



# 2025 ROSEWOOD ACTIVITY CALENDAR

## Waterford

### APRIL

**Hop to It!  
Come Find Me!**

*Love,  
Rosie Rabbit*



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	<p><b>1</b> <b>Library Books</b></p> <p>9:30am Individual Visits 10am Exercises 11am Art and Craft 10:45am <b>Anglican Service L4</b> 1:30pm Quiet Time 2pm <b>Music Appreciation</b> 3:30pm Dance it Out</p>	<p><b>2</b></p> <p>9:30am Individual Visits 10am Exercises 11am Sing Along 1:30pm Quiet Time 2pm Hand Pamper/Hand Waxing with Tranquil Music 2pm <b>Gym Waterford</b> 3:30pm Dance it Out</p>	<p><b>3</b></p> <p>9:30am Individual Visits 10am Exercises 11am Word Quiz 1:30pm Quiet Time 2pm <b>Sip and Paint with Lorna</b> 2pm Board or Floor Game 3:30pm Dance it Out</p>	<p><b>4</b></p> <p>9:30am Individual Visits 10am Exercises/Walks 11am Bingo 1:30pm Quiet Time 1:45pm <b>Rosie's with Mrs. Accordion</b> 2pm <b>Gym Waterford</b> 3:30pm Dance it Out</p>	<p><b>5</b></p> <p>10:15am Tea &amp; Talk 11am Exercise Group 1:30pm Quiet Time 2pm Quiz/Whiteboard Games 3pm Dance It Out 3:40pm Listening to Beautiful Hymns 4:30pm Seated Yoga 5:30pm Colouring In/! Walks/Chats/Tranquil Music</p>	<p><b>6</b></p> <p>10:15am Fun Exercises 11:30am Songs of Praise 1:30pm Quiet Time 2pm Gross Motor Games 3pm Dance It Out 3:40pm Table Games 4:30pm Seated Yoga 5:30pm Colouring In/! Walks/Chats/Tranquil Music</p>
<p><b>7</b></p> <p>9:30am Individual Visits 10am Exercises 11am Quiz/Walk 1:30pm Quiet Time 2pm Bingo 3:30pm Dance it Out</p>	<p><b>8</b></p> <p>9:30am Individual Visits 10am Exercises 10:50am <b>Yoga L4</b> 11am Art and Craft 1:30pm Quiet Time 2pm Floor Game 3:30pm Dance it Out</p>	<p><b>9</b> <b>Bus Outing</b></p> <p>9:30am Individual Visit 10am Exercises 11am Sing Along 1:30pm Quiet Time 2pm <b>Cooking</b> 2pm <b>Gym Waterford</b> 3:30pm Dance it Out</p>	<p><b>10</b></p> <p>9:30am Individual Visits 10am Exercises 11am Quiz 1:30pm Quiet Time 2pm Board or Floor Games 2pm <b>Art &amp; Craft with Jody L4</b> 3:30pm Dance it Out</p>	<p><b>11</b></p> <p>9:30am Individual Visits 10am Games/Walks 11am Bingo 1:30pm Quiet Time 1:45pm <b>Rosie's with Derek Tobaris</b> 2pm <b>Gym Waterford</b></p>	<p><b>12</b></p> <p>10:15am Tea &amp; Talk 11am Exercise Group 1:30pm Quiet Time 2pm Quiz/Whiteboard Games 3pm Dance It Out 3:40pm Listening to Beautiful Hymns 4:30pm Seated Yoga 5:30pm Colouring In/! Walks/Chats/Tranquil Music</p>	<p><b>13</b></p> <p>10:15am Fun Exercises 11:30am Songs of Praise 1:30pm Quiet Time 2pm <b>Piano Concert with Yuko</b> 2pm Documentary 3pm Dance It Out 3:40pm Table Games 4:30pm Seated Exercise 5:30pm Colouring In/! Walks/Chats/Tranquil Music</p>



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
<b>14</b> 9:30am Individual Visits 10am Exercises 11am Quiz or Walk 1:30pm Quiet Time 2pm Bingo 3:30pm Dance it Out	<b>15</b> 9:30am Individual Visits 10am Exercises 11am <b>Easter Art and Craft</b> 1:30pm Quiet Time 2pm Floor Game 3:30pm Dance it Out	<b>16</b> <b>Bus Outing</b> 9:30am Individual Visits 10am Exercises 10am <b>Bus Outing - Lunch</b> 11am Sing Along 1:30pm Quiet Time 2pm <b>Sensory Activity</b> 2pm <b>Gym Waterford</b> 3:30pm Dance it Out	<b>17</b> <b>Easter Celebration</b> 9:30am Individual Visits 10am Fun Exercises 11am Word Find 10:50am <b>Ballet4</b> <b>WellingBeing L4</b> 1:30pm Quiet Time 2pm Gross Motor Activity 2pm <b>Easter Egg Hunt &amp; Afternoon Tea</b> 3:30pm Dance it Out	<b>18</b> <b>Good Friday</b> 9:30am Individual Visits 10am Exercises/Walk 11am <b>Good Friday Rosary by Maria</b> 11am Jigsaw/Board Games 1:30pm Quiet Time 1:45pm <b>The Passion of Christ Movie</b> 2pm <b>Gym Waterford</b> 3:30pm Dance it Out	<b>19</b> 10:15am Tea & Talk 11am Exercise Group 1:30pm Quiet Time 2pm Quiz/Whiteboard Games 3pm Dance It Out 3:40pm Listening to Beautiful Hymns 4:30pm Seated Yoga 5:30pm Colouring In/!l Walks/Chats/Tranquil Music	<b>20</b> <b>Easter Sunday</b> 10:15am Fun Exercises 11:30am Songs of Praise 1:30pm Quiet Time 2pm <b>Easter Documentary</b> 3pm Dance It Out 3:40pm Table Games 4:30pm Seated Exercise 5:30pm Colouring In/!l Walks/Chats/Tranquil Music	
<b>21</b> <b>Easter Monday</b> 9:30am Individual Visits 10am Exercises 11am Quiz or Walk 1:30pm Quiet Time 2pm Bingo 3:30pm Dance it Out	<b>22</b> 9:30am Individual Visits 10am Exercises 11am Art and Craft 12pm <b>Blokes - by Invitation Balcony L2</b> 1:30pm Quiet Time 2pm Floor Game ~ Bowling 3:30pm Dance it Out	<b>23</b> <b>Bus Outing</b> 9:30am Individual Visits 10am Exercises 11am Sing Along 11am <b>Food Focus Meeting</b> 1:30pm Quiet Time 2pm Board Game/ Jigsaw 2pm <b>Gym Waterford</b> 3:30pm Dance it Out	<b>24</b> <b>Anzac Day Service</b> 9:30am Individual Visits 10am <b>Anzac Day Service</b> 11am Reminiscing 1:30pm Quiet Time 2pm <b>Travel to Japan L4</b> 2pm Gross Motor Activity 3:30pm Dance it Out	<b>25</b> <b>Anzac Day</b> 9:30am Individual Visits 10am Anzac Memorial Service on TV 11am Bingo 11am <b>Greek Orthodox Service L4</b> 1:30pm Quiet Time 1:45pm <b>Rosies on your Floor ~ Sing Along and Celebrating Birthdays</b> 2pm <b>Gym Waterford</b>	<b>26</b> 10:15am Tea & Talk 11am Exercise Group 1:30pm Quiet Time 2pm Quiz/Whiteboard Games 3pm Dance It Out 3:40pm Listening to Beautiful Hymns 4:30pm Seated Yoga 5:30pm Colouring In/!l Walks/Chats/Tranquil Music	<b>27</b> 10:15am Fun Exercises 11:30am Songs of Praise 1:30pm Quiet Time 2pm <b>Movie &amp; Ice-Cream</b> 3pm Dance It Out 3:40pm Table Games 4:30pm Seated Exercise 5:30pm Colouring In/!l Walks/Chats/Tranquil Music	
<b>28</b> 9:30am Individual Visits 10am Exercises 11am <b>Speaking French with Sylvia L4</b> 11am Quiz/Walks 1:30pm Quiet Time 2pm Bingo 2pm <b>Art &amp; Craft with Jody L4</b> 3:30pm Dance it Out	<b>29</b> 9:30am Individual Visits 10am Exercises 10:50am <b>Yoga L4</b> 11am Art and Craft 1:30pm Quiet Time 2pm Floor Game 3:30pm Dance it Out	<b>30</b> <b>Bus Outing</b> 9:30am Individual Visits 9:45am <b>Bus Outing - Waterford</b> 10am Exercises 11am <b>Residents Meeting L4</b> 11am Sing Along 1:30pm Quiet Time 2pm Board Game/ Hand Pamper 2pm <b>Gym Waterford</b> 3:30pm Dance it Out	<ul style="list-style-type: none"> <li>• Lifestyle Activities are subject to change without notice due to staffing &amp; other unforeseen circumstances.</li> <li>• Should we get Covid in our home it will have a significant impact on our Lifestyle program.</li> <li>• There are often Individual Activities running in the background.</li> <li>• Walks subject to temperature and weather conditions.</li> <li>• <b>Activities in this colour are only for that floor.</b></li> <li>• <b>Activities in this colour are a little special.</b></li> <li>• Yoga is every 2nd and 4th Tuesday.</li> <li>• Knitting is on every 2nd Monday.</li> <li>• <b>This activity is tentatively in place and whether it goes ahead will be determined by our outbreak situation.</b></li> <li>• <b>Activities in this colour are not on every week.</b></li> </ul>				