



# 2025 ROSEWOOD ACTIVITY CALENDAR

## Citrus and Magnolia

### MARCH




MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p><b>31</b></p> <p>9:30am Chair Aerobics</p> <p>10:15am Morning Tea Discussion</p> <p>10:30am Arts N Craft</p> <p>2pm Bingo</p> <p>3:30pm Heart 2 Heart</p>	<ul style="list-style-type: none"> <li>Lifestyle Activities are subject to change without notice due to staffing &amp; other unforeseen circumstances.</li> <li>Should we get Covid in our home it will have a significant impact on our Lifestyle program.</li> <li>There are often Individual Activities running in the background.</li> <li>Walks subject to temperature and weather conditions.</li> <li>Activities in this colour are only for that floor.</li> <li>Activities in this colour are a little special.</li> <li>Yoga is every 2nd and 4th Tuesday.</li> <li>Knitting is on every 2nd Monday.</li> <li>This activity is tentatively in place and whether it goes ahead will be determined by our outbreak situation.</li> <li>Activities in this colour are not on every week.</li> </ul>	<p>More than 7.5 million people have migrated to Australia since 1945</p>			<p><b>1</b></p> <p>10:15am Morning Tea</p> <p>10:30am Outdoor Activities</p> <p>11:30am Individual Visits</p>	<p><b>2</b></p> <p>10:15am Morning Tea</p> <p>10:30am Outdoor Activities</p> <p>11:30am Individual Visits</p>
<p><b>HARMONY WEEK</b> EVERYONE BELONGS • HARMONY.GOV.AU</p>						
<p><b>3</b> Labour Day</p> <p>9:30am Chair Aerobics</p> <p>10:15am Morning Tea Discussion</p> <p>10:30am Arts N Craft</p> <p>2pm Bingo</p> <p>3:30pm Heart 2 Heart</p>	<p><b>4</b> Shrove Tuesday</p> <p>9:30am Chair Aerobics</p> <p>10:15 am Morning Tea with Pancakes</p> <p>2pm Armchair Travel to Denmark</p>	<p><b>5</b> Uniting Church Service</p> <p>9:30am Chair Aerobics</p> <p>10:15am Morning Tea Discussion</p> <p>11am Nail Care</p> <p>11am Uniting Church Service</p> <p>2pm Food Focus Group</p> <p>2:30pm Movie</p>	<p><b>6</b> Cafe Visit</p> <p>9:30am Chair Aerobics</p> <p>10:15am Morning Tea Discussion</p> <p>11am Sing-Along</p> <p>2pm Bingo</p> <p>3:30pm Heart 2 Heart</p>	<p><b>7</b></p> <p>9:30am Friday Funday</p> <p>10:15am Morning Tea Discussion</p> <p>11am Cards Club/ Word Games or Walks</p> <p>2pm Friday Social</p>	<p><b>8</b> International Women's Day</p> <p>10:15am Morning Tea Discussion</p> <p>10:30am Craft/ Resident's Choice</p> <p>11:30am Individual Visits</p>	<p><b>9</b></p> <p>10:15am Morning Tea Discussion</p> <p>10:30am Resident's Choice</p> <p>11:30am Individual Visits</p>



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# MARCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>10 Library Books</b> 9:30am Chair Aerobics 10:15am Morning Tea Discussion 10:30am Art N Craft 2pm Bingo 3:30pm Heart 2 Heart	<b>11 Resident Meeting</b> 9:30am <b>Yoga/Chair Aerobics - Aranmore Kids</b> 10:15 am Morning Tea Discussion 11am <b>Resident Meeting (Citrus)</b> 2pm <b>Paint N Sip</b>	<b>12 Orthodox Service</b> 9:30am Chair Aerobics 10:15am Morning Tea Discussion 11am <b>Orthodox Service (Magnolia)/ Memory Game</b> 2pm <b>Knitting</b> 3pm Housekeeping	<b>13</b> 9:30am Chair Aerobics 10:15am Morning Tea Discussion 11am <b>St Patrick's Fun Facts</b> 2pm Bingo 3:30pm Heart 2 Heart	<b>14</b> 9:30am Friday Funday 10:15am Morning Tea Discussion 11am Cards Club/ Walks 2pm <b>St Patrick's Day Social</b> 	<b>15</b> 10:15am Morning Tea 10:30am Outdoor Activities 11:30am Individual Visits	<b>16</b> 10:15am Morning Tea 10:30am Outdoor Activities 11:30am Individual Visits
<b>17 St Patrick's Day</b> 9:30am Chair Aerobics 10:15am Morning Tea Discussion 10:30am Arts N Craft 2pm Bingo 3:30pm Heart 2 Heart	<b>18 Birthday Party</b> 9:30am Chair Aerobics 10:15 am Morning Tea Discussion 11am Nail Care/ Pet Therapy 2pm <b>Birthday Party</b>	<b>19 Catholic Service</b> 9:30am Chair Aerobics 10:15am Morning Tea Discussion 11am <b>Catholic Service/ Word Games</b> 2pm <b>Cooking</b> 3:30pm Heart 2 Heart	<b>20</b> 9:30am Chair Aerobics 10:15am Morning Tea Discussion 11am <b>Harmony Day Activities</b> 2pm Bingo 3:30pm Individual Visits	<b>21 Harmony Day</b> 9:30am Friday Funday 10:15am Morning Tea Discussion 11am Cards Club/ Word Games or Walks 2pm <b>Harmony Social</b>	<b>22</b> 10:15am Morning Tea 10:30am Craft/ Resident's Choice 11:30am Individual Visits	<b>23</b> 10:15am Morning Tea 10:30am Word Games/ Time in the Garden 11:30am Individual Visits
<b>24</b> 9:30am Chair Aerobics 10:15am Morning Tea Discussion 10:30am Arts N Craft 2pm Bingo 3:30pm Heart 2 Heart	<b>25</b> 9:30am Yoga/Chair Aerobics 10:15 am Morning Tea Discussion 10:30am Resident's Choice 3:30pm Heart to Heart	<b>26</b> 9:30am Chair Aerobics 10:15am Morning Tea Discussion 11am <b>Memory Games</b> 2pm Men's Club/ Documentary	<b>27</b> 9:30am Chair Aerobics 10:15am Morning Tea Discussion 11am Sing-Along 2pm Bingo 3:30pm Heart 2 Heart	<b>28</b> 9:30am Friday Funday 10:15am Morning Tea Discussion 11am Cards Club/ Word Games or Walks 2pm Friday Social	<b>29</b> 10:15am Morning Tea 10:30am Resident's Choice/ Easter Craft 11:30am Individual Visits	<b>30</b> 10:15am Morning Tea 10:30am Word Games/ Easter Craft 11:30am Individual Visits