



# 2025 ROSEWOOD ACTIVITY CALENDAR

## Olive and Jacaranda

### SEPTEMBER

# Happy Father's Day

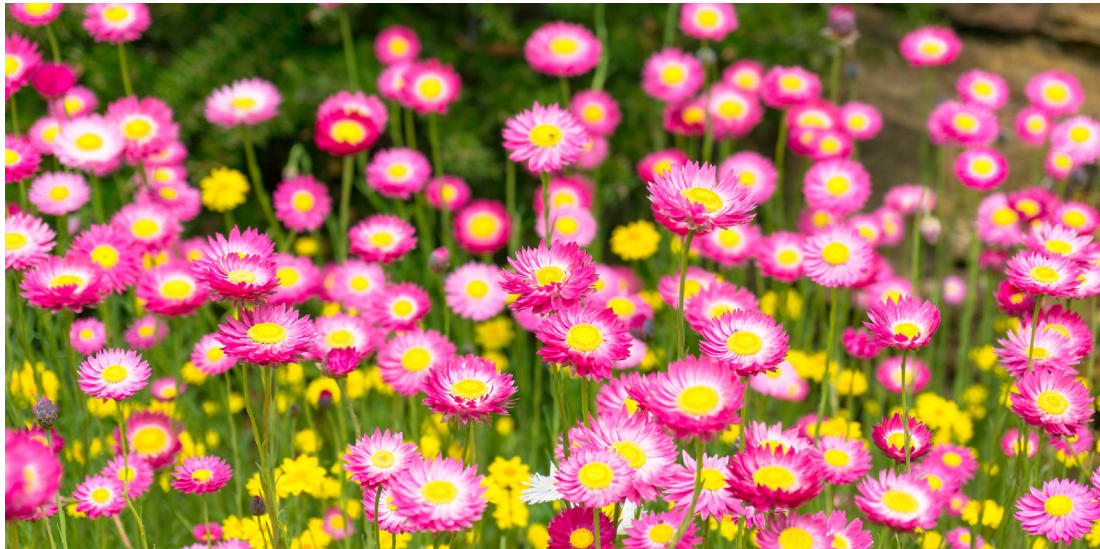


| MONDAY  | TUESDAY  | WEDNESDAY  | THURSDAY   | FRIDAY   | SATURDAY   | SUNDAY  |
|---|--|--|--|--|--|---|
| <b>1</b><br>9:30am Chair<br>Aerobics<br>10:15am Morning Tea<br>Discussion<br>10:30am Quiz/<br>Reminiscing<br>2:15pm Bingo/<br>Individual<br>Visits          | <b>2</b> <b>Bus Outing</b><br>9:30am Chair<br>Aerobic<br>10:15am Morning Tea<br>Discussion<br>11am <b>Resident<br/>Meeting<br/>(Citrus)<br/>Pamper<br/>Time</b><br>2pm | <b>3</b><br>9:30am Chair<br>Aerobics<br>10:15am Morning Tea<br>Discussion<br>11am Walks in the<br>Park<br>2pm <b>Father's<br/>Day Special</b>  | <b>4</b><br>9:30am Chair<br>Aerobics<br>10am Morning Tea<br>Discussion<br>10:30am <b>Surprise<br/>Event in teh<br/>Foyer</b><br>11am Music<br>Activity<br>2pm Bingo/<br>Individual<br>Visits                   | <b>5</b><br>9:30am Friday<br>Funday<br>10:15am Morning<br>Tea<br>Discussion<br>11am <b>Sing Along/<br/>Cards Club</b><br>2:15pm Friday Social  | <b>6</b><br>10:15am Residents<br>Choice<br>1:25 pm Individual<br>Visits<br>1:40 pm Activity<br>Prep<br>2pm Floor<br>Games<br>3pm Sing Along  | <b>7</b> <b>Father's Day</b><br>10:15am Residents<br>Choice<br>1:25 pm Individual<br>Visits<br>1:40 pm Activity<br>Prep<br>2pm Floor<br>Games<br>3pm Sing Along |
| <b>8</b><br>9:30am Chair<br>Aerobics<br>10:15am Morning Tea<br>Discussion<br>10:30am <b>Spring Art<br/>N Craft</b><br>2:15pm Bingo/<br>Individual<br>Visits | <b>9</b> <b>Bus Outing</b><br>9:30am <b>Yoga/Chair<br/>Aerobic</b><br>10:15am Morning Tea<br>Discussion<br>11am Nail Care /<br>Pet Therapy<br>2pm Floor<br>Games       | <b>10</b> <b>Uniting Church<br/>Orthodox Service</b><br>9:30am Chair<br>Aerobics<br>10:15am Morning Tea<br>Discussion<br>11am <b>Uniting<br/>Church/<br/>Orthodox<br/>Service</b><br>2:15pm <b>Paint N Sip</b> | <b>11</b> <b>RUOK Day</b><br>9:30am Chair<br>Aerobics<br>10:15am Morning Tea<br>Discussion<br>11am <b>Knitting<br/>Club/Games</b><br>11am <b>Let's have a<br/>Whinge</b><br>2pm Bingo/<br>Individual<br>Visits | <b>12</b><br>9:30am Friday<br>Funday<br>10:15am Morning<br>Tea<br>Discussion<br>11am <b>Sing Along/<br/>Cards Club</b><br>2:15pm Friday Social | <b>13</b><br>10:15am Residents<br>Choice<br>1:25 pm Individual<br>Visits<br>1:40 pm Activity<br>Prep<br>2pm Floor<br>Games<br>3pm Sing Along | <b>14</b><br>10:15am Residents<br>Choice<br>1:25 pm Individual<br>Visits<br>1:40 pm Activity<br>Prep<br>2pm Floor<br>Games<br>3pm Sing Along                    |



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## SEPTEMBER

| MONDAY   | TUESDAY  | WEDNESDAY  | THURSDAY  | FRIDAY   | SATURDAY   | SUNDAY   |
|--|--|--|---|--|--|--|
| <b>15</b> Library Books<br>9:30am Chair Aerobics<br>10:15am Morning Tea Discussion<br>10:30am <b>Spring Art N Craft</b><br>2:15pm Bingo/ Individual Visits | <b>16</b> Bus Outing<br>9:30am Chair Aerobics<br>10:15am Morning Tea Discussion<br>11am Nail Care/ Pet Therapy<br>2pm Floor Games              | <b>17</b> Catholic Service<br>9:30am Chair Aerobics<br>10:15am Morning Tea Discussion<br>11am <b>Catholic Service</b><br>11:15am <b>Spring Decorations Set Up</b><br>2pm Cooking | <b>18</b><br>9:30am Chair Aerobics<br>10:15am Morning Tea Discussion<br>11am Word Games<br>2pm Bingo/ Individual Visits     | <b>19</b><br>9:30am Friday Funday<br>10:15am Morning Tea Discussion<br>11am <b>Sing Along/ Cards Club</b><br>2:15pm Friday Social  | <b>20</b><br>10:15am Residents Choice<br>1:25 pm Individual Visits<br>1:40 pm Activity Prep<br>2pm Floor Games<br>3pm Sing Along | <b>21</b><br>10:15am Residents Choice<br>1:25 pm Individual Visits<br>1:40 pm Activity Prep<br>2pm Floor Games<br>3pm Sing Along   |
| <b>22</b><br>9:30am Chair Aerobics<br>10:15am Morning Tea Discussion<br>10:30am Quiz/ Art N Craft<br>2:15pm Bingo / Individual Visits                      | <b>23</b> Bus Outing<br>9:30am <b>Yoga/Chair Aerobics</b><br>10:15am Morning Tea Discussion<br>11am Nail Care / Pet Therapy<br>2pm Floor Games | <b>24</b><br>9:30am Chair Aerobics<br>10:15am Morning Tea Discussion<br>11am <b>Taste Testing Men's Club</b><br>2pm  | <b>25</b><br>9:30am Chair Aerobics<br>10:15am Morning Tea Discussion<br>11am Music Activity<br>2pm Bingo/ Individual Visits | <b>26</b><br>9:30am Friday Funday<br>10:15am <b>Sensory Activity</b><br>11am <b>Sing Along/ Cards Club</b><br>2:15pm Friday Social | <b>27</b><br>10:15am Residents Choice<br>1:25 pm Individual Visits<br>12pm <b>AFL on the TV</b><br>3pm Sing Along                | <b>28</b><br>10:15am Residents Choice<br>1:25 pm Individual Visits<br>1:40 pm Activity Prep<br>2pm Floor Games<br>3pm Sing Along   |
| <b>29</b><br>9:30am Chair Aerobics<br>10:15am Morning Tea Discussion<br>10:30am Quiz/ Art N Craft<br>2:15pm Bingo / Individual Visits                      | <b>30</b> Birthdays<br>9:30am Chair Aerobics<br>10:15am Morning Tea Discussion<br>11am Nail Care /Pet Therapy<br>2pm <b>Birthday Party</b>     |    |   |  |  | <ul style="list-style-type: none"> <li>Lifestyle Activities are subject to change without notice due to staffing &amp; other unforeseen circumstances.</li> <li>Should we get Covid in our home it will have a significant impact on our Lifestyle program.</li> <li>There are often Individual Activities running in the background.</li> <li>Walks subject to temperature and weather conditions.</li> <li>Activities in this colour are only for that floor.</li> <li>Activities in this colour are a little special.</li> <li>Yoga is every 2nd and 4th Tuesday.</li> <li>Knitting is on every 2nd Monday.</li> <li>This activity is tentatively in place and whether it goes ahead will be determined by our outbreak situation.</li> <li>Activities in this colour are not on every week.</li> </ul> |