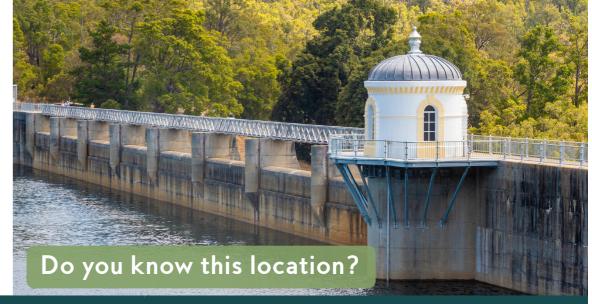


2025 ROSEWOOD ACTIVITY CALENDAR

Oive and Jacaranda

AUGUST

Want to write a thank you note for Aged Care Employee Day? Ask staff at reception for a card. Family or staff can help you write it.



MONDAY **THURSDAY TUESDAY WEDNESDAY**

FRIDAY

SATURDAY

SUNDAY

- Lifestyle Activities are subject to change without notice due to staffing & other unforeseen circumstances.
- Should we get Covid in our home it will have a significant impact on our Lifestyle program.
- There are often Individual Activities running in the background.
- Walks subject to temperature and weather conditions.
- Activities in this colour are only for that floor.
- Activities in this colour are a little special.
- Yoga is every 2nd and 4th Tuesday.
- Knitting is on every 2nd Monday.
- This activity is tentatively in place and whether it goes ahead will be determined by our outbreak situation.
- Activities in this colour are not on every week.





9:30am Friday **Funday** 10:15am Morning Tea Discussion llam Sing Along/ Cards Club 2:15pm Friday Social 2

10:30am Morning Chatter & singalongs II:45am Lunch Assistance 1:45 pm Individual **Visits** 2:15pm Resident's Choice

3

Chatter & singalongs II:45am Lunch **Assistance** 1:45 pm Individual **Visits** 2:15pm Resident's Choice

10:30am Morning



Library Books

9:30am Chair **Aerobics** Discussion 10:30am Art N Craft 2:15pm Bingo/ Individual **Visits**



Bus Outing

9:30am Chair Aerobic 10:15am Morning Tea 10:15am Morning Tea Discussion llam Resident Meeting (Citrus)/ **Nail Care** 2pm Movie



Uniting Church

9:30am Chair **Aerobics** 10:15am Morning Tea Discussion Uniting llam Church Cooking 2pm

Aged Care Employee Day Thanks for caring

9:30am Chair **Aerobics** 10:15am Morning Tea Discussion Word llam Games Bingo/ 2pm

Shake It Off

8

9:30am Friday **Funday** 10:15am Morning Tea **Discussion** Sing Along/ Cards Club llam 2:15pm Friday Social

10:30am Morning Chatter & singalongs II:45am Lunch Assistance 1:45 pm Individual **Visits** 2:15pm Resident's Choice

10

Chatter & singalongs II:45am Lunch **Assistance** 1:45 pm Individual Visits 2:15pm Resident's Choice

10:30am Morning



2025 ACTIVITY CALENDAR • Oive and Jacaranda

AUGUST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Aerobics	Pet Therapy	Discussion Ilam Orthodox Service	9:30am Chair Aerobics 10:15am Morning Tea Discussion Ilam Word Games 2pm Bingo/ Shake It Off	Tea Discussion Ilam Sing Along/ Cards Club		II:45am Lunch Assistance I:45 pm Individual Visits
9:30am Chair Aerobics 10:15am Morning Tea Discussion 10:30am Art N Craft 2:15pm Bingo / Individual Visits	Aerobics/ Year 6 Visit Aranmore 10:15am Morning Tea Discussion	Discussion Ilam Catholic Service 2pm Men's Gym		Ilam Sing Along/ Cards Club 2:15pm Friday Social	I	10:30am Morning Chatter & singalongs II:45am Lunch Assistance I:45 pm Individual Visits 2:15pm Resident's Choice
9:30am Chair Aerobics 10:15am Morning Tea Discussion 10:30am Art N Craft 2:15pm Bingo / Individual Visits	9:30am Yoga/Year 6 Visit Aranmore 10:15am Morning Tea Discussion Ilam Nail Care /Pet Therapy 2pm Birthday Party	9:30am Chair Aerobics 10:15am Morning Tea Discussion Ilam Art N Craft 2pm Cooking	9:30am Chair Aerobics 10:15am Morning Tea Discussion Ilam Knitting Club/ Colouring In 2pm Bingo/ Shake It Off	Activity Ilam Sing Along/ Cards Club 2:15pm Friday Social	I0:30am Morning Chatter & singalongs II:45am Lunch Assistance I:45 pm Individual Visits 2:15pm Resident's Choice	I0:30am Morning Chatter & singalongs II:45am Lunch Assistance I:45 pm Individual Visits 2:15pm Resident's Choice