

2025 ROSEWOOD ACTIVITY CALENDAR

Citrus and Magnolia

JUNE



MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY SUNDAY



9:30am Chair Aerobics 10:15am Morning Tea

Discussion

Time

10:30am Arts N Craft

2pm Bingo 3pm Sensory • Lifestyle Activities are subject to change without notice due to staffing & other unforeseen circumstances.

- Should we get Covid in our home it will have a significant impact on our Lifestyle program.
- There are often Individual Activities running in the background.
- Walks subject to temperature and weather conditions.
- Activities in this colour are only for that floor.
- Activities in this colour are a little special.
- Yoga is every 2nd and 4th Tuesday.
- Knitting is on every 2nd Monday.
- This activity is tentatively in place and whether it goes ahead will be determined by our outbreak situation.
- Activities in this colour are not on every week.





10:30am Resident Choice II:30am Individual Visits

2 WA Day

Italian
National Day

Library Books

9:30am Chair
Aerobics
10:15am Morning Tea
Discussion
10:30am Arts N
Craft/Word
Games

Bingo/

Visits

Individual

2pm

3

Bus Outing

9:30am Chair
Aerobics/
Year IO
Incursion
Ilam Resident
Meeting
(Citrus)
2pm Armchair
Travel to

Belgium

4

9:30am Chair
Aerobics
10:15am Morning Tea
Discussion
Ilam Uniting
Church /
Individual
Visits
2pm Men's Club
/ Sing

Along

5

Bus Outing

9:30am Chair
Aerobics
10:15am Morning Tea
Discussion /
Walks
Ilam Knitting Club
2pm Bingo/

Bingo/ Invidual Visits 6

9:30am Friday
Funday
10:15am Morning
Tea
Discussion/
Sing Along
2:15pm Friday Social

7

10:30am Craft/ Resident Chocie II:30am Individual Visits 8

10:30am Resident Choice II:30am Individual Visits



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JUNE

| MONDAY | | TUESDAY | | WEDNESDAY | | THURSDAY | | FRIDAY | | SATURDAY | | SUNDAY | |
|--------|------------------------------------------------------------------------------------------|----------------------------------|----------------------------------------------------------------------------------------------------------------------|----------------------------------|----------------------------------------------------------------------------------------------------------|----------------------------------|----------------------------------------------------------------------------------|---------|-----------------------------------------------------------------------------------------------------------|---------------|------------------------------------------------------|---------------------------|--------------------------------------------|
| | Aerobics | IO:I5am | Yoga/Chair Aerobics Morning Tea Discussion Nail Care/Pet Therapy Paint N Sip | | Aerobics | 9:30am I0:I5am Ilam 2pm | Aerobics | IO:I5am | Friday Funday Morning Tea Discussion/ Cake Tasting Card Clubs/ Sing Along Friday Social | | Craft/ Resident Chocie Individual Visits | 15 10:30aml 11:30am | Resident Choice Individual Visits |
| | Chair Aerobics Morning Tea Discussion Arts N Craft/ Word Games Bingo / Individual Visits | | Bus Outing Birthdays Balloon Tennis with Aranmore Kids Morning Tea Discussion Nail Care / Pet Therapy Birthday Party | 9:30am 10:15am Ilam 2pm | Chair Aerobics Morning Tea Discussion Catholic Service / Individual Visits Italian Club /Resident Choice | 9:30am I0:I5am Ilam 2pm | Aerobics | I0:I5am | Friday Funday Morning Tea Discussion Cards Club/ Sing Along Friday Social | 21 10:30am | Resident Chocie | 22 10:30aml II:30am | Resident Choice Individual Visits |
| | Chair Aerobics Morning Tea Discussion Arts N Craft Bingo / Individual Visits | 9:30am I0:I5am Ilam 2pm | Bus Outing Yoga/Year Incursion Morning Tea Discussion | llam | Chair Aerobics Morning Tea Discussion Memory Games /Food Focus Group Men's Club /Resident Choice | | Bus Outing Chair Aerobics Morning Tea Discussion Walks Bingo/ Individual Visits | I0:I5am | Friday Funday Morning Tea Discussion Cheese Tasting Friday Social | | Resident Chocie | 29 10:30aml II:30am | Resident Choice Individual Visits |