



2024 ROSEWOOD ACTIVITY PROGRAM

Olive & Jacaranda

MARCH



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
				1 9:30am Friday Funday 10:15am Morning Tea 11am Music & Lyrics 2pm Bingo / Friday Social	2 10:15am Movie/ Music Concert	3 10:15am Residents Choice
4 Labour Day 9:30am Chair Aerobics 10:15am Morning Tea 11am Gardening 2pm Bingo	5 9:30am Chair Aerobics 10:15am Morning Tea 11am Balloon Games 2pm Nail Care	6 9:30am Chair Aerobics 10:15am Morning Tea 11am Anglican Service 2pm Craft / Men's Club	7 9:30am Yoga / Chair Aerobics 10:15am Morning Tea 11am Let's Dance 2pm Movie Matinee	8 9:30am Friday Funday 10:15am Morning Tea 11am Craft 2pm Bingo / Friday Social	9 10:15am Movie/ Music Concert	10 10:15am Residents Choice
11 9:30am Chair Aerobics 10:15am Morning Tea 11am Secret Women's Society 2pm Art Therapy / Bingo	12 9:30am Chair Aerobics 10:15am Morning Tea 11am Sports Club 2pm Sip n Paint	13 9:30am Chair Aerobics 10:15am Morning Tea 11am Balloon Games 2pm Chair Hockey	14 9:30am Yoga / Chair Aerobics 10:15am Morning Tea 11am Music Concert 2pm Craft / Games	15 St Patrick's Day Celebration 9:30am Friday Funday 10:15am Morning Tea 11am Scavenger Hunt 2pm Bingo / St Patrick's Social	16 10:15am Movie/ Music Concert	17 St Patrick's Day 10:15am Residents Choice



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
18 9:30am Chair Aerobics 10:15am Morning Tea 11am Gross Motor Activities 2pm Bingo	19 9:30am Chair Aerobics 10:15am Morning Tea 11am Catholic Service 2pm Nail Care	20 9:30am Chair Aerobics 10:15am Morning Tea 11am Orthodox Prayer Group 2pm Men's Club/ Housekeeping	21 Harmony Day 9:30am Yoga / Chair Aerobics 10:15am Morning Tea 11am Harmony Fun 2pm Gentle Music	22 Harmony Celebration 9:30am Friday Funday 10:15am Morning Tea 11am Harmony Fun 2pm Harmony Social	23 10:15am Movie / Music Concert	24 10:15am Residents Choice
25 Greek Independence 9:30am Chair Aerobics 10:15am Morning Tea 11am Gross Motor Skills 2pm Bingo	26 Bus Outing Animal Encounter 9:30am Bus Outing 10:15am Morning Tea 11am Nail Care 2pm Animal Encounter	27 Birthday Party 9:30am Chair Aerobics 10:15am Morning Tea 11am Craft 2pm Birthday Party	28 9:30am Yoga / Chair Aerobics 10:15am Morning Tea 11am Word Games 2pm Foot Spa	29 Good Friday 9:30am Easter Funday 10:15am Morning Tea with Hot Cross Buns 11am Easter Fun in Foyer 2pm Easter Social	30 Easter Saturday 10:15am Movie / Music Concert	31 Easter Sunday Have a wonderful Easter Day! 12pm Easter Lunch

- Quiet Hour is every day between 1pm and 2pm.
- Lifestyle Activities are subject to change without notice due to staffing and foreseen circumstances.
- Walks are subject to temperature and weather conditions.
- Should we get covid in our home it will have a significant impact on our Lifestyle program.
- There are often individual activities running in the background.



Happy Easter

