

2025 ROSEWOOD ACTIVITY CALENDAR

Mainstream

APRIL

Hop to It! Come Find Me!

> Love, Rosie Rabbit



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	9:30am Individual Visits IOam Exercises Ilam Art and Craft I0:45am Anglican Service L4 Ilam Art and Craft Ilam Gym Balmoral II.30am Squires - Banquet Room by Invitation I:30pm Quiet Time 2pm Movie & Ice- Cream	9:30am Individual Visits 9:45am Bus Outing Balmoral IOam Exercises Ilam Sing Along Ilam Gym Kensington I:30pm Quiet Time 2pm Hand Pamper with Tranquil Music 2pm Gym Waterford	IOam Exercises Ilam Quiz-word starting with letter Ilam Gym Windsor 1:30pm Quiet Time	9:30am Individual Visits IOam Fun Exercises IIam Bingo IIam Gym Balmoral I:30pm Quiet Time I:45pm Rosie's with Mrs. Accordian 2pm Gym Waterford	10:15am Tea & Talk Ilam Yoga Stretch & Music 1:30pm Quiet Time 2pm Quiz / Whiteboard Games 3pm Sing it Out	l0:15am Fun Exercises l1:30am Songs of Praise l:30pm Quiet Time 2pm Documentary 3pm Colouring In/I:I Walk/Chat
9:30am Individual Visits IOam Exercises Ilam Quiz/Walk Ilam Gym Kensington I:30pm Quiet Time 2pm Bingo 2pm Gym Windsor	9:30am Individual Visits IOam Exercises I0:50am Yoga L4 Ilam Art and Craft Ilam Gym Balmoral I:30pm Quiet Time 2pm People Who Changed the World	9:30am Individual Visit 9:45am Bus Outing Windsor IOam Exercises Ilam Sing Along Ilam Gym Kensington I:30pm Quiet Time 2pm Hand Waxing with Tranquil Music 2pm Gym Waterford	9:30am Individual Visits IOam Exercises Ilam Walk or Quiz Ilam Gym Windsor I:30pm Quiet Time 2pm Board or Floor Games 2pm Art & Craft with Jody L4	Derek Tobaris	IO:15am Tea & Talk Ilam Yoga Stretch & Music I:30pm Quiet Time 2pm Quiz / Whiteboard Games 3pm Sing it Out	IO:15am Fun Exercises II:30am Songs of Praise I:30pm Quiet Time 2pm YouTube concert 2pm Piano Concert with Yuko 3pm Colouring In/I:I Walk/Chat



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APRIL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
IOam Exercises Ilam Quiz or Walk	9:30am Individual Visits IOam Exercises I0:50am Global Quiz Ilam Easter Art and Craft Ilam Gym Balmoral I:30pm Quiet Time 2pm Board or Floor Game	9:30am Individual Visits IOam Exercises IOam Bus Outing - Lunch IIam Gym Kensington I:30pm Quiet Time 2pm Hand Pamper with Tranquil Music 2pm Gym Waterford	WellingBeing L4 Ilam Gym Windsor I:30pm Quiet Time 2pm Easter Egg	llam Jigsaw/Board	Ilam Yoga Stretch & Music I:30pm Quiet Time 2pm Quiz / Whiteboard Games 3pm Sing it Out	20 Easter Sunday 10:15am Fun Exercises 11:30am Songs of Praise 11:30pm Quiet Time 2pm Documentary 3pm Colouring In/1:1 Walk/Chat
9:30am Individual Visits IOam Exercises Ilam Quiz or Walk Ilam Gym Kensington I:30pm Quiet Time 2pm Bingo 2pm Gym Windsor	IOam Exercises IIam Art and Craft IIam Gym Balmoral I2pm Blokes - by Invitation Balcony L2 I:30pm Quiet Time	2pm Gym Waterford	I0:30am Anzac Day Service Ilam Gym Windsor I:30pm Quiet Time 2pm Travel to Japan L4 2pm Board or Floor Games	I:30pm Quiet Time I:45pm Rosies on your Floor ~ Sing Along and Celebrating Birthdays 2pm Gym Waterford	Ilam Yoga Stretch & Music I:30pm Quiet Time 2pm Quiz / Whiteboard Games 3pm Sing it Out	10:15am Fun Exercises 11:30am Songs of Praise 1:30pm Quiet Time 2pm Documentary 3pm Colouring In/I:1 Walk/Chat
28	29	30 Bus Outing	Litestyle Activities are si unforeseen circumstance	ubject to change without notic es.	ce due to staffing & other)

9:30am Individual Visits 10am Exercises Ilam Quiz/Walks Ilam Speaking French Ilam Art and Craft with Sylvia L4 Ilam Gym Kensington I:30pm Quiet Time 1:30pm Quiet Time 2pm Art & Craft with Jody L4

2pm Gym Windsor

2pm Bingo

9:30am Individual Visits 9:30am Individual Visits 10am Exercises 10:50am Yoga L4 **Ilam** Gym Balmoral

2pm Movie & Ice-Cream 9:45am Bus Outing -Waterford

10am Exercises Sing Along llam llam Residents Meeting L4

llam Gym Kensington 1:30pm Quiet Time 2pm Hand Waxing with **Tranquil Music**

- Should we get Covid in our home it will have a significant impact on our Lifestyle program.
- There are often Individual Activities running in the background.
- Walks subject to temperature and weather conditions.
- Activities in this colour are only for that floor.
- Activities in this colour are a little special.
- Yoga is every 2nd and 4th Tuesday.
- Knitting is on every 2nd Monday.
- This activity is tentatively in place and whether it goes ahead will be determined by our outbreak situation.

2pm Gym Waterford • Activities in this colour are not on every week.

