



2024 ROSEWOOD ACTIVITY CALENDAR

Olive & Jacaranda

NOVEMBER



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<ul style="list-style-type: none"> • Quiet Hour is every day between 1pm and 2pm. • Lifestyle Activities are subject to change without notice due to staffing and foreseen circumstances. • Walks are subject to temperature and weather conditions. • Should we get Covid in our home it will have a significant impact on our Lifestyle program. • There are often individual activities running in the background. 				1 Diwali 9:30am Friday Funday 10:15am Morning Tea 11am Sing-Along 2pm Bingo	2 10:15am Morning Tea 10:30am Residents Choice 11:30am Individual Visits	3 12 pm Meal Assist 2pm Residents Choice 3pm Sing-Along
4 9:30am Chair Aerobics 10:15am Morning Tea 10:40am Arts and Craft 1:30pm Aranmore College Performance 3:30pm Music Concert	5 Melbourne Cup 9:30am Chair Aerobics 10:15am Morning Tea 11am Preparation: 11:45pm Melbourne Cup Brunch 2pm Horse Race Table Game	6 9:30am Morning Tea 10:30am Seasons Sing-Along 2pm Men's Club/ Cooking 3pm Music and Reminiscing	7 9:30am Yoga/Chair Aerobics 10:15am Morning Tea 11am Walks/ Sensory Sorting/ Doll Therapy 3:15pm Let's Dance	8 9:30am Friday Funday 10:15am Morning Tea 11am Sing-Along 2pm Friday Social (Magnolia) / Bingo	9 10:15am Morning Tea 10:30am Residents Choice 11:30am Individual Visits	10 12 pm Meal Assist 2pm Residents Choice 3pm Sing-Along



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
11 Remembrance Day 9:30am Chair 9:30am Aerobics 10:15am Morning Tea 10:40am Remembrance Chat 2pm Bingo 3pm Music Concert 	12 9:30am Chair 9:30am Aerobics 10:15am Morning Tea 11am Nail Care/ Pet Therapy 2pm Remembrance Ceremony	13 World Kindness Day 9:30am Chair 9:30am Aerobics 10:15am Morning Tea 11am Word Games 11am Movie 2pm Matinee 3:30pm Music and Reminiscing	14 9:30am Chair 9:30am Aerobics 10:15am Morning Tea 11am Walks/ Sensory Sorting/Doll Therapy 2pm Cooking 3:15pm Let's Dance	15 9:30am Friday 9:30am Funday 10:15am Morning Tea 11am Sing-Along 2pm Friday Social (Magnolia) / Bingo	16 10:15am Morning Tea 10:30am Residents Choice 11:30am Individual Visits	17 12 pm Meal Assist 2pm Residents Choice 3pm Sing-Along
18 Library Books 9:30am Morning Tea 10:30am The Four Chordsman 2pm Bingo 3pm Music Conert	19 9:30am Chair 9:30am Aerobics 10:15am Morning Tea 11 am Nail Care / Walks 2pm Music Conert 3:15pm Parachute Game/Doll Therapy	20 Catholic Mass 9:30am Chair 9:30am Aerobics 10:15am Morning Tea 11am Catholic Mass 2pm Men's High Tea with Trevor K talking about his Life	21 World Hello Day 9:30am Yoga/Chair 9:30am Aerobics 10:15am Morning Tea 11am Walks/ Sensory Sorting/Doll Therapy 2pm Movie Matinee 3:15pm Let's Dance	22 9:30am Friday 9:30am Funday 10:15am Morning Tea 11am Sing-Along 2pm Friday Social (Magnolia) / Bingo	23 10:15am Morning Tea 10:30am Residents Choice 11:30am Individual Visits	24 12 pm Meal Assist 2pm Residents Choice 3pm Sing-Along
25 9:30am Chair 9:30am Aerobics 10:15am Morning Tea 11am Christmas Art and Craft 2pm Bingo 3pm Music Conert	26 Motion by the Ocean Birthday Party 9:30am Chair 9:30am Aerobics 10:15am Morning Tea 11 am Nail Care / Walks 2pm Birthday Party 3pm Individual Visits	27 9:30am Chair 9:30am Aerobics 10:15am Morning Tea 11am Reminiscing 2pm Paint n Sip 3:15pm Sensory Sorting	28 9:30am Chair 9:30am Aerobics 10:15am Morning Tea 11am Walks/ Sensory Sorting/Doll Therapy 2pm Cooking 3:15pm Let's Dance	29 9:30am Friday 9:30am Funday 10:15am Morning Tea 11am Sing-Along 2pm Bingo/ Christmas Decorations Unbox/Hang Ornaments	30 10:15am Morning Tea 10:30am Christmas Tree Decorating	