



2024 ROSEWOOD ACTIVITY PROGRAM

Citrus & Magnolia

APRIL



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1 Easter Monday Library Books 9:30am Chair Aerobics 10:15am Morning Tea 11am Easter Bingo 2pm Bingo 3:30pm Individual Visits	2 Bus Outing 9:30am Chair Aerobics 10:15am Morning Tea 11am Vase Decorating 2pm Nail Care 3:30pm Individual Visits	3 9:30am Chair Aerobics 10:15am Morning Tea 11am Anglican Service (1st Floor) 2pm Craft / Men's Club 3:30pm Individual Visits	4 Bus Outing 9:30am Yoga / Chair Aerobics 10:15am Morning Tea 11am Knitting Club 2pm Movie Matinee	5 9:30am Friday Funday 10:15am Morning Tea 11am Music & Lyrics 2pm Bingo / Friday Social	6 10:15am Morning Tea 10:30 Let's Go Fishing 11:30am Individual Visits	7 10:15am Morning Tea 10:30am Aim and Score 11:30am Individual Visits
8 9:30am Chair Aerobics 10:15am Morning Tea 11am Secret Women's Society 2pm Bingo / Art Therapy 3:30pm Individual Visits	9 9:30am Chair Aerobics 10:15am Morning Tea 11am Nail Care 2pm Armchair Travel: South Africa	10 9:30am Chair Aerobics 10:15am Morning Tea 11am Jewellery Making 2pm Carpet Bowls	11 9:30am Chair Aerobics 10:15am Morning Tea 11am Knitting Club 2pm Movie Matinee	12 9:30am Friday Funday 10:15am Morning Tea 11am Craft / Games 2pm Bingo / Friday Social	13 10:15am Morning Tea 10:30am Art and Craft 11:30am Individual Visits	14 10:15am Morning Tea 10:30am Balloon Games / Sensory Activity 11:30am Individual Visits



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
15 9:30am Chair Aerobics 10:15am Morning Tea 11am Drummer-cise 2pm Bingo 3:30pm Individual Visits	16 Lunch Outing 9:30am Chair Aerobics 10:15am Morning Tea 11am Catholic Service (1st Floor) 2pm Paint and Sip	17 9:30am Chair Aerobics 10:15am Morning Tea 11am Orthodox Prayer Group 2pm Men's Club 3:30pm Individual Visits	18 Zimbabwean Independence Bus Outing 9:30am Yoga / Chair Aerobics 10:15am Morning Tea 11am Get to Know Zimbabwe 2pm Dance Party	19 9:30am Friday Funday 10:15am Morning Tea 11am Cooking Fun 2pm Bingo/ Friday Social	20 10:15am Morning Tea 10:30am Aim and Score 11:30am Individual Visits	21 10:15am Morning Tea 10:30am Reminiscing 11:30am Individual Visits
22 9:30am Chair Aerobics 10:15am Morning Tea 11am Resident's Meeting 2pm Bingo 3pm Preparation for Anzac Service	23 Anzac and Memorial Service 9:30am Morning Tea 10:15am Anzac and Memorial Service 2pm Nail Care 3:30pm Individual Visits	24 Birthday Party 9:30am Chair Aerobics 10:15am Morning Tea 11am Drummer-cise 2pm Birthday Party	25 Anzac Day 9:30am Chair Aerobics 10am Anzac Quiz/ Word Games 2pm Chair Hockey 3:30pm Individual Visits	26 9:30am Friday Funday 10:15am Morning Tea 11am Pub Quiz 2pm Bingo/ Friday Social	27 South African Freedom Day 10:15am Morning Tea 10:30am South African Facts 11:30am Individual Visits	28 10:15am Morning Tea 10:30am Celebrity Bingo 11:30am Individual Visits
29 9:30am Chair Aerobics 10:15am Morning Tea 11am Craft 2pm Bingo 3:30pm Individual Visits	30 Bus Outing 9:30am Chair Aerobics 10:15am Morning Tea 11am Nail Care 2pm Word Games			<ul style="list-style-type: none"> ● Quiet Hour is every day between 1pm and 2pm. ● Lifestyle Activities are subject to change without notice due to staffing and foreseen circumstances. ● Walks are subject to temperature and weather conditions. ● Should we get Covid in our home it will have a significant impact on our Lifestyle program. ● There are often individual activities running in the background. 		