



# 2024 ROSEWOOD ACTIVITY CALENDAR

## Olive & Jacaranda

### OCTOBER



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	<b>1</b> <b>International Day of Older Persons</b> <b>Lunch Excursion</b> 9:30am Chair Aerobics 10:15am Morning Tea 11am Nail Care/ Pet Therapy 2pm Time in the Garden (Magnolia) 3:15pm Sensory Sorting	<b>2</b> <b>Anglican Service</b> 9:30am Chair Aerobics 10:15am Morning Tea 11am Anglican Service/ Word Games 2pm Men's Club/ Documentary 3:15pm Sing-Along	<b>3</b> 9:30am Yoga/Chair Aerobics 10:15am Morning Tea 11am Parachute Game or Walks 2pm Balloon Tennis 3:15pm Sing-Along	<b>4</b> 9:30am Friday Funday 10:15am Morning Tea 10:30am Cards Club/ Quiz 2pm Friday Social (Magnolia) / Bingo	<b>5</b> 12 pm Meal Assist 2pm Resident's Choice 3pm Sensory Activity	<b>6</b> 12 pm Meal Assist 2pm Residents Choice 3pm Sing-Along
<b>7</b> 9:30am Chair Aerobics 10:15am Morning Tea 10:40am Morning Walks 2pm Bingo 3:30pm Lets Dance	<b>8</b> <b>Food Focus</b> 9:30am Chair Aerobics 10:15am Morning Tea 11am Food Focus Activity (Magnolia)/ Pet Therapy 2pm Time in the Garden (Magnolia) 3:15 pm Sensory Sorting	<b>9</b> 9:30am Chair Aerobics 10:15am Morning Tea 11am Balloon Tennis 2pm Men's Club / Reminiscing 3:30pm Sing-Along	<b>10</b> 9:30am Chair Aerobics 10:15am Morning Tea 11am Parachute Game or Walks 2pm Cooking or Knitting 3:30pm Sing-Along	<b>11</b> 9:30am Friday Funday 10:15am Morning Tea 10:30am Cards Club/ Quiz 2pm Animal Farm	<b>12</b> 12 pm Meal Assist 2pm Resident's Choice 3pm Sensory Activity	<b>13</b> 12 pm Meal Assist 2pm Resident's Choice 3pm Sing-Along



# 2024 ACTIVITY CALENDAR • Olive & Jacaranda

# OCTOBER

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

**14**  
 9:30am Chair Aerobics  
 10:15am Morning Tea  
 10:40am Morning Walks  
 2pm Bingo  
 3:15pm Let's Dance

**15**  
 9:30am Chair Aerobics  
 10:15 am Morning Tea  
 11am Nail Care/ Pet Therapy  
 2pm Art n Craft  
 3:15pm Sensory Sorting

**16** **Catholic Service**  
 9:30am Chair Aerobics  
 10:15am Morning Tea  
 11am Catholic Service / Reminiscing  
 2pm Movie Matinee  
 3:30pm Sing-Along

**17** **Library Books**  
 9:30am Yoga/Chair Aerobics  
 10:15am Morning Tea  
 11am Parachute Game or Walks  
 2pm Cooking  
 3:30pm Sing-Along

**18**  
 9:30am Friday Funday  
 10:15am Morning Tea  
 10:30am Cards Club/ Quiz  
 2pm Friday Social (Magnolia) / Bingo

**19**  
 12 pm Meal Assist  
 2pm Resident's Choice  
 3pm Sensory Activity

**20**  
 12 pm Meal Assist  
 2pm Residents Choice  
 3pm Sing-Along

**21**  
 9:30am Chair Aerobics  
 10:15am Morning Tea  
 11am Art n Craft  
 2pm Bingo  
 3:15pm Let's Dance

**22**  
 9:30am Chair Aerobics  
 10:15am Morning Tea  
 11 am Nail Care/ Sing-Along  
 3:15pm Sensory Sorting  
 3:15pm Sing-Along

**23**  
 9:30am Chair Aerobics  
 10:15am Morning Tea  
 11am Walks  
 2pm Men's Club or Reminiscing  
 3:30pm Sing-Along

**24**  
 9:30am Chair Aerobics  
 10:15am Morning Tea  
 11am Parachute Games or Walks  
 2pm Movie Matinee  
 3:30pm Individual Visits

**25**  
 9:30am Friday Funday  
 10:15am Morning Tea  
 11am Sensory Sorting  
 2pm Oktober Fest Social/ Bingo

**26**  
 12 pm Meal Assist  
 2pm Resident's Choice  
 3pm Sensory Activity

**27** **Grandparents Day**  
**Library Books**  
 12 pm Meal Assist  
 2pm Residents Choice  
 3pm Sing-Along

**28**  
 9:30am Chair Aerobics  
 10:15am Morning Tea  
 11am Art n Craft  
 2pm Bingo  
 3:15pm Let's Dance

**29** **Birthday Party**  
 9:30am Chair Aerobics  
 10:15am Morning Tea  
 11 am Nail Care  
 2pm Birthday Party

**30**  
 9:30am Chair Aerobics  
 10:15am Morning Tea  
 11am Craft  
 2pm Cooking  
 3:30pm Sing-Along

**31** **Halloween**  
 9:30am Chair Aerobics  
 10:15am Morning Tea  
 11am Halloween Facts  
 2:15pm Dance It Out  
 3:15pm Sing-Along

- Quiet Hour is every day between 1pm and 2pm.
- Lifestyle Activities are subject to change without notice due to staffing and foreseen circumstances.
- Walks are subject to temperature and weather conditions.
- Should we get Covid in our home it will have a significant impact on our Lifestyle program.
- There are often individual activities running in the background.