



2024 ROSEWOOD ACTIVITY CALENDAR

Citrus & Magnolia

JULY



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY



- Quiet Hour is every day between 1pm and 2pm.
- Lifestyle Activities are subject to change without notice due to staffing and foreseen circumstances.
- Walks are subject to temperature and weather conditions.
- Should we get Covid in our home it will have a significant impact on our Lifestyle program.
- There are often individual activities running in the background.

1 9:30am Chair Aerobics 10:15am Morning Tea 11am Word Games 2pm Bingo/Art Therapy 3:30pm Individual Visits	2 Bus Outing 9:30am Chair Aerobics 10:15am Morning Tea 11am Nail Care 2pm Chair Hockey 3:30pm Individual Visits	3 Anglican Service 9:30am Chair Aerobics 10:15am Morning Tea 11am Anglican Service / Board Games 2pm Men's Club/ Balloon Games 3:30pm Individual Visits	4 Bus Outing 9:30am Yoga/Chair Aerobics 10:15am Morning Tea 11am Craft 2pm Knitting Club/ Word Games 3:30pm Individual Visits	5 9:30am Friday Funday 10:15am Morning Tea 11am Cards Club/ Walks 2pm Friday Social/ Bingo	6 10:15am Morning Tea 10:30 Nail Care / Residents Choice 11:30am Individual Visits	7 NAIDOC Week 10:15am Morning Tea 10:30am Praise and Worship Sing-Along
8 9:30am Chair Aerobics 10:15am Morning Tea 11am Rock Painting 2pm Bingo 3:30pm Individual Visits	9 Bus Outing 9:30am Chair Aerobics 10:15am Morning Tea 11am Nail Care 2pm Making Dream- Catchers	10 9:30am Chair Aerobics 10:15am Morning Tea 11am DIY Boomerangs 2pm Movie Matinee	11 Bus Outing 9:30am Chair Aerobics 10:15am Morning Tea 11am Colouring In 2pm Cooking	12 9:30am Friday Funday 10:15am Morning Tea 11am Cards Club/ Walks 2pm Friday Social/ Bingo	13 10:15am Morning Tea 10:30 Nail Care / Residents Choice 11:30am Individual Visits	14 10:15am Morning Tea 10:30am Sing-Along



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JULY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
15 Library Books 9:30am Chair Aerobics 10:15am Morning Tea 11am Word Games 2pm Bingo 3:30pm Individual Visits	16 9:30am Chair Aerobics 10:15am Morning Tea 11am Nail Care / Preparation 2pm Winter Wonderland Soiree	17 Catholic Service 9:30am Chair Aerobics 10:15am Morning Tea 11am Catholic Service 2pm Table Games 3:30pm Housekeeping	18 9:30am Yoga / Chair Aerobics 10:15am Morning Tea 11am Guess the Scent 2pm Knitting Club / Residents Choice	19 9:30am Friday Funday 10:15am Morning Tea 11am Residents Choice / Cards Club 2pm Winter Wonderland Social / Bingo	20 10:15am Morning Tea 10:30 Nail Care / Residents Choice 11:30am Individual Visits I	21 10:15am Morning Tea 10:30am Reminiscing
22 9:30am Chair Aerobics 10:15am Morning Tea 11am Board Games 2pm Bingo 3:30pm Individual Visits	23 Birthday Party 9:30am Chair Aerobics 11am Word Games / Preparation 2pm Birthday Party	24 9:30am Chair Aerobics 10:15am Morning Tea 11am Craft 2pm Men's Club	25 Bus Outing 9:30am Chair Aerobics 10:15am Morning Tea 11am Quiz 2pm Cooking 3:30pm Individual Visits	26 Olympic Session 9:30am Friday Funday 10:15am Morning Tea 11am Residents Choice / Card Games 2pm Friday Social / Bingo	27 10:15am Morning Tea 10:30 Nail Care / Residents Choice 11:30am Individual Visits	28 10:15am Morning Tea 10:30am Praise and Worship Sing-Along / Olympics Discussion
29 9:30am Chair Aerobics 10:15am Morning Tea 11am Word Games 2pm Bingo 3:30pm Individual Visits	30 Bus Outing 9:30am Chair Aerobics 10:15am Morning Tea 11am Nail Care / Preparation No afternoon activities due to Birthday Party for Citrus & Magnolia	31 9:30am Chair Aerobics 10:15am Morning Tea 11am Reminiscing 2pm Movie Matinee	 <div> Last year's winter bus outing to Mundaring Weir </div>			