

### 2025 ROSEWOOD ACTIVITY CALENDAR

## Citrus and Magnolia

**AUGUST** 

Want to write a
thank you note for
Aged Care Employee Day?
Ask staff at reception for a card.
Family or staff can help
you write it.



### MONDAY TUESDAY WEDNESDAY THURSDAY

**FRIDAY** 

**SATURDAY** 

#### **SUNDAY**

- Lifestyle Activities are subject to change without notice due to staffing & other unforeseen circumstances.
- Should we get Covid in our home it will have a significant impact on our Lifestyle program.
- There are often Individual Activities running in the background.
- Walks subject to temperature and weather conditions.
- Activities in this colour are only for that floor.
- Activities in this colour are a little special.
- Yoga is every 2nd and 4th Tuesday.
- Knitting is on every 2nd Monday.
- This activity is tentatively in place and whether it goes ahead will be determined by our outbreak situation.
- Activities in this colour are not on every week.





9:30am Friday
Funday
10:15am Morning
Tea
Discussion

Ilam Sing Along/ Cards Club

2:15pm Friday Social

2

Combined in Citrus

10:30am Resident Choice II:45am Individual Visits Combined in Magnolia

10:30am Resident Choice II:45am Individual Visits

4

#### Library Books

9:30am Chair Aerobics 10:15am Morning Tea Discussion 10:30am Quiz/ Reminiscing 2:15pm Bingo/ Individual

**Visits** 



#### **Bus Outing**

9:30am Chair Aerobic 10:15am Morning Tea Discussion Ilam Resident

Meeting (Citrus) 2pm Movie 6

#### Uniting Church

9:30am Chair Aerobics 10:15am Morning Tea Discussion

Ilam Uniting Church 2pm Cooking

7

### Aged Care Employee Day

9:30am Chair

Aerobics 10:15am Morning Tea Discussion

Ilam Word
Games
2pm Bingo/

2pm Bingo/ Invidual Visits 8

### 9:30am Friday Funday

10:15am Morning Tea Discussion

Ilam Sing Along/ Cards Club

2:15pm Friday Social

9

### Combined in Citrus

10:30am Resident Choice II:45am Individual Visits 10

## Combined in Magnolia

10:30am Resident Choice II:45am Individual Visits



# 2025 ACTIVITY CALENDAR • Citrus and Magnolia

## **AUGUST**

| MONDAY  | TUESDAY  | WEDNESDAY  | THURSDAY   | FRIDAY   | SATURDAY               | SUNDAY  |
|---|--|--|--|--|------------------------|---|
| Aerobics  | 9:30am Chair Aerobics  | 9:30am Chair Aerobics  | Aerobics   | 9:30am Friday<br>Funday  | 10:30amResident Choice | Combined in Magnolia  10:30amResident Choice                            |
| Discussion<br>10:30am Quiz/<br>Arts N Craft   | Discussion<br>Ilam Nail Care/<br>Pet Therapy                 |  | Discussion Ilam Word Games 2pm Bingo/ Invidual   | 10:15am Morning Tea Discussion Ilam Sing Along/ Cards Club 2:15pm Friday Social                |                        | ll:45am Individual<br>Visits  |
| 18<br>0.70 Chair  | Bus Outing   | 20 Catholic Service  | 21<br>0.70 Chair   | 22   | Combined in Citrus     | Combined in Magnolia  |
| 9:30am Chair Aerobics 10:15am Morning Tea Discussion 10:30am Quiz / Arts N Craft 2:15pm Bingo / Individual Visits | Aerobics/<br>Year 6 Visit<br>Aranmore<br>10:15am Morning Tea | Service<br>2pm Men's Gym   | Aerobics   | 9:30am Friday Funday 10:15am Sensory Activity Ilam Sing Along/ Cards Club 2:15pm Friday Social |                        | I0:30am Resident<br>Choice<br>II:45am Individual<br>Visits              |
| 9:30am Chair Aerobics 10:15am Morning Tea Discussion 10:30am Quiz/ Arts N Craft 2:15pm Bingo / Individual Visits  | 10:15am Morning Tea<br>Discussion                            | 9:30am Chair Aerobics 10:15am Morning Tea Discussion Ilam Art N Craft 2pm Carpet Bowls | 9:30am Chair Aerobics 10:15am Morning Tea Discussion Ilam Knitting Club 2pm Bingo/ Individual Visits | Activity   |                        | Combined in Magnolia  10:30am Resident Choice II:45am Individual Visits |