



THE ROSEWOOD POST

JUNE 2025 ISSUE

Welcome Home

Hello Residents, Families, Staff and Friends,

We've been keeping spirits high with outings in the sunshine whenever possible. Our goal is to keep everyone connected and active during the winter months, so be sure to get out and about and join in as much as you can! Your neighbours would also love having your company in the dining room.

Curious, Kind & Energetic 4 Year Olds

Connecting from West Perth and Leederville

With winter settling in, the Intergenerational Program with the curious 4-year-olds from the School of Early Learning North Perth has shifted. Instead of relying on Perth's weather and potential outings to the North Perth Community Gardens, the children are now visiting our homes for Rosewood's Home Intergenerational Program. The children's excitement begins with the short Transperth bus ride and walk to our homes.

Hearts melted, smiles widened and joy filled our homes as soon as these curious, kind and bubbly 4-year-olds stepped into the doors.

At first, the kids were a little shy but this quickly changed as everyone enjoyed a game of balloon tennis together and craft activity. With balloons flying back and forth, kids and residents laughed, squealed, engaged in the play and memories were made. The mornings together are a hit! The aim of regular home visits is to continue the connections across the two generations and grow meaningful relationships through play, different engaging activities and familiarity with each other over the coming months.

- CHOCOLATE CAKE
- MEN'S GYM: SOMBREROS AND SUNSHINE
- CANDLES, CAKE & COMMUNITY
- LA DOLCE VITA CLUB ITALIANO
- RESIDENTS VISIT CLEAVER HERITAGE CAFE WITH FRIENDS
- ROSEWOOD'S GROWING VOLUNTEER PROGRAM



Ian shared his very own illustrated storybook with the children ~ flipping through the pages with curiosity and awe @West Perth



Lovely Rona sang to the children as they coloured @Leederville

Neighbourhood News from LEEDERVILLE

WELCOME TO ROSEWOOD 🌿 · En (Gr) · Brian (Gr) · Pearl (2nd) · Ruth (2nd) · Pamela (2nd) · David (Gr)

Chocolate Cake

Cooking within our home is a shared experience that fosters lovely social interaction, purpose and a wonderful way to engage the senses. For some, cooking can evoke cherished memories, whether it's a favorite childhood dish or a family recipe. Cooking regularly and thoughtfully adds a homely touch and a delicious tasting experience.



Laurie mashing the potato



Maggie pleased with the bake!



Valerie mashing and mixing

Men's Gym: Sombreros & Sunshine

Who says workouts can't be fun? At this men's gym session, the energy was high and so was the style! Under the warm sunshine, our gentlemen brought their sense of humor (and a few sombreros) to the workout floor. Whilst stretching and seated movement, the sombreros added a festive flair. After all, fitness is about both physical health and belly laughs for enhancing mental health. Here's to more sessions with a change of scenery and mood-boosting fun! Fingers crossed for sunshine!



Pat with the men! Working out or having a party?! You decide



Candles, Cake & Community!

Each month, we come together to celebrate the birthdays and milestones of our residents with a joyful party – complete with a big, shared cake, candles to wish upon and plenty of smiles. Surrounded by cake, candles and companions, these celebrations are a heartfelt reminder that every resident is cherished and valued by the Rosewood community. It's a special and fun gathering to honour those having birthdays and bring everyone together in the spirit of joy and connection.

Happy Birthday Joy!
96 wonderful years celebrated!



Neighbourhood News from WEST PERTH

WELCOME TO ROSEWOOD



· Harold (2nd)

· Rose (1st)

· Wendy (2nd)

La Dolce Vita Club Italiano

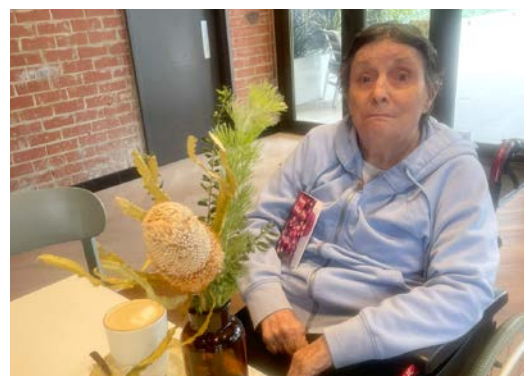
Each week, a special group gathers at home – united by language, culture and a love for all things Italian. The Italian Club offers residents with Italian heritage a warm and welcoming space to reconnect with their roots, share memories and celebrate la bella vita – the beautiful life. Conversations flow easily, often in Italian, as residents chat about their childhoods, family traditions, favourite meals and memorable moments. There's laughter, listening and storytelling that stir fond memories and bring smiles all around. Thank you to Italo-Australian Welfare & Cultural Centre Inc (IAWCC) for supporting the Italian Group at West Perth.



Some of the lovely Italian Club members enjoying the catch up!

Residents Visit to Cleaver Heritage Cafe with Friends

Residents enjoyed a delightful outing to Cleaver Heritage Café, having a barista coffee, sharing good conversation and plenty of smiles with their friends from the home.



Lynette enjoying a barista coffee at Cleaver Heritage Cafe with a table of friends

Rosewood's Growing Volunteer Program

You may have noticed some new faces around the home. That's because our Volunteer Program is growing! Volunteers bring energy, companionship and a joyful and caring helping hand to our community. Sometimes it's spending time with someone for a chat, helping with a hobby or assisting with group activities.



Richard and Xi (Volunteer) enjoying a chat



Gloria and Liz (Volunteer) sharing quality time



This month, on a restful Sunday, Courtney delighted the residents with a beautiful piano concert, sharing her incredible talent @West Perth

Group Activities in Your Home

Connecting from Leederville and West Perth

When the sun graces us with its presence, it's a wonderful opportunity to wrap up warmly and step outside, to enjoy the crisp air and the gentle warmth on our faces. Even brief exposure to natural light can enhance mood, boost energy levels and improve sleep quality.

During the winter months, we continue to engage in a variety of enriching activities within our home. Residents participate in lighthearted competitive gross motor games, quizzes, bingo, singing, dancing, baby nursery time, gym sessions, outdoor walks, bus outings, art and craft projects, cooking, food tastings and cherished regular Friday socials. Continue to come along to all the activities in your home ~ we love having everyone join in the group activities and your resident friends look forward to seeing you!



Aurélien (Ballet4Wellbeing) teaching modified ballet exercises to beautiful music @WestPerth



Ernesto found some sunshine @West Perth



Margaret taking a walk @Leederville



Nancy with Hilina (Lifestyle) @Leederville

What's Happening in July!

Leederville



WINTER SPECIAL



FRIDAY WINTER SOCIAL



WINTER CRAFTING



NEW! ITALIAN CLUB

West Perth



SOCIAL SEWING & KNITTING



ROSIE'S SING ALONG



ART & CRAFT WITH JODY



WASO CONCERT

Printed Rosewood Calendars in our homes and connect on our website @ www.rosewoodcare.org.au

HOME WITH OUR Residents

The Art Within: Beautiful Needle Work

Joan @Leederville

Joan finished a beautiful embroidered tablecloth that captures the essence of her creativity and exquisite design. This work of art features intricate imagery: a cosy farmhouse with a welcoming front gate, idyllic whimsical tree and delicate and pretty floral border. Joan's careful attention to detail and use of harmonious colors brings the design to life, making the tablecloth an eye-catching decoration to talk about. A charming piece Joan gifted to her granddaughter who lives in Canberra.



Eileen @West Perth

Eileen embarked on a crafting journey, using her crochet skills to create something special for herself for the chilly months. The blanket is a beautiful blend of dark purple, light purple and white reflecting Eileen's eye for colour and pattern design. It's soft, inviting texture is cosy and warm. Eileen's handcrafted blanket is a testament to her patience and skill. It's a perfect reminder of the warmth and care that comes from a well made handcrafted creation.



Ashton (Lifestyle): Employee of the Year!



Ashton (Lifestyle) @Leederville
Employee of the Year

Meet Ashton, our well-deserved Employee of the Year! Many of you know Ashton well - he's our superstar who brightens the day with his gentle, funny, kind, caring, thoughtful, professional and patient nature. Always ensuring residents are included, comfortable and supported. A true favourite among the Leederville residents and his colleagues, Ashton's dedication and sincere heart make him an invaluable part of our Rosewood Team. Thank you for all the incredible work you do, Ashton, and congratulations on being Rosewood's Employee of the Year! Enjoy this well-earned honour!



Grace (Receptionist)
@Leederville - Runner Up
Employee of the Year



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MT HAWTHORN WA 6016

WEST PERTH
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WEST PERTH WA 6005

welcome home

The Rosewood Gallery



Excited 4 year olds first visit @Leederville



Calming colouring, uniting generations through artistic expression @Leederville



Can't wait for next visit! @West Perth



Pia handing her baton to a little friend @West Perth



Lots of smiles over balloon tennis @West Perth



Tony and friend chatting @Leederville



Joan looking at her friend's colouring-in @Leederville



Laughter as two generations keep the balloons flying @West Perth



Margaret and Theo side by side, hand in hand @Leederville



Gloria at Sip and Paint @West Perth



Ian, known for his love of painting @West Perth



Norma's bee-autiful masterpiece @West Perth

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