



# 2024 ROSEWOOD ACTIVITY CALENDAR

## Olive & Jacaranda

# JULY



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY



- Quiet Hour is every day between 1pm and 2pm.
- Lifestyle Activities are subject to change without notice due to staffing and foreseen circumstances.
- Walks are subject to temperature and weather conditions.
- Should we get Covid in our home it will have a significant impact on our Lifestyle program.
- There are often individual activities running in the background.

<b>1</b> 9:30am Chair Aerobics 10:15am Morning Tea 11am Balloon Games 2pm Bingo/Art Therapy 3:30pm Individual Visits	<b>2</b> <b>Bus Outing</b> 9:30am Chair Aerobics 10:15am Morning Tea 11am Nail Care 2pm Balloon Tennis 3:30pm Individual Visits/ Gardening	<b>3</b> <b>Anglican Service</b> 9:30am Chair Aerobics 10:15am Morning Tea 11am Anglican Service 2pm Men's Club/ Balloon Games 3:30pm Individual Visits	<b>4</b> <b>Bus Outing</b> 9:30am Chair Aerobics 10:15am Morning Tea 11am Individual Visits 2pm Knitting Club / Sorting 3:30pm Individual Visits	<b>5</b> 9:30am Friday Funday 10:15am Morning Tea 11am Dance Time 2pm Friday Social/ Bingo	<b>6</b> 12pm Meal Service Assist 2pm Gross Motor Activities 3pm Individual Visits	<b>7</b> <b>NAIDOC Week</b> 12pm Meal Service Assist 2pm Gross Motor Activities 3pm Individual Visits
<b>8</b> 9:30am Chair Aerobics 10:15am Morning Tea 11am Art 2pm Bingo 3:30pm Individual Visits	<b>9</b> 9:30am Chair Aerobics 10:15am Morning Tea 11am Nail Care 2pm Coloring In Dream- catchers	<b>10</b> 9:30am Chair Aerobics 10:15am Morning Tea 11am DIY Boomerangs / Craft 2pm Charlie Chaplin	<b>11</b> <b>Bus Outing</b> 9:30am Chair Aerobics 10:15am Morning Tea 11am Sing-Along 2pm Cooking/ Gardening	<b>12</b> 9:30am Friday Funday 10:15am Morning Tea 11am Dance Time 2pm Friday Social/ Bingo	<b>13</b> 12pm Meal Service Assist 2pm Gross Motor Activities 3pm Individual Visits	<b>14</b> 12pm Meal Service Assist 2pm Gross Motor Activities 3pm Individual Visits





# 2024 ACTIVITY CALENDAR • Olive & Jacaranda

# JULY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>15 Library Books</b> 9:30am Chair Aerobics 10:15am Morning Tea 11am Craft 2pm Bingo 3:30pm Individual Visits	<b>16 Bus Outing</b> 9:30am Chair Aerobics 10:15am Morning Tea 11am Nail Care/Preparation 2pm Winter Wonderland Soiree	<b>17 Catholic Service</b> 9:30am Morning Tea 10:30am Seasons Community Choir 2pm Table Games 3:30pm Individual Visits	<b>18 Bus Outing</b> 9:30am Chair Aerobics 10:15am Morning Tea 11am Guess the Scent 2pm Knitting Club/Residents Choice	<b>19</b> 9:30am Friday Funday 10:15am Morning Tea 11am Dance Time 2pm Winter Wonderland Social/Bingo	<b>20</b> 12pm Meal Service Assist 2pm Gross Motor Activities 3pm Individual Visits	<b>21</b> 12pm Meal Service Assist 2pm Gross Motor Activities 3pm Individual Visits
<b>22</b> 9:30am Chair Aerobics 10:15am Morning Tea 11am Balloon Games 2pm Bingo 3:30pm Individual Visits	<b>23</b> 9:30am Chair Aerobics 10:15am Morning Tea 11am Nail Care/Preparation No afternoon activities due to Birthday Party for Citrus & Magnolia	<b>24</b> 9:30am Chair Aerobics 10:15am Morning Tea 11am Craft 2pm Men's Club	<b>25 Bus Outing</b> 9:30am Chair Aerobics 10:15am Morning Tea 2pm Balloon Games/Gardening 3:30pm Individual Visits	<b>26 Olympic Session</b> 9:30am Friday Funday 10:15am Morning Tea 11am Quiz/Cards Club 2pm Friday Social/Bingo	<b>27</b> 12pm Meal Service Assist 2pm Gross Motor Activities 3pm Individual Visits	<b>28</b> 12pm Meal Service Assist 2pm Gross Motor Activities 3pm Individual Visits
<b>29</b> 9:30am Chair Aerobics 10:15am Morning Tea 11am Sorting/Colouring 2pm Bingo 3:30pm Individual Visits	<b>30 Bus Outing Birthday Party</b> 9:30am Chair Aerobics 10:15am Morning Tea 11am Nail Care / Preparation 2pm Birthday Party	<b>31</b> 9:30am Chair Aerobics 10:15am Morning Tea 11am Reminiscing 2pm Movie Matinee	 <div>             Last year's winter bus outing to Mundaring Weir           </div>			