



# 2024 ROSEWOOD ACTIVITY PROGRAM

## Olive & Jacaranda

### MAY



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		<p><b>1</b></p> <p>9:30am Chair Aerobics</p> <p>10:15am Morning Tea</p> <p>11am Anglican Service</p> <p>2pm Men's Club/ Craft</p> <p>3:30pm Individual Visits</p>	<p><b>2</b></p> <p>9:30am Yoga / Chair Aerobics</p> <p>10:15am Morning Tea</p> <p>11am Word Games</p> <p>2pm Knitting Club / Table Games</p> <p>3:30pm Individual Visits</p>	<p><b>3</b></p> <p>9:30am Friday Funday</p> <p>10:15am Morning Tea</p> <p>11am Music &amp; Lyrics / Cards Club</p> <p>2pm Bingo / Friday Social</p>	<p><b>4</b></p> <p>12pm Meal Service Assist</p> <p>2pm Gross Motor Activities</p> <p>3pm Individual Visits</p>	<p><b>5</b></p> <p>12pm Meal Service Assist</p> <p>2pm Gross Motor Activities</p> <p>3pm Individual Visits</p>
<p><b>6</b></p> <p>9:30am Chair Aerobics</p> <p>10:15am Morning Tea</p> <p>11am Secret Women's Society</p> <p>2pm Bingo / Art Therapy</p> <p>3:30pm Individual Visits</p>	<p><b>7</b> <b>Lunch Outing</b></p> <p>9:30am Chair Aerobics</p> <p>10:15am Morning Tea</p> <p>11am Nail Care</p> <p>2pm Mother's Day Craft</p> <p>3:30pm Individual Visits</p>	<p><b>8</b></p> <p>9:30am Chair Aerobics</p> <p>10:15am Morning Tea</p> <p>11am Cooking Pamper Session with Bubbly</p> <p>2pm</p>	<p><b>9</b></p> <p>9:30am Chair Aerobics</p> <p>10:15am Morning Tea</p> <p>11am Laughing Club</p> <p>2pm Movie Matinee</p>	<p><b>10</b> <b>Mother's Day Special</b></p> <p>9:30am Friday Funday</p> <p>10:15am Mum's Morning Tea</p> <p>11am Cards Club</p> <p>2pm Bingo / Mother's Day Social</p>	<p><b>11</b></p> <p>12pm Meal Service Assist</p> <p>2pm Gross Motor Activities</p> <p>3pm Individual Visits</p>	<p><b>12</b> <b>Mother's Day</b></p> <p>12pm Meal Service Assist</p> <p>2pm Mother's Day Special</p> <p>3pm Individual Visits</p>





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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>13</b> <b>Library Books</b> 9:30am Chair Aerobics 10:15am Morning Tea 11am Drummer- cise 2pm Bingo 3:30pm Individual Visits	<b>14</b> 9:30am Chair Aerobics 10:15am Morning Tea 11am Nail Care 2pm Paint and Sip	<b>15</b> 9:30am Chair Aerobics 10:15am Morning Tea 11am Orthodox Prayer Group /Celebrity Bingo 2pm Men's Club 3:30pm Individual Visits	<b>16</b> 9:30am Yoga / Chair Aerobics 10:15am Morning Tea 11am Mix and Match 2pm Knitting Club / Table Games	<b>17</b> 9:30am Friday Funday 10:15am Morning Tea 11am Cooking Fun /Cards Club 2pm Bingo/ Friday Social	<b>18</b> 12pm Meal Service Assist 2pm Gross Motor Activities 3pm Individual Visits	<b>19</b> 12pm Meal Service Assist 2pm Gross Motor Activities 3pm Individual Visits
<b>20</b> 9:30am Chair Aerobics 10:15am Morning Tea 11am Gross Motor Activities 2pm Bingo 3:30pm Individual Visits	<b>21</b> <b>Birthday Party</b> 9:30am Morning Tea 10:15am Nail Care 11am Catholic Service / Word Games 2pm Birthday Party	<b>22</b> 9:30am Chair Aerobics 10:15am Morning Tea 11am Sensory Activity 2pm Carpet Bowls/ Bowling 3:30pm Individual Visits	<b>23</b> 9:30am Chair Aerobics 10:15am Morning Tea 11am Laughing Club 2pm Movers and Shakers 3:30pm Individual Visits	<b>24</b> 9:30am Friday Funday 10:15am Morning Tea 11am Pub Quiz/ Cards Club 2pm Bingo/ Friday Social	<b>25</b> 12pm Meal Service Assist 2pm Gross Motor Activities 3pm Individual Visits	<b>26</b> 12pm Meal Service Assist 2pm Gross Motor Activities 3pm Individual Visits
<b>27</b> 9:30am Chair Aerobics 10:15am Morning Tea 11am Craft 2pm Bingo 3:30pm Individual Visits	<b>28</b> 9:30am Chair Aerobics 10:15am Morning Tea 11am Nail Care 2pm Armchair Travel: Italy	<b>29</b> 9:30am Chair Aerobics 10:15am Morning Tea 11am Residents Choice No afternoon activities due to Birthday Party on 1st Floor	<b>30</b> 9:30am Chair Aerobics 10:15am Morning Tea 11am Fun Games 2pm Knitting Club	<b>31</b> 9:30am Friday Funday 10:15am Morning Tea 11am Pub Quiz/ Cards Club 2pm Bingo/ Friday Social	<ul style="list-style-type: none"> <li>● Quiet Hour is every day between 1pm and 2pm.</li> <li>● Lifestyle Activities are subject to change without notice due to staffing and foreseen circumstances.</li> <li>● Walks are subject to temperature and weather conditions.</li> <li>● Should we get Covid in our home it will have a significant impact on our Lifestyle program.</li> <li>● There are often individual activities running in the background.</li> </ul>	