



2025 ROSEWOOD ACTIVITY CALENDAR

Mainstream

MAY



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<ul style="list-style-type: none"> • Lifestyle Activities are subject to change without notice due to staffing & other unforeseen circumstances. • Should we get Covid in our home it will have a significant impact on our Lifestyle program. • There are often Individual Activities running in the background. • Walks subject to temperature and weather conditions. • Activities in this colour are only for that floor. • Activities in this colour are a little special. • Yoga is every 2nd and 4th Tuesday. • Knitting is on every 2nd Monday. • This activity is tentatively in place and whether it goes ahead will be determined by our outbreak situation. • Activities in this colour are not on every week. 			<p>1</p> <p>9:30am Individual Visits 10am Exercises 11am Quiz 11am Gym Windsor 1:30pm Quiet Time 2pm Board or Floor Game 2pm Sip and Paint with Lorna</p>	<p>2</p> <p>9:30am Individual Visits 10am Fun Exercises 11am Bingo 11am Gym Balmoral 1:30pm Quiet Time 1:45pm Rosie's with Peter Beanham 2pm Gym Waterford</p>	<p>3</p> <p>10:15am Tea & Talk 11am Yoga Stretch & Music 1:30pm Quiet Time 2pm Quiz / Whiteboard Games 3pm Sing it Out</p>	<p>4</p> <p>10:15am Fun Exercises 11:30am Songs of Praise 1:30pm Quiet Time 2pm Gross Motor Games 3pm Colouring In/! Walk/Chat</p>
<p>5</p> <p>9:30am Individual Visits 10am Exercises 11am Quiz/Walk 11am Gym Kensington 11am Knitting Group L1 1:30pm Quiet Time 2pm Bingo 2pm Gym Windsor</p>	<p>6</p> <p>9:30am Individual Visits 10am Exercises 10:50am Yoga L4 11am Mother's Day Art and Craft 10:45am Anglican Service L4 11am Gym Balmoral 11:30am Squires - Banquet Room by Invitation 1:30pm Quiet Time 2pm Documentary</p>	<p>7 Bus Outing</p> <p>9:30am Individual Visit 9:45am Bus Outing Balmoral 10am Exercises 11am Sing Along 11am Gym Kensington 1:30pm Quiet Time 2pm Hand Pamper with Tranquil Music 2pm Gym Waterford</p>	<p>8</p> <p>9:30am Individual Visits 10am Exercises 11am Quiz-word starting with the Letter 11am Gym Windsor 1:30pm Quiet Time 2pm Cooking</p>	<p>9 Mother's Day Celebration</p> <p>9:30am Individual Visits 10am Fun Exercises 11am Bingo 11am Gym Balmoral 1:30pm Quiet Time 1:45pm Mother's Day Celebration ~ Afternoon Tea L4 2pm Gym Waterford</p>	<p>10</p> <p>10:15am Tea & Talk 11am Yoga Stretch & Music 1:30pm Quiet Time 2pm Quiz / Whiteboard Games 3pm Sing it Out</p>	<p>11 Mother's Day</p> <p>10:15am Fun Exercises 11:30am Songs of Praise 1:30pm Quiet Time 2pm Gross Motor Games 3pm Colouring In/! Walk/Chat</p>



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
12 International Nurses Day 9:30am Individual Visits 10am Exercises 11am Quiz or Walk 11am Gym Kensington 1:30pm Quiet Time 2pm Bingo 2pm Gym Windsor	13 Library Books 9:30am Individual Visits 10am Exercises 11am Art and Craft 11am Gym Balmoral 1:30pm Quiet Time 2pm People Who Changed the World	14 Bus Outing 9:30am Individual Visits 9:45am Bus Outing - Windsor 10am Exercises 11am Sing Along 11am Gym Kensington 1:30pm Quiet Time 2pm Hand Waxing with Tranquil Music 2pm Jazz with Barney 2pm Gym Waterford	15 9:30am Individual Visits 10am Fun Exercises 11am Walk or Quiz 11am Gym Windsor 1:30pm Quiet Time 2pm Board or Floor Game 2pm Art & Craft with Jody L4	16 9:30am Individual Visits 10am Fun Exercises 11am Bingo 11am Greek Orthodox Service L4 11am Gym Balmoral 1:30pm Quiet Time 1:45pm Rosies with Tony Italiano 2pm Gym Waterford	17 10:15am Tea & Talk 11am Yoga Stretch & Music 1:30pm Quiet Time 2pm Quiz / Whiteboard Games 3pm Sing it Out	18 10:15am Fun Exercises 11:30am Songs of Praise 1:30pm Quiet Time 2pm YouTube Concert 3pm Colouring In/! Walk/Chat
19 Volunteers Week 19-25 May 9:30am Individual Visits 10am Exercises 11am Quiz or Walk 11am Gym Kensington 11am Knitting Group L1 1:30pm Quiet Time 2pm Bingo 2pm Gym Windsor	20 9:30am Individual Visits 10am Exercises 10:50am Yoga L4 10:50am Global Quiz 11am Art and Craft 11am Gym Balmoral 1:30pm Quiet Time 2pm Music Appreciation	21 Bus Outing 9:30am Individual Visits 9:45am Bus Outing - Kensington 10am Exercises 11am Sing Along 1:30pm Quiet Time 2pm Hand Pamper with Tranquil Music 2pm Gym Waterford	22 9:30am Individual Visits 10am Exercises 10:50am Ballet4 WellingBeing L4 11am Maths Quiz 11am Gym Windsor 1:30pm Quiet Time 2pm Gardening	23 9:30am Individual Visits 10am Fun Exercises 11am Bingo 11am Gym Balmoral 1:30pm Quiet Time 1:45pm Sing Along at Rosies 2pm Gym Waterford	24 10:15am Tea & Talk 11am Yoga Stretch & Music 1:30pm Quiet Time 2pm Quiz / Whiteboard Games 3pm Sing it Out	25 10:15am Fun Exercises 11:30am Songs of Praise 1:30pm Quiet Time 2pm Gross Motor Games 2pm Piano Concert with Yuko 3pm Colouring In/! Walk/Chat
26 9:30am Individual Visits 10am Exercises 11am Quiz/Walks 11am Speaking French with Sylvia L4 11am Gym Kensington 1:30pm Quiet Time 2pm Bingo 2pm Gym Windsor	27 9:30am Individual Visits 10am Exercises 11am Art and Craft 11am Gym Balmoral 12pm Blokes - by Invitation Balcony L2 1:30pm Quiet Time 2pm Movie & Ice-Cream	28 Bus Outing 9:30am Individual Visits 9:45am Bus Outing - Waterford 10am Exercises 11am Sing Along 11am Residents Meeting L4 11am Gym Kensington 1:30pm Quiet Time 2pm Hand Waxing with Tranquil Music 2pm Gym Waterford	29 9:30am Individual Visits 10am Exercises 11am Word Quiz/Walk 11am Gym Windsor 1:30pm Quiet Time 2pm Board or Floor Game 2pm Travel to India L4	30 Birthdays 9:30am Individual Visits 10am Fun Exercises 11am Bingo 11am Gym Balmoral 1:30pm Quiet Time 1:45pm Rosie's Celebrating Birthday 2pm Gym Waterford	31 10:15am Tea & Talk 11am Yoga Stretch & Music 1:30pm Quiet Time 2pm Quiz / Whiteboard Games 3pm Sing it Out	