



# 2025 ROSEWOOD ACTIVITY CALENDAR

## Olive and Jacaranda

### FEBRUARY



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY							
<ul style="list-style-type: none"> <li>• Quiet Hour is every day between 1pm and 2pm.</li> <li>• Lifestyle Activities are subject to change without notice due to staffing and foreseen circumstances.</li> <li>• Walks are subject to temperature and weather conditions.</li> <li>• Should we get Covid in our home it will have a significant impact on our Lifestyle program.</li> <li>• There are often individual activities running in the background.</li> </ul>												1		2					
												12 pm		Meal Assist		12 pm		Meal Assist	
												2pm		Resident's Choice		2pm		Resident's Choice	
												3pm		Sing-Along		3pm		Sing-Along	
3		4 Resident Meeting		5		6		7		8		9							
9:30am Chair		9:30am Chair		9:30am Morning Tea		9:30am Chair		9:30am Friday		12 pm		12 pm							
Aerobics		Aerobics		10:30am Chinese		Aerobics/		Funday		2pm		2pm							
10:15am Morning Tea		10:15 am Morning Tea		Prosperity		Walks		10:15am Morning Tea		3pm		3pm							
10:30am Chinese Themed Crafts		11am Resident Meeting (Citrus) / Pet Therapy / Sorting		Bag Toss / Sorting		10:15am Morning Tea		11am Cards Club/ Table Games											
2pm Bingo		2pm Paint N Sip		2pm Men's Club/ Sensory Activities		11am Memory Games / Art		2pm Bingo											
3:30pm Music Concert with Nail Care		3:30pm Music Concert with Nail Care		3:30pm Music Reminiscing		2pm Balloon Tennis		3:30pm Heart 2 Heart											



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>10</b> 9:30am Chair Aerobics 10:15am Morning Tea 10:30am <b>Valentines Art N Craft</b> 2pm Bingo 3:30pm Music Concert with Gentle Hand Massages	<b>11 Motion by the Ocean</b> 9:30am Yoga/Chair Aerobics 10:15 am Morning Tea 11am Nail Care/ Pet Therapy 2pm Music & Bubbles 3:30pm Singalong with Nail Care	<b>12 Orthodox Service</b> 9:30am Chair Aerobics 10:15am Morning Tea 11am <b>Orthodox Service (Magnolia)/</b> Word Games 2pm Cooking 3pm Housekeeping with Gentle Music	<b>13</b> 9:30am Chair Aerobics / Walks 10:15am Morning Tea 11am <b>Conversation Hearts Game</b> / Sorting 2pm Knitting Club / Doll Therapy / Singalong	<b>14 Valentines Day</b> 9:30am Friday Funday 10:15am Morning Tea 11am Cards Club/ <b>Valentines Bingo</b> 2pm <b>Valentines Day Social/</b> Bingo 3:30pm Music Concert with Gentle Hand Massages	<b>15</b> 12 pm Meal Assist 2pm Resident's Choice 3pm Sing-Along	<b>16</b> 12 pm Meal Assist 2pm Resident's Choice 3pm Sing-Along
<b>17 Library Books</b> 9:30am Chair Aerobics 10:15am Morning Tea 10:30am Arts N Craft 2pm Bingo 3:30pm Music Concert with Gentle Hand Massages	<b>18</b> 9:30am Chair Aerobics 10:15 am Morning Tea 11am Nail Care/ Pet Therapy 2:15pm Movie 3:30pm Singalong with Nail Care	<b>19 Catholic Service</b> 9:30am Chair Aerobics 10:15am Morning Tea 11am <b>Catholic Service/</b> Word Games 2pm Cooking 3:30pm Gentle Music with Hand Massages	<b>20</b> 9:30am Chair Aerobics 10:15am Morning Tea 11am <b>Let's Talk about Chocolate</b> 2pm Chair Hockey 3:30pm Individual Visits	<b>21</b> 9:30am Friday Funday 10:15am Morning Tea 11am Cards Club/ Word Games or Walks 2pm Bingo 3:30pm Music & Lyrics	<b>22</b> 12 pm Meal Assist 2pm Resident's Choice 3pm Sing-Along	<b>23</b> 12 pm Meal Assist 2pm Resident's Choice 3pm Sing-Along
<b>24</b> 9:30am Chair Aerobics 10:15am Morning Tea 10:30am Arts N Craft 2pm Bingo 3:30pm Heart 2 Heart	<b>25 Birthday Party</b> 9:30am Yoga/Chair Aerobics 10:15 am Morning Tea 11am Nail Care/ Pet Therapy 2pm <b>Birthday Party</b>	<b>26</b> 9:30am Chair Aerobics 10:15am Morning Tea 11am <b>Memory Games</b> 2pm Men's Club/ Documentary 3:30pm Resident Choice	<b>27</b> 9:30am Chair Aerobics 10:15am Morning Tea 11am Word Games 2pm Basketball 3:30pm <b>Musical Reminiscing</b>	<b>28</b> 9:30am Friday Funday 10:15am Morning Tea 11am Cards Club/ Word Games or Walks 2pm Friday Social/ Bingo 3:30pm Music & Lyrics		