

# THE ROSEWOOD POST

**MARCH 2025 ISSUE** 

### Welcome Home

Hello Residents, Families, Staff and Friends,

Let me introduce you to a month of vibrancy, cherished moments, meaningful interactions - celebrating inclusion and community spirit. Wonderful Harmony Day themed parties with great food and lots of dancing, socialising and fun!

# Harmony Week Celebrations: Everyone Belongs

Connecting from Leederville and West Perth

The residents celebrated Harmony Day at their Friday Socials and a vibrant week of activities bringing everyone together. Harmony Week is the celebration that recognises our diversity and brings together Australians from all different backgrounds. Orange is the colour worn to show support and some residents and staff wore traditional attire to represent and celebrate cultural diversity. Leederville had a vibrant Harmony Day themed Birthday Party!

Winkie with Silvia (Lifestyle Coordinator) @West Perth

#### \*\*\*\*\*\*\* Harmony WEEK \*\*\*\*\*



everyone belongs #h

#harmonyweek

FERRY ACROSS THE SWAN RIVER



MASTERING THE ART OF SUSHI

MAKING GOLDEN
LEBANESE CAKE



Happy Birthday Madeleine @Leederville



Birthday Cake by our talented Kitchen Team @ Leederville

### Neighbourhood News from

### LEEDERVILLE

### Making Golden Lebanese Cake

Rich in tradition, this beloved Lebanese Cake, known as Sfouf is egg-less and gets its beautiful golden hue from turmeric. The residents took turns adding ingredients and stirring over shared stories.











Maggie Margaret

Ingrid

Marie & Christina

### Mastering the Art of Sushi







Ling rolling sushi

Kevin rolling sushi

#### Off to the Park

A stroll in the park is a favourite amongst the residents. For some its a daily independent wander and for others it is a lovely outing with a friend from the home, a carer or family.





Ken in the Local Park

Heather out in the sunshine

### Neighbourhood News from

# WEST PERTH

#### Ferry Across the Swan River

Some beautiful mornings were spent at the end of Mends Street on the South Perth Foreshore enjoying morning tea, people-watching, fresh air, sunshine and birdsong. One lucky group got to pat a gentle golden retriever! As part of the outing, everyone cruised across the Swan River by ferry to Perth and back, taking in the gorgeous views including Elizabeth Quay and our beautiful city skyline.



Eileen waiting for the ferry



lan enjoying people watching



John and his new furry pal

# Celebrating International Women's Day

In the heart of every home, women build a community of strength, encouragement and support.

This lovely photo and moment of beautiful neighbours, lvy and Cecily. Two amazing, strong and kind ladies embracing their friendship and care for one another.



#### A Classic Bake with a Twist

Baking scones was a wonderful baking activity that evoked feelings of nostalgia and warmth. Lots of residents participated and the slight twist of making heart shaped scones was a sweet nod to Valentines Day.



Eleanor baking scones to perfection



Norma cutting heart shaped scones with Kamana (Lifestyle)



### St Patrick's Day Friday Social

Connecting from Leederville and West Perth

We celebrated St. Patrick's Day with Irish charm, luck and laughter!







Madeleine

Laurie, Bill, Daryl and Kevin

Betty with her husband, Bob







### HOME WITH OUR Residents

### Bonjour! Learning French at Home

The monthly French class, led by our talented Lifestyle Coordinator, Sylvia, at West Perth, is always a favourite and draws a fantastic turnout! Held on the 4th floor, it's a friendly, fun and relaxed gathering where everyone feels welcome. If you've been thinking about joining, now's the time – it's a fabulous French experience you won't want to miss!







A delicious spread of cultural delights, prepared with love by the talented Kitchen Team @West Perth

Embracing diversity and cultural inclusiveness as we gear up for a vibrant Harmony Day Friday Social! Ready to celebrate with the wonderful residents @West Perth

A familiar, warm, and friendly face – Aureen, visited to catch up with the residents.



Tracy Harris
Chief Executive Officer



I300 97I 77I info@rosewood.org.au www.rosewoodcare.org.au

# welcome home

armony



Creative group activity Dot Paintings @Leederville



Behija with Rosie (Carer) @West Perth

Graham with his wife, Elizabeth **@West Perth** 



The dance floor is busy at Rosie's Friday Social gathering @West Perth



Debbie adding orange icing to some delicious cupcakes @Leederville

Ailsa - Harmony Day Social

@West Perth



Sylvia (Lifestyle Coordinator) and her partner, Justin, delighted residents with an amazing dance performance @West Perth





Serene dot painting @Leederville



Beautiful dress, Jessie (Lifestyle) at Harmony Day Social @West Perth







