



2025 ROSEWOOD ACTIVITY CALENDAR

Mainstream

SEPTEMBER

Happy Father's Day



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

1

9:30am Individual Visits
10am Exercises
11am Father's Day Quiz
11am Gym Kensington
1pm Italian Club by Invitation L3
1:30pm Quiet Time
2pm Bingo

2

9:30am Individual Visits
10am Exercises
10:45am Anglican Service L4
11am Art and Craft for Father's Day
11am Gym Balmoral
11:30am Squires - Banquet Room by Invitation
1:30pm Quiet Time
2pm Big Daddy (Movie & Ice-Cream)

3

9:30am Individual Visit
10am Exercises
11am Sing Along
11am Gym Waterford
1:30pm Quiet Time
2pm Hand Pamper with Tranquil Music
2pm Sip and Paint with Lorna L4

4

Bus Outing

9:30am Individual Visits
9:45am Bus Outing
Outing Lunch for Father's Day (Invitation only)
10am Exercises
11am Floor Games/Darts
11am Gym Windsor
1:30pm Quiet Time
2pm Gardening

5

9:30am Individual Visits
10am Fun Exercises
11am Bingo
11am Gym Balmoral
1:30pm Quiet Time
1:45pm Father's Day Celebration at Rosie's L4

6

10:15am Tea & Talk
11am Yoga Stretch & Music
1:30pm Quiet Time
2pm Quiz / Whiteboard Games
3pm Sing it Out

7

Father's Day

10am Schubert: Symphony in C "Major the Great"/Munich Philharmonic Orchestra
1:30pm Quiet Time
2pm Father's Day Gross Motor Games
3pm Colouring In/In Walk/Chat

8

9:30am Individual Visits
10am Exercises
11am Quiz/Walk
11am Gym Kensington
1pm Italian Club by Invitation L3
1:30pm Quiet Time
2pm Bingo

9

9:30am Individual Visits
10am Exercises
10:50am Yoga L4
11am Global Quiz (by Invitation) Banquet Room
11am Art and Craft
11am Gym Balmoral
1:30pm Quiet Time
2pm Documentary of Lauren Bacall: Intimate Portrait
2pm Social Sewing & Knitting with Bindu & Irma L4

10

Bus Outing

9:30am Individual Visits
9:45am Bus Outing
Balmoral
10am Exercises
11am Catholic Eucharist Mass Service L4
11am Sing Along
11am Gym Waterford
1:30pm Quiet Time
2pm Hand Waxing - Tranquil Music
2pm Jazz with Barney - Banquet Room

11

9:30am Individual Visits
10am Exercises
11am Quiz
11am Gym Windsor
1:30pm Quiet Time
1:30pm Phoenix (by invitation only)
2pm Board or Floor Game

12

9:30am Individual Visits
10am Fun Exercises
11am Bingo
1:30pm Quiet Time
1:45pm Rosie's with Derek Tabaris L4

13

10:15am Tea & Talk
11am Yoga Stretch & Music
1:30pm Quiet Time
2pm Quiz / Whiteboard Games
3pm Sing it Out

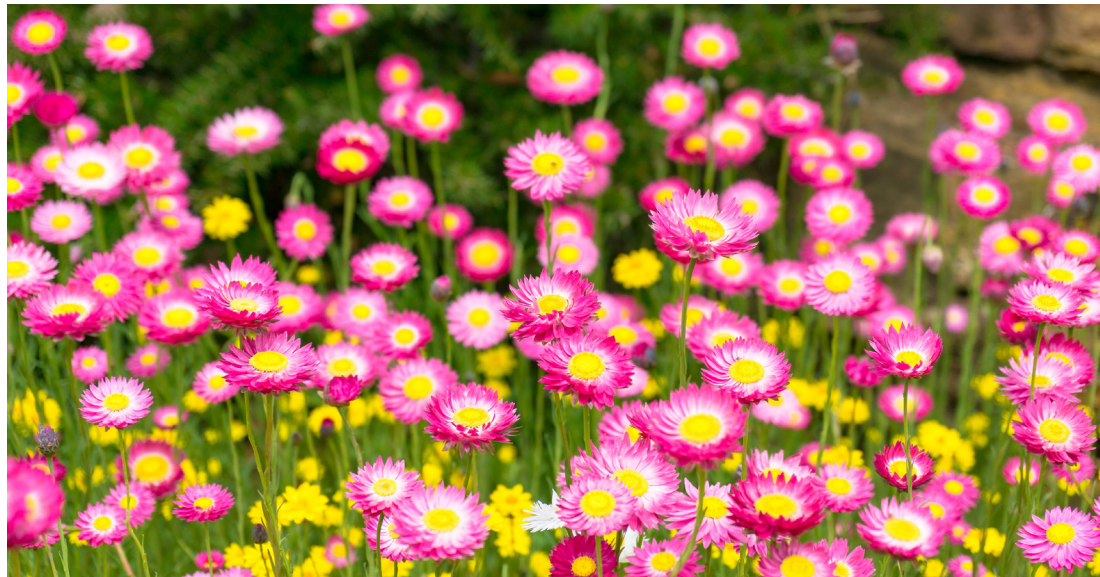
14

10:15am Fun Exercises
11:30am Songs of Praise
1:30pm Quiet Time
2pm Gross Motor Games
3pm Colouring In/In Walk/Chat



2025 ACTIVITY CALENDAR • Mainstream

SEPTEMBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
15 9:30am Individual Visits 10am Exercises 11am Quiz or Walk 11am Gym Kensington 1pm Italian Club by Invitation L3 1:30pm Quiet Time 2pm Bingo	16 Library Books 9:30am Individual Visits 10am Exercises 11am Gym Balmoral 11am Art and Craft 1:30pm Quiet Time 2pm John Farnham The Greatest Hits Live - Throughout the Years 2pm Food Focus Meeting L4	17 Bus Outing 9:30am Individual Visits 9:45am Bus Outing Windsor 10am Exercises 11am Gym Waterford 11am Sing Along 1:30pm Quiet Time 2pm Hand Pamper with Tranquil Music	18 9:30am Individual Visits 10am Exercises 11am Reminiscing 11am Gym Windsor 10:50am Ballet4 WellingBeing L4 1:30pm Quiet Time 2pm Board or Floor Game 2pm Art and Craft with Jody L4	19 9:30am Individual Visits 10am Fun Exercises 11am Bingo 11am Greek Orthodox Service L4 1:30pm Quiet Time 1:45pm Rosie's with Tony Italiano L4	20 10:15am Tea & Talk 11am Yoga Stretch & Music 1:30pm Quiet Time 2pm Quiz / Whiteboard Games 3pm Sing it Out	21 10:15am Fun Exercises 11:30am Songs of Praise 1:30pm Quiet Time 2pm Gross Motor Games 3pm Colouring In/!l Walk/Chat
22 9:30am Individual Visits 10am Exercises 11am Quiz or Walk 11am Gym Kensington 1pm Italian Club by Invitation L3 1:30pm Quiet Time 2pm Bingo	23 9:30am Individual Visits 10am Exercises 10:50am Yoga L4 11am Art and Craft 11am Gym Balmoral 1:30pm Quiet Time 2pm The Secret Path (1999) Movie & Ice-Cream 2pm Social Sewing & Knitting with Bindu & Irma L4	24 Bus Outing 9:30am Individual Visits 9:45am Bus Outing - Kensington 10am Exercises 11am Gym Waterford 11am Resident Meeting L4 11am Sing Along 1:30pm Quiet Time 2pm Hand Waxing with Tranquil Music	25 9:30am Individual Visits 10am Exercises 11am Word Quiz/ Walk 11am Gym Windsor 1:30pm Quiet Time 1:30pm Phoenix (by invitation only) 2pm Cooking	26 King's Birthday 9:30am Individual Visits 10am Fun Exercises 11am Bingo 1:30pm Quiet Time 1:45pm Rosie's Celebrating Birthdays	27 10:15am Tea & Talk 11am Yoga Stretch & Music 1:30pm Quiet Time 2:30pm AFL Grand Final on TV 3pm Sing it Out	28 10:15am Fun Exercises 11:30am Songs of Praise 1:30pm Quiet Time 2pm Gross Motor Games 3pm Colouring In/!l Walk/Chat
29 9:30am Individual Visits 10am Exercises 11am Quiz or Walk 11am Speaking French with Sylvia 11am Gym Kensington 1pm Italian Club by Invitation L3 1:30pm Quiet Time 2pm Bingo	30 9:30am Individual Visits 10am Exercises 11am Art and Craft 11am Gym Balmoral 12pm Bokes by Invitation L2 1:30pm Quiet Time 2pm 25 minute Rosalind Franklin Biography DNA: Secret Photo 5l					<ul style="list-style-type: none"> • Lifestyle Activities are subject to change without notice due to staffing & other unforeseen circumstances. • Should we get Covid in our home it will have a significant impact on our Lifestyle program. • There are often Individual Activities running in the background. • Walks subject to temperature and weather conditions. • Activities in this colour are only for that floor. • Activities in this colour are a little special. • Yoga is every 2nd and 4th Tuesday. • Knitting is on every 2nd Monday. • This activity is tentatively in place and whether it goes ahead will be determined by our outbreak situation. • Activities in this colour are not on every week.