



# THE ROSEWOOD POST

WINTER TALES SPECIAL ISSUE  
JUNE & JULY 2024

## Welcome Home

**Hello Residents, Families, Staff and Friends,**

Welcome to our Winter Tales Special Issue

Winter has settled in. It's time for thick socks, a cosy blanket, woolly gloves and a hot chocolate. Join us as we embrace the spirit of winter and cherish our warm Rosewood community. Read along to hear all the recent heartwarming tales and check out the beautiful snapshots on The Rosewood Gallery.

## Exploring Beyond: A Reflection on this Year's Rosewood Bus Adventures

*Connecting from West Perth and Leederville*

Residents regularly enjoy bus outings and lunches on the Rosewood bus, supported by our Allied Health staff members and bus drivers. So far this year, the Rosewood bus and its adventurers have travelled to Blackwall Reach Reserve Bicton, Margaret River Chocolate Factory in the Swan Valley, along the stunning coastline, Sandy Beach Reserve Bassendean, lunch at Herdsman Lake Tavern and Bells Rapids Brigadoon. Here's to more exciting journeys!



SEASONAL FLOWER  
PLANTING



BRIGHT DAYS OUTSIDE  
IN THE SUNSHINE



CUT, COLOUR AND CARE



ROSIE'S CELEBRATION:  
WINTER BIRTHDAYS



SAVOURING SIMPLICITY:  
DAMPER BREAD



BLOSSOMS IN BLOOM:  
THE ART OF FLOWER  
ARRANGING



Darryl with a tea taking in the view - Blackwall Reach Reserve



Judy, Heather, Gwen & Tracy (Allied Health) driving along the coast



Laurie, Neville & Bill enjoying a bus outing.



Sisters, Joan and Judy on the bus at Blackwall Reach Reserve

The Rosewood Post  
June/July 2024



# Neighbourhood News from

WELCOME TO ROSEWOOD  · Pauline Doyle · Salvatore Alvaro · Patrick McClelland

## Cutting, Colour and Care

A recent visit to the salon to meet Hair Stylist, Italia, revealed her passion for her work. For the residents, their regular salon visits serve as a therapeutic retreat ~ a precious opportunity to unwind, relax, and be pampered. Italia recognises the significance of emotional connection; she understands that good conversations over tea and biscuits can profoundly brighten her clients' days. Meeting these lovely ladies was delightful.



Marny, Betty and Judy having their hair done at the Hair Salon with Italia.

## Blossoms in Bloom: The Art of Flower Arranging

Each bouquet was unique and was created with a thoughtful flower selection and colour in mind. Creating something beautiful offered each person a sense of joy and fulfilment in a calming and serene environment.



Margaret's beautiful arrangement in a vase



Jean with a student working together to make a pretty bouquet

### HAPPY BIRTHDAY!

Barbara Palmer  
Maggie Richardson  
Jennifer Campbell  
Margaret Greenhill  
Yvonne Kannis  
Leanne Ryan  
Laurel Hamersley  
Robert Mendez  
Poppy Xanthis  
Merv Gillam  
Genette Piesse  
Maureen Quartermaine  
Laurie Ward  
Karine Anton  
Anna Ferraro  
Trish Lee

## What's Happening in Winter!



BUS TRIP TO BELLS  
RAPIDS, GOOSEBERRY HILL



WINTER  
WONDERLAND SOIREE



NAIDOC WEEK: MAKING  
BOOMERANGS, ROCK  
PAINTING, COLOURING  
IN & MAKING DREAM  
CATCHERS



COOKING &  
GARDENING



CARD CLUB, MEN'S CLUB,  
KNITTING CLUB

Printed Rosewood Programs in our homes and  
connect on our website @ [www.rosewoodcare.org.au](http://www.rosewoodcare.org.au)



# LEEDERVILLE

· Virna Santoso · Antonia Almonte · Krystyna Fitzgerald · Joan Willcock · Bunty Skilton

## Seasonal Flower Planting

Some of our memory support residents, with some guidance, planted Pansies. It was an enjoyable and therapeutic activity with a focus on connecting with nature, participating in a gardening activity and embracing pops of vibrant and cheerful colours. With gentle hands and happy faces, these flowers have been planted in just the perfect place to thrive.



Margaret watering the new flowers



Some time shared on the balcony planting Pansies



Madeline has a true green thumb



Christina and Margaret planting together

## Paint and Sip: A Creative Delight

One of our residents' favourite monthly activities! Residents enjoy a creative art session on a communal table where everyone can share ideas and showcase their artistic expression in a social setting. This month's artistic pieces are exceptional!



Margaret



Mary



Daphne



Maggie



## Greening Our Space: A Generous Donation

We are very thankful for a heartfelt contribution to our community from Tom Lushey, the son of Joy who is one of our residents. Tom generously donated a variety of plants and pots to our communal areas and garden spaces. Each plant adds a natural beauty and creates a welcoming and nurturing ambiance.





# Neighbourhood News from

WELCOME TO  · Nicos Vlahos · Sofia Vlahos · Ivan Smith · Raymond Moore

## Rosies Celebration: Winter Birthdays!

A great time is had at Rosies Friday social gatherings. This month we also celebrated winter birthdays!



Concetta and Maria at Rosies



Happy Birthday Brian



Jo enjoying Rosies



Maureen singing with Maria (Allied Health)

## Happy 70th Wedding Anniversary!

Jessie and Tony Zempilas celebrated their remarkable 70th Wedding Anniversary with close family and friends gathering for a celebratory lunch in the Banquet Room.

Seven decades of love, laughter, companionship, family and cherished moments are certainly a very special milestone to be celebrated!



Jessie & Tony enjoyed a beautiful lunch surrounded by their loved ones

### HAPPY BIRTHDAY!

Eileen Krepp  
Freda Di Lollo  
Robin Crabbe  
Behija Inajetovic  
Maria Casella  
Ivy Ghirardi  
Lyn Burrows  
Rob Zordan  
Gwenda Hinkley  
Ned Martino  
Robyn Sharp

## Games Bring Joy

Bingo, brain teasers and puzzles are beneficial for memory exercises and cognitive stimulation. Bowling, chair hockey, balloon games and bubbles encourage physical activity and lots of laughter. Games are important for entertainment and social enjoyment in a caring environment.



Ned and Ian tackling brain games



Brian playing bingo



# WEST PERTH

• Jean Pinakis • Tien-Chi Yang • Margaret Stampalia

## Bright Days Out in the Sunshine

Our residents have been embracing sunny days by venturing outdoors, enjoying the warmth and bright rays during pleasant winter days. This outdoor time significantly enhances well-being and boosts mood amidst daily routines. It's a wonderful opportunity for small group conversations whilst taking in the surrounding sights and sounds. Our carers are also uplifted and thoroughly enjoy these outdoor moments together.



Jennifer, Norma and Winkie enjoying sunshine on a winters day



**HAPPY BIRTHDAY!**

Eufemia Vallini  
Gwenda Wansbrough  
Pat Edgar  
Marjorie Fleay  
Maria Phillips  
Patricia Mansell  
Lilian Hood  
Walter Hood  
Brian Clifford  
Sheila Williamson  
Hedda Pedretti

## Savouring Simplicity: Damper Bread

Damper, a simple and delicious bread cherished for generations, brought our residents together to enjoy a special baking experience of making, baking, and tasting this iconic Australian treat.



Gloria and Walter kneading the damper dough.

## This is My Life: Mr Ian McLean

Ian McLean presented and spoke about his life stories, challenges and triumphs at the monthly Squires Luncheon in the Banquet Room. Ian prepared his own slideshow with Kamana's (Allied Health) help. An amazing job of piecing together 90 remarkable years of treasured photos and beautiful stories shared with the men. Thank you Ian.



## What's Happening in Winter!



**BUS TRIP! A LUNCH AT PASTA IN THE VALLEY**



**NAIDOC WEEK LUNCH AND ACTIVITIES**



**COOKING: MINI QUICHES**



**THE WINTER FEAST**



**SPEAKING FRENCH & ITALIAN COFFEE CLUB**



**ARMCHAIR TRAVEL AROUND AUSTRALIA**

Printed Rosewood Programs in our homes.  
Connect on our website @ [www.rosewoodcare.org.au](http://www.rosewoodcare.org.au)



# The Rosewood Gallery

## Winter Tales



Puzzle session ~ piece together the fun! @Leederville



Bingo's a blast! @Leederville



Fred catching bubbles of joy @Leederville



Cheerful card making on a winter's day @Leederville



Beth enjoys walks around her home @Leederville



Ready for Bingo! Val with her daughter, Lee @Leederville



Adriano playing balloon tennis! @Leederville



Phuntsho, Greg and Rania (Catering) prepared birthday delights @West Perth



Margaret huddled up in her warm blanket enjoying the crisp fresh air @West Perth

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**KEEP THE FIRE BURNING!  
BLAK, LOUD AND PROUD**  
7-14 JULY 2024



**Norma's dot painting  
@West Perth**



**Maggie's dot painting @West Perth**

20 residents shared time  
together creating stunning and unique  
dot paintings at West Perth



**Ian's dot painting  
@West Perth**



**Georgia's Dot Painting  
@West Perth**



**George and Kamana (Allied Health) at  
the NAIDOC Luncheon @West Perth**



**Residents' rock art creations  
@Leederville**



**Eleanor's Dot Painting @West Perth**



**Mary's dream catcher @Leederville**



**Colleen's dream catcher @Leederville**



**Christine's dream catcher @Leederville**





# Rosewood Board

JOIN OUR RESIDENTS AT  
LEEDERVILLE FOR AFTERNOON TEA



## Change in Continence Products - Hartmann

At Rosewood, we are always striving to source and use the best health care products available. We have changed our continence aid products to Hartmann. The reason for the change is two-fold: a better overall product and better staff and resident support from the Hartmann team. The on-site clinical teams worked closely with the Hartmann clinical team to ensure a smooth transition from our previous brand to Hartmann. As with all change, there is bound to be a few bumps through the process, but our teams are working hard to ensure a smooth transition. If you have any specific continence related feedback or questions, please approach the clinical team on site who will be more than happy to assist. To meet with a Hartmann representative to discuss complex continence issues, please let the Clinical Nurse Manager or Operations Manager.

## HBF Run for a Reason

Vanda and Mini participated in the epic HBF Run for a Reason alongside 37,000 participants. Like so many uniting in this community event, Vanda and Mini have deeply personal reasons they hold very close to their hearts: both of their sons were diagnosed with cancer. Both boys are doing really well and these two mums are inspired to continue to raise awareness and for funds to go to cancer research.



**Vanda Liga**  
(Operations  
Manager West  
Perth) and  
**Mini Polizzi**  
(Resident Liaison  
Manager  
West Perth)

## Message from Jackie Shade - CEO

Winter brings a unique set of challenges. Particularly during these colder months, our priority remains the health, safety, and comfort of our residents. Our dedicated staff are committed to maintaining strong connections and keeping spirits high. We focus on creating an engaging environment with a diverse range of activities designed to bring joy, entertainment, and social interactions. Recently, we honoured and celebrated NAIDOC Week with a variety of cultural activities and a lunch. It was an enriching experience for everyone involved. We also have our exciting Winter Feast and Winter Wonderland events in July.



**Jackie Shade**  
Chief Executive Officer



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