

### 2025 ROSEWOOD ACTIVITY CALENDAR

## Citrus and Magnolia

### **FEBRUARY**



### **MONDAY TUESDAY** WEDNESDAY **THURSDAY**

**SATURDAY** 

**SUNDAY** 

- Quiet Hour is every day between lpm and 2pm.
- Lifestyle Activities are subject to change without notice due to staffingand foreseen circumstances.
- Walks are subject to temperature and weather conditions.
- Should we get Covid in our home it will have a significant impact on our Lifestyle program.
- There are often individual activities running in the background.



10:15am Morning Tea 10:30am Resident's Choice ll:30am Individual **Visits** 

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Tea 10:30am Word Games\ Time in the Garden II:30am Individual **Visits** 

10:15am Morning



9:30am Chair **Aerobics** 10:15am Morning Tea 10:30am Chinese **Themed** Crafts 2pm Bingo 3:30pm Heart 2 Heart



### Resident Meeting

9:30am Chair Aerobics 10:15 am Morning Tea Resident llam Meeting (Citrus) / Paint N Sip 2pm



9:30am Morning Tea 10:30am Chinese **Prosperity** Salad Toss 2pm Men's Club/ Documentary Pet Therapy 3:30pm Heart 2 Heart



9:30am Chair **Aerobics** 10:15am Morning Tea llam Asian Zodiac Memory Games Bowls 2pm 3:30pm Heart 2 Heart



9:30am Friday **Funday** 10:15am Morning Tea Cards Club/ llam **Word Games** or Walks Bingo 2pm 3:30pm Heart 2 Heart



10:15am Morning Tea 10:30 am Resident's Choice ll:30am Individual **Visits** 



Tea 10:30am Word Games\ Time in the Garden II:30am Individual **Visits** 

10:15am Morning



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Aerobics 10:15am Morning Tea 10:30am Valentines Art N Craft 2pm Bingo	Aerobics 10:15 am Morning Tea Ilam Nail Care/	Aerobics 10:15am Morning Tea Ilam Orthodox Service (Magnolia)/ Word Games 2pm Cooking	Club / Documentary 3:30pm Heart 2 Heart	Ilam Cards Člub/ Valentines Bingo 2pm Valentines Day Social/ Bingo	I0:15am Morning Tea I0:30am Resident's Choice II:30am Individual Visits	I0:I5am Morning Tea I0:30am Word Games\ Time in the Garden II:30am Individual Visits  23 I0:I5am Morning
Aerobics 10:15am Morning Tea	Aerobics 10:15 am Morning Tea Ilam Nail Care/ Pet Therapy 2pm Birthday Party	Aerobics 10:15am Morning Tea Ilam Catholic Service/	Aerobics	Funday 10:15am Morning Tea Ilam Cards Club/ Word Games or Walks 2pm Bingo 3:30pm Heart 2 Heart	Tea 10:30am Resident's Choice	Tea I0:30am Word Games\ Time in the Garden II:30am Individual Visits
9:30am Chair Aerobics 10:15am Morning Tea 10:30am Arts N Craft 2pm Bingo 3:30pm Heart 2 Heart	9:30am Yoga/Chair Aerobics 10:15 am Morning Tea 10:30am Global Word Quiz 3:30pm Heart to Heart	Ilam Memory Games 2pm Men's Club/	9:30am Chair Aerobics 10:15am Morning Tea Ilam Word Games 2pm Basketball 3:30pm Individual Visits	9:30am Friday Funday 10:15am Morning Tea Ilam Cards Club/ Word Games or Walks 2pm Friday Social/ Bingo 3:30pm Heart 2 Heart		Valetine