

THE ROSEWOOD POST

MARCH 2024 ISSUE

Welcome Home

Hello Residents, Families, Staff and Friends,

Let me introduce you to a month of vibrancy, cherished moments, meaningful interactions and experiences of joy. There were simple joys of baking, bubble blowing and teddy hugs as well as an enriched culturally inclusive lion dance celebration. Read along to experience the adventures and activities as the stories unfold.

Heartwarming Cultural Celebration

Connecting from West Perth

The residents attended a spectacular traditional performance featuring a time-honoured ritual lion dance with rhythmic drummers to celebrate Chinese New Year.

Held at West Perth, over 90 residents attended including residents who visited from our Leederville home with carers. Synchronised rhythmic drum beats echoed as a vibrant pink lion adorned in red, yellow and black entered the room mesmerising the audience.

With grace and elegance, the majestic lion danced its way past the residents with some extending their hands offering the lion red envelopes. An act believed to bestow good luck and prosperity upon the giver and an abundance of happiness. Smiles lit the room and a sense of unity and happiness was felt with a long-lasting feeling of joy.

Afterwards, the residents enjoyed morning tea.



Vanda (Operations Manager, West Perth) & Jackie (CEO)

MESSAGE FROM JACKIE SHADE - CEO

SIP N PAINT WITH FRIENDS

LOVE IS IN THE AIR

BEST HOMEMADE TRUFFLES

ROSEWOOD CONSUMER ADVISORY BODY



Gary & Therese enjoying the lion experience up close



Barney offering a red envelope to the lion



Bruna, Ned and Ian having some morning tea after the lion dance

Neighbourhood News from

LEEDERVILLE

WELCOME TO ROSEWOOD

· Trevor Kyle · Beverley Scholz · Robert Brown · Vienna Sinibaldi · Agnes Johnston

Sip n Paint with Friends

Equipped with the necessary art supplies: canvases, paintbrushes, paints, palettes, water cups, and easels, our resident artists gathered to enjoy a session of Sip n Paint together. It's a therapeutic and self-expressing activity to do with friends whilst enjoying a drink of choice. The activity encouraged conversation and interaction amongst the group. All were delighted with their finished art and had a great time doing a challenging and creative activity. Have a look at the art displayed in the cabinets on the ground floor.











Creating artwork together

Daphne

Alberto

Tony

Best Homemade Truffles

A culinary creation enjoyed by our resident cooks involved making decadent chocolate delights. Making truffles was a chance to engage with friends to socialise, exercise fine motor skills and evoke cooking memories. There was a sense of accomplishment and sampling the treats was the best part.







Friday Fundays!

Come and join in Friday Fundays! The aim of this activity was to retrieve as many balls as you can with the net without dropping them. Maggie scooped up more than 15 - great effort!

HAPPY BIRTHDAY!

John Murphy
Mary Wilson
Madeleine Cochrane
Rosaline Mason
Desmond Thornton
Pamela Gannon

Kathryn & John having a go whilst enjoying the social aspect of Friday Funday!





Maggie proudly scooping up a large bundle in the net

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Neighbourhood News from

WEST PERTH

· Irma Testini · Ronald Fleay · Andrew Liveris WELCOME TO ROSEWOOD · Carmine Bucci · Maria Rullo

Love is in the Air

An extra wonderful feeling of love and warmth at West Perth with hearts, teddies, flowers and sweet activities. Freshly baked heart cookies, heart scones and chocolates were made and enjoyed by our residents topped off with an afternoon Valentines party filled with love.







Beautiful couple Bruna & Ned



Lovely couple Ernestó & Maria

Chocolates made by our residents



Gorgeous friends Ivy & Eileen



Delicious homemade cookies



Allied Heath Team spreading the love



Sweet couple Barry & Hazel enjoying Valentines Day



A Classic Bake with a Twist

Baking scones was a wonderful baking activity that evoked feelings of nostalgia and warmth. Lots of residents participated and the slight twist of making heart shaped scones was a sweet nod to Valentines Day.





Norma cutting heart shaped scones with Kamana (OTA)

HAPPY BIRTHDAY!

Filomena Clissa Miram Waldock **Angel Bryne** George Kubacz Marie-Rosemary DeDubios Daphne Gregson Tony Lightman Jessie Papamatheos lean Gardiner **Ernesto Rullo** Joy Mariono

Eleanor baking scones to perfection

The Rosewood Post March 2024



Tracy (OTA), Gwen, Heather and Judy driving along Perth's gorgeous coastline

Coastal Serenity: An Adventure with a Scenic Outlook

Connecting from Leederville and West Perth

Some residents from Leederville and West Perth went on a refreshing coastal drive taking in the beautiful view of our Perth coastline and surrounds. We hope everyone enjoyed the fresh coastal air and had a wonderful time getting out and about with friends.



What's Happening in March!

Leederville











- Decorating

ReminiscingBonnet Making

St Patrick's Day Scavenger Hunt

West Perth



Armchair Travel to Tanzania









HOME WITH OUR Residents

Rosewood Consumer Advisory Body

Provide your feedback to the Rosewood Consumer Advisory Body. Let us know how we can positively continue to improve and enhance the quality of care and services we deliver within our Rosewood aged care facilities.



Email your feedback to: consumer@rosewood.org.au

Our dedicated and caring Edna Pentland (Carer) celebrated I5 Years of Service Leederville



"The Rosewood Way" December 2023 - Leederville

Teagan McGrath Admin Quarterfinalist Winner & Employee of the Month





Rajimon Oonnoonni Carer **Employee of the** Month Nominee





Employee of the Month Nominees were also awarded to Janet Chang (Allied Health) and Marla Culaba (Catering).

Message from Jackie Shade - CEO

To our Rosewood Family!

It's been an eventful and exciting month at our homes. In particular, the Chinese New Year event at West Perth was spectacular and it was great to see so many residents attend including some residents who visited from Leederville.

I would like to bring your attention to an important letter from the Aged Care Quality and Safety Commission on the importance of staying up to date with Covid-19 vaccine boosters. A full copy of the letter is available at www.rosewoodcare.org.au.

Rosewood is dedicating March to raising awareness of the Rosewood **Emergency Procedures and** facilitating daily training sessions for all staff to attend

In February 2023, ATAGI updated their recommendations. They recommend that all adults 75 years and older should have an extra 2023 COVID-19 vaccine dose if it has been 6 months since their last dose. This advice is still correct for February 2024. The immunity you get from vaccination reduces over time. Boosters increase and maintain your immunity to COVID-19.

It is your decision to have the COVID-19 vaccinations and keep your boosters up to date. I strongly encourage you to think carefully about this. Getting vaccinated protects your own wellbeing and your fellow residents. Your aged care provider must help you to access vaccinations. Feel free to raise getting vaccinated with them and ask for their help.

Yours sincerely,

Janet Anderson, PSM Commissioner

Dr Melanie Wroth, MB BS, FRACP Chief Clinical Advisor



Extract from letter from Aged Care Quality and Safety Commissioner Janet Anderson PSM, and the Chief Médical Advisor, Dr. Melanie Wroth



lackie Shade **Chief Executive Officer**



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welcome home

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Maggie & Daphne tasting the chocolate truffles they made @Leederville



Joan having bubbles of fun @Leederville



Margaret embracing the joy of the bubble activity @Leeerville



Adriano and Laurie feeling the love of Valentines @Leederville



Daphne and Kathryn enjoying a sit with big ted @Leederville



The dance floor is packed at Rosies Friday Social gathering @West Perth



Maggie & Barbara enjoying lunch at Herdsman Lake Tavern @Leederville



Tim (Bus Driver) and Tony chatting over lunch at Herdsman Lake Tavern @Leederville



Come along and enjoy Helen's piano recitals on Sundays @WestPerth



Maureen having a great Friday at Rosies @West Perth



Janet preparing Yee Sang (Prosperity Salad Toss) @Leederville



Lion dancers & drummers from Chung Wah Association @West Perth



Leederville friends arriving for the lion dance performance @West Perth









