



2024 ROSEWOOD ACTIVITY CALENDAR

Olive & Jacaranda

DECEMBER



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
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| <ul style="list-style-type: none"> • Quiet Hour is every day between 1pm and 2pm. • Lifestyle Activities are subject to change without notice due to staffing and foreseen circumstances. • Walks are subject to temperature and weather conditions. | | | <ul style="list-style-type: none"> • Should we get Covid in our home it will have a significant impact on our Lifestyle program. • There are often individual activities running in the background. | | | 1
12 pm Meal Assist
2pm Deck the Halls
3pm Sing-Along |
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2 Christmas Lights Tour 9:30am Chair Aerobics 10:15am Morning Tea 10:40am Deck the Halls 11am Food Focus Group 1:30pm Aranmore Kid's Concert 3:30pm Sing Along	3 9:30am Chair Aerobics 10:15am Morning Tea 11am Nail/Pet Therapy 2:15pm Christmas Card Making 3:15pm Christmas Caroling	4 9:30am Chair Aerobics 10:15am Morning Tea with Gingerbread/Mince Pie Baking 2pm Paint n Sip 3:30pm Music Concert	5 9:30am Yoga/Chair Aerobics 10:15am Morning Tea 11am Reindeer Toss 2:15pm Knitting Club/ Ballon Tennis 3:30pm Music Concert	6 9:30am Friday Funday/ Men's Gym 10:15am Morning Tea 11am Cards Club/ Walks 2pm Friday Social (Magnolia) / Bingo	7 12 pm Meal Assist Residents Choice 2pm Sing-Along 3pm	8 12 pm Meal Assist Residents Choice 2pm Sing-Along 3pm
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9 Christmas Lights Tour Library Collection 9:30am Chair Aerobics 10:15am Morning Tea 10:40am DIY Smoothies 2pm Bingo 3:30pm Christmas Caroling	10 Motion by the Ocean 9:30am Chair Aerobics 10:15 am Morning Tea 11am Nail Care/ Pet Therapy 2pm Christmas Cookie Decorating 3:30pm Music Concert	11 Orthodox Service 9:30am Chair Aerobics 10:15am Morning Tea 11am Word Games/ Orthodox Service 2pm Men's Club High Tea featuring Tony Z and Trevor K 3:30pm Housekeeping	12 Christmas Lights Tour 9:30am Chair Aerobics 10:15am Morning Tea 11am Trivia or Walks 2pm Movie Matinee 3:30pm Gentle Music	13 9:30am Friday Funday/ Men's Gym 10:15am Morning Tea 11am Cards Club/ Walks 2pm Friday Social with Carols (Magnolia) / Bingo	14 12 pm Meal Assist Residents Choice 2pm Sing-Along 3pm	15 12 pm Meal Assist Residents Choice 2pm Sing-Along 3pm
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DECEMBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
16 9:30am Exercises 10:30am Morning Tea 10:30am Christmas Card Making 2pm Bingo 3:30pm Individual Visits	17 Christmas Party Magnolia 9:30am Exercises 2:30pm Individual Visits No morning activities after exercises	18 Christmas Party Olive Jacaranda 9:30am Exercises 12pm Christmas Party - Magnolia 2:30pm Sensory Activities No morning activities after exercises	19 Christmas Party Citrus 9:30am Exercises 2:30pm Individual Visits No morning activities after exercises	20 9:30am Friday Funday/ Men's Gym 10:15am Morning Tea 11am Cards Club/ Walks 2pm Friday Social with Carols (Magnolia) / Bingo	21 12 pm Meal Assist Residents Choice 2pm 3pm Sing-Along	22 12 pm Meal Assist Residents Choice 2pm 3pm Sing-Along
23 9:30am Chair Aerobics 10:15am Morning Tea 11am Christmas Art and Craft 2pm Bingo 3:30pm Individual Visits	24 Christmas Eve 9:30am Chair Aerobics 10:15am Morning Tea 11am Nails/ Walks 2pm Christmas Bingo	25 Christmas Day 12pm Christmas Lunch 2pm Christmas Reminiscing & Movie 	26 Boxing Day 9:30am Chair Aerobics 10:15am Morning Tea 11am Trivia/ Walks 2pm Movie Matinee 3:30pm Gentle Music	27 9:30am Friday Funday/ Men's Gym 10:15am Morning Tea 11am Cards Club/ Walks 2pm Friday Social (Magnolia) / Bingo	28 12 pm Meal Assist Residents Choice 2pm 3pm Sing-Along	29 12 pm Meal Assist Residents Choice 2pm 3pm Sing-Along
30 9:30am Chair Aerobics 10:15am Morning Tea 11am New Year's Craft 2pm Bingo 3:30pm Individual Visits	31 New Year's Eve 9:30am Chair Aerobics 10:15am Morning Tea 11am Nails/ Walks 2pm New Year's Eve Social					