chair Aerobics 10:15am Morning Tea 11am Catholic Service / Sports Club 2pm Nail Care / Documentary	21 9:30am Chair Aerobics 10:15am Morning Tea 11am Orthodox Prayer Group 2pm Gentle Music	22 9:30am Chair Aerobics 10:15am Morning Tea 11am Word Games 2pm Movie Matinee	23 9:30am Friday Funday 10:15am Morning Tea 11am Party Games 2pm Bingo / Friday Social	24 10:15am Movie / Music Concert	25 10:15am Residents Choice
26 9:30am Chair Aerobics 10:15am Morning Tea 11am Residents Meeting 2pm Bingo / Movie	27 Combined Bus Outing 9:30am Combined Bus Outing 10:15am Morning Tea 11am Gentle Music 2pm Nail Care / Documentary	28 Birthday Party 9:30am Chair Aerobics 10:15am Morning Tea 11am Knitting Club 2pm Birthday Party with Janie O	29 Leap Year 9:30am Chair Aerobics 10:15am Morning Tea 11am Word Games 2pm Balloon Tennis	<ul style="list-style-type: none"> ● Quiet Hour is every day between 1pm and 2pm. ● Lifestyle Activities are subject to change without notice due to staffing and foreseen circumstances. ● Walks are subject to temperature and weather conditions. ● Should we get covid in our home it will have a significant impact on our Lifestyle program. ● There are often individual activities running in the background. 		