



# 2024 ROSEWOOD ACTIVITY PROGRAM

## Olive & Jacaranda

### APRIL



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>1</b> <b>Easter Monday</b> 9:30am Chair Aerobics 10:15am Morning Tea 11am Easter Bingo 2pm Bingo 3:30pm Individual Visits	<b>2</b> 9:30am Chair Aerobics 10:15am Morning Tea 11am Vase Decorating 2pm Nail Care 3:30pm Individual Visits	<b>3</b> 9:30am Chair Aerobics 10:15am Morning Tea 11am Anglican Service (1st Floor) 2pm Craft / Men's Club/ Let's Dance 3:30pm Individual Visits	<b>4</b> 9:30am Yoga / Chair Aerobics 10:15am Morning Tea 11am Knitting Club 2pm Movie Matinee	<b>5</b> 9:30am Friday Funday 10:15am Morning Tea 11am Music & Lyrics 2pm Bingo / Friday Social	<b>6</b> 12pm Meal Service Assist 2pm Bubbles and Music 3pm Gross Motor Activities	<b>7</b> 12pm Meal Service Assist 2pm Sensory Activity 3pm Exercise
<b>8</b> 9:30am Chair Aerobics 10:15am Morning Tea 11am Secret Women's Society 2pm Bingo / Art Therapy 3:30pm Individual Visits	<b>9</b> <b>Bus Outing</b> 9:30am Chair Aerobics 10:15am Morning Tea 11am Nail Care 2pm Armchair Travel: South Africa	<b>10</b> 9:30am Chair Aerobics 10:15am Morning Tea 11am Paper Flowers 2pm Carpet Bowls	<b>11</b> <b>Bus Outing</b> 9:30am Chair Aerobics 10:15am Morning Tea 11am Knitting Club 2pm Movie Matinee	<b>12</b> 9:30am Friday Funday 10:15am Morning Tea 11am Craft/ Games 2pm Bingo / Friday Social	<b>13</b> 12pm Meal Service Assist 2pm Picture Bingo 3pm Art and Craft	<b>14</b> 12pm Meal Service Assist 2pm Art and Craft 3pm Exercise



# 2024 ACTIVITY PROGRAM • Olive & Jacaranda

# APRIL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>15</b> 9:30am Chair Aerobics 10:15am Morning Tea 11am Drummer- cise 2pm Bingo 3:30pm Individual Visits	<b>16</b> <b>Lunch Outing</b> 9:30am Chair Aerobics 10:15am Morning Tea 11am Catholic Service (1st Floor) 2pm Paint and Sip	<b>17</b> 9:30am Chair Aerobics 10:15am Morning Tea 11am Orthodox Prayer Group 2pm Men's Club 3:30pm Individual Visits	<b>18</b> <b>Zimbabwean            Independence</b> 9:30am Yoga 10:15am Morning Tea 11am Get to Know Zimbabwe 2pm Dance Party	<b>19</b> 9:30am Friday Funday 10:15am Morning Tea 11am Cooking Fun 2pm Bingo/ Friday Social	<b>20</b> 12pm Meal Service Assist 2pm Bubbles and Music 3pm Gross Motor Activities	<b>21</b> 12pm Meal Service Assist 2pm Bowling 3pm Dance It Out
<b>22</b> 9:30am Chair Aerobics 10:15am Morning Tea 11am Resident's Meeting 2pm Bingo 3pm Preparation for Anzac Service	<b>23</b> <b>Anzac and            Memorial Service</b> 9:30am Morning Tea 10:15am Anzac and Memorial Service 2pm Nail Care 3:30pm Individual Visits	<b>24</b> 9:30am Chair Aerobics 10:15am Morning Tea 11am Drummer- cise 3:30pm Individual Visits	<b>25</b> <b>Anzac Day</b> 9:30am Chair Aerobics 10am Anzac Quiz/ Games 2pm Chair Hockey 3:30pm Individual Visits	<b>26</b> 9:30am Friday Funday 10:15am Morning Tea 11am Music and Lyrics 2pm Bingo/ Friday Social	<b>27</b> <b>South African            Freedom Day</b> 12pm Meal Service Assist 2pm Picture Bingo 3pm Sorting Activity	<b>28</b> 12pm Meal Service Assist 2pm Sensory Activity 3pm Dance It Out
<b>29</b> 9:30am Chair Aerobics 10:15am Morning Tea 11am Craft 2pm Bingo 3:30pm Individual Visits	<b>30</b> <b>Birthday Party</b> 9:30am Chair Aerobics 10:15am Morning Tea 11am Nail Care 2pm Birthday Party			<ul style="list-style-type: none"> <li>● Quiet Hour is every day between 1pm and 2pm.</li> <li>● Lifestyle Activities are subject to change without notice due to staffing and foreseen circumstances.</li> <li>● Walks are subject to temperature and weather conditions.</li> <li>● Should we get Covid in our home it will have a significant impact on our Lifestyle program.</li> <li>● There are often individual activities running in the background.</li> </ul>		