



2025 ROSEWOOD ACTIVITY CALENDAR

Olive and Jacaranda

OCTOBER



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

- Lifestyle Activities are subject to change without notice due to staffing & other unforeseen circumstances.
- Should we get Covid in our home it will have a significant impact on our Lifestyle program.
- There are often Individual Activities running in the background.
- Walks subject to temperature and weather conditions.
- Activities in this colour are only for that floor.
- Activities in this colour are a little special.
- Yoga is every 2nd and 4th Tuesday.
- Knitting is on every 2nd Monday.
- This activity is tentatively in place and whether it goes ahead will be determined by our outbreak situation.
- Activities in this colour are not on every week.

1 **Uniting Church**
International Day of Older People
9:30am Chair Aerobics
10:15am Morning Tea Discussion
11am **Uniting Church Beer Tasting**
2pm
3:20pm Singalong

2
9:30am Chair Aerobics
10:15am Morning Tea Discussion
11am **Oktoberfest Activity**
2pm Bingo/ Individual Visits
3pm Dance It Out / Singalong

3 **Oktoberfest**
9:30am Friday Funday
10:15am Morning Tea Discussion
11am **Sing Along/ Cards Club**
2:15pm Oktoberfest Social
3:15pm Singalong



4
10:15am Light Exercises
11:45am Individual Visits
1pm Quiet Hour
1:45pm Individual Visits
2pm Floor Games
3pm Sing Along

5
10:15am Light Exercises
11:45am Individual Visits
1pm Quiet Hour
1:45pm Individual Visits
2pm Floor Games
3pm Sing Along

6 **Library Books**

9:30am Chair Aerobics
10:15am Morning Tea Discussion
10:30am Sprint Art N Craft
2pm Bingo
3:15pm Singalong

7 **Bus Outing**

9:30am Chair Aerobics
10:15am Morning Tea Discussion
11am Singalong/ Pet Therapy/ Colouring In
2pm Movie / Individual Visits
3:15pm Singalong

8 **Orthodox Service**

9:30am Chair Aerobics
10:15am Morning Tea Discussion
11am **Orthodox Service**
2pm **Paint N Sip**

9

9:30am Chair Aerobics
10:15am Morning Tea Discussion
11am **Knitting Club**
2pm Bingo/ Individual Visits
3pm Dance It Out / Singalong

10

9:30am Friday Funday
10:15am Morning Tea Discussion
11am **Walks/ Cards Club**
2:15pm Friday Social
3:15pm Singalong

11

10:15am Resident Choice
11:45am Individual Visits
1pm Quiet Hour
1:45pm Individual Visits
2pm Floor Games
3pm Sing Along

12

10:15am Resident Choice
11:45am Individual Visits
1pm Quiet Hour
1:45pm Individual Visits
2pm Floor Games
3pm Sing Along



2025 ACTIVITY CALENDAR • Olive and Jacaranda

OCTOBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
13 9:30am Chair Aerobics 10:15am Morning Tea Discussion 10:30am Walks 2pm Bingo 3:15pm Singalong	14 Bus Outing 9:30am Chair Aerobics 10:15am Morning Tea Discussion 11am Nailcare/ Pet Therapy/ Colouring In 2:15pm Floor Games/ Italian Club 3:15pm Singalong	15 Catholic Service 9:30am Chair Aerobics 10:15am Morning Tea Discussion 11am Catholic Service 2pm Art N Craft	16 9:30am Chair Aerobics 10:15am Morning Tea Discussion 11am Word Games 2pm Bingo/ Invidual Visits 3pm Dance It Out / Singalong	17 9:30am Friday Funday 10:15am Morning Tea Discussion 11am Dance It Out/Cards Club 2:15pm Friday Social 3:15pm Singalong	18 10:15am Resident Choice 11:45am Individual Visits 1pm Quiet Hour 1:45pm Individual Visits 2pm Floor Games 3pm Sing Along	19 10:15am Resident Choice 11:45am Individual Visits 1pm Quiet Hour 1:45pm Individual Visits 2pm Floor Games 3pm Sing Along
20 9:30am Chair Aerobics 10:15am Morning Tea Discussion 10:30am Quiz / Arts N Craft 2pm Bingo 3:15pm Singalong	21 Bus Outing 9:30am Chair Aerobics 10:15am Morning Tea Discussion 11am Nailcare/Pet Therapy/ Colouring In 2:15pm Floor Games	22 9:30am Chair Aerobics 10:15am Morning Tea Discussion 11am DIY Fascinators Men's Club 2pm	23 9:30am Chair Aerobics 10:15am Morning Tea Discussion 11am Word Games 2pm Bingo/ Invidual Visits 3pm Dance It Out / Singalong	24 9:30am Friday Funday 10:15am Morning Tea Discussion 11am Walks/ Cards Club 2:15pm Friday Social 3:15pm Singalong	25 10:15am Resident Choice 11:45am Individual Visits 1pm Quiet Hour 1:45pm Individual Visits 2pm Floor Games 3pm Sing Along	26 10:15am Resident Choice 11:45am Individual Visits 1pm Quiet Hour 1:45pm Individual Visits 2pm Floor Games 3pm Sing Along
27 Grandparent's Day Library Books 9:30am Chair Aerobics 10:15am Morning Tea Discussion 10:30am Quiz/ Arts N Craft 2pm Bingo 3:15pm Singalong	28 Birthday Party Bus Outing 9:30am Chair Aerobics 10:15am Morning Tea Discussion 11am Nailcare/Pet Therapy/ Colouring In 2pm Birthday Party	29 9:30am Chair Aerobics 10:15am Morning Tea Discussion 11am Melbourne Cup Craft Cooking 2pm	30 9:30am Chair Aerobics 10:15am Morning Tea Discussion 11am Word Games 2pm Bingo/ Invidual Visits 3pm Dance It Out / Singalong	31 Halloween 9:30am Friday Funday 10:15am Morning Tea Discussion 11am Dance It Out / Singalong 2:15pm Halloween Social 3:15pm Singalong	<h3>Happy Grandparents Day</h3>	