



# 2025 ROSEWOOD ACTIVITY CALENDAR

## Oive and Jacaranda

### AUGUST

Want to write a  
thank you note for  
Aged Care Employee Day?  
Ask staff at reception for a card.  
Family or staff can help  
you write it.



Do you know this location?

#### MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY SUNDAY

- Lifestyle Activities are subject to change without notice due to staffing & other unforeseen circumstances.
- Should we get Covid in our home it will have a significant impact on our Lifestyle program.
- There are often Individual Activities running in the background.
- Walks subject to temperature and weather conditions.
- Activities in this colour are only for that floor.
- Activities in this colour are a little special.
- Yoga is every 2nd and 4th Tuesday.
- Knitting is on every 2nd Monday.
- This activity is tentatively in place and whether it goes ahead will be determined by our outbreak situation.
- Activities in this colour are not on every week.



**1**  
9:30am Friday  
Funday  
10:15am Morning  
Tea  
Discussion  
11am **Sing Along/  
Cards Club**  
2:15pm Friday Social

**2**  
10:30am Morning  
Chatter &  
singalongs  
11:45am Lunch  
Assistance  
1:45 pm Individual  
Visits  
2:15pm Resident's  
Choice

**3**  
10:30am Morning  
Chatter &  
singalongs  
11:45am Lunch  
Assistance  
1:45 pm Individual  
Visits  
2:15pm Resident's  
Choice

#### **4** Library Books

9:30am Chair  
Aerobics  
10:15am Morning Tea  
Discussion  
10:30am Art N Craft  
2:15pm Bingo/  
Individual  
Visits

#### **5** Bus Outing

9:30am Chair  
Aerobic  
10:15am Morning Tea  
Discussion  
11am **Resident  
Meeting  
(Citrus) /  
Nail Care  
Movie**  
2pm

#### **6** Uniting Church

9:30am Chair  
Aerobics  
10:15am Morning Tea  
Discussion  
11am **Uniting  
Church  
Cooking**  
2pm

#### **7**

**Aged Care  
Employee Day**  
Thanks for caring  
9:30am Chair  
Aerobics  
10:15am Morning Tea  
Discussion  
11am Word  
Games  
2pm Bingo/  
Shake It Off

**8**  
9:30am Friday  
Funday  
10:15am Morning  
Tea  
Discussion  
11am **Sing Along/  
Cards Club**  
2:15pm Friday Social

**9**  
10:30am Morning  
Chatter &  
singalongs  
11:45am Lunch  
Assistance  
1:45 pm Individual  
Visits  
2:15pm Resident's  
Choice

**10**  
10:30am Morning  
Chatter &  
singalongs  
11:45am Lunch  
Assistance  
1:45 pm Individual  
Visits  
2:15pm Resident's  
Choice



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# AUGUST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>11</b> 9:30am Chair Aerobics 10:15am Morning Tea Discussion 10:30am Arts N Craft 2:15pm Bingo/ Individual Visits	<b>12</b> <b>Bus Outing</b> 9:30am Chair Aerobics 10:15am Morning Tea Discussion 11am Nail Care/ Pet Therapy 2pm <b>Paint N Sip</b>	<b>13</b> <b>Orthodox Service</b> 9:30am Chair Aerobics 10:15am Morning Tea Discussion 11am <b>Orthodox Service</b> 11:15am <b>Style the Mannequin</b> 2pm <b>Italian Club</b>	<b>14</b> 9:30am Chair Aerobics 10:15am Morning Tea Discussion 11am Word Games 2pm Bingo/ Shake It Off	<b>15</b> 9:30am Friday Funday 10:15am Morning Tea Discussion 11am <b>Sing Along/ Cards Club</b> 2:15pm Friday Social	<b>16</b> 10:30am Morning Chatter & singalongs 11:45am Lunch Assistance 1:45 pm Individual Visits 2:15pm Resident's Choice	<b>17</b> 10:30am Morning Chatter & singalongs 11:45am Lunch Assistance 1:45 pm Individual Visits 2:15pm Resident's Choice
<b>18</b> 9:30am Chair Aerobics 10:15am Morning Tea Discussion 10:30am Art N Craft 2:15pm Bingo / Individual Visits	<b>19</b> <b>Bus Outing</b> 9:30am <b>Chair Aerobics/ Year 6 Visit Aranmore</b> 10:15am Morning Tea Discussion 11am Nail Care / Pet Therapy 2:15pm Shake It Off	<b>20</b> <b>Catholic Service</b> 9:30am Chair Aerobics 10:15am Morning Tea Discussion 11am <b>Catholic Service</b> 2pm <b>Men's Gym</b>	<b>21</b> 9:30am Chair Aerobics 10:15am Morning Tea Discussion 11am Memory Games 2pm Bingo/ Shake It Off	<b>22</b> 9:30am Friday Funday 10:15am <b>Sensory Activity</b> 11am <b>Sing Along/ Cards Club</b> 2:15pm Friday Social	<b>23</b> 10:30am Morning Chatter & singalongs 11:45am Lunch Assistance 1:45 pm Individual Visits 2:15pm Resident's Choice	<b>24</b> 10:30am Morning Chatter & singalongs 11:45am Lunch Assistance 1:45 pm Individual Visits 2:15pm Resident's Choice
<b>25</b> <b>Library Books</b> 9:30am Chair Aerobics 10:15am Morning Tea Discussion 10:30am Art N Craft 2:15pm Bingo / Individual Visits	<b>26</b> <b>Birthdays</b> 9:30am <b>Yoga/Year 6 Visit Aranmore</b> 10:15am Morning Tea Discussion 11am Nail Care /Pet Therapy 2pm <b>Birthday Party</b>	<b>27</b> 9:30am Chair Aerobics 10:15am Morning Tea Discussion 11am <b>Art N Craft Cooking</b> 2pm	<b>28</b> 9:30am Chair Aerobics 10:15am Morning Tea Discussion 11am <b>Knitting Club/ Colouring In</b> 2pm Bingo/ Shake It Off	<b>29</b> 9:30am Friday Funday 10:15am <b>Sensory Activity</b> 11am Sing Along/ Cards Club 2:15pm Friday Social	<b>30</b> 10:30am Morning Chatter & singalongs 11:45am Lunch Assistance 1:45 pm Individual Visits 2:15pm Resident's Choice	<b>31</b> 10:30am Morning Chatter & singalongs 11:45am Lunch Assistance 1:45 pm Individual Visits 2:15pm Resident's Choice