

2025 ROSEWOOD ACTIVITY CALENDAR

Olive and Jacaranda

TUESDAY

NOVEMBER



| Lifestyle Activities are subject to change without |
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| notice due to staffing & other unforeseen circumstances. |

- Should we get Covid in our home it will have a significant impact on our Lifestyle program.
- There are often Individual Activities running in the background.
- Walks subject to temperature and weather conditions.
- Activities in this colour are only for that floor.
- Activities in this colour are a little special.
- Yoga is every 2nd and 4th Tuesday.
- Knitting is on every 2nd Monday.

MONDAY

- This activity is tentatively in place and whether it goes ahead will be determined by our outbreak situation.
- Activities in this colour are not on every week.



THURSDAY

9:40am Individual **Visits** 10:15am Resident Choice Individual 1:35pm Visits Floor Games 2pm 2pm

9:40am Individual **Visits** 10:15am Resident Choice 1:35pm Individual **Visits** Floor Games



3:15pm Singalong



Melbourne Cup

9:30am Chair 9:30am Chair **Aerobics Aerobics** 10:15am Morning 10:15am Melbourne Cup Prep Tea II:20am Melbourne Discussion 10:30am Walks Cup Brunch 2pm Art N Craft 2:15pm Bingo/ 3:15pm Singalong Individual **Visits**

Photoshoot for

WEDNESDAY

9:30am Photoshoot 9:30am Photoshoot 9:30am Friday for Citrus **Residents** llam Meeting/ AdvoCare Session / 2pm Walks Floor 2pm

Games

3:15pm Singalong

Photoshoot for Olive/Jacaranda

and

Bus Trip

for Olive

lacaranda

Discussion

Bingo/

Visits

3:15pm Singalong

Invidual

Photoshoot for Magnolia

Funday llam Dance It Out 10:15am Morning Tea 2:15pm Friday Social 3:45pm Singalong

8

9:40am Individual Visits 10:15am Resident Choice 1:35pm Individual Visits Floor Games 2pm 2pm

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9:40am Individual Visits 10:15am Resident Choice 1:35pm Individual **Visits** Floor Games



NOVEMBER 2025 ACTIVITY CALENDAR • Olive and Jacaranda

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|---|--|---|---|--|---|--|
| 9:30am Chair Aerobics 10:15am Morning Tea Discussion 10:30am Walks 2:15pm Bingo/ Individual Visits | 9:30am Yoga/Chair Aerobics 10:15am Morning Tea Discussion Ilam Nail Care/Pet Therapy 2pm Remembrance Ceremony 2:30pm Individual Visits | llam Orthodox Service / | 9:30am Chair Aerobics 10:15am Morning Tea Discussion 2pm Bingo/ Invidual Visits 3:15pm Singalong | 9:30am Friday Funday Ilam Dance It Out 2:15pm Friday Social 3:45pm Singalong | 9:40am Individual Visits I0:I5am Resident Choice I:35pm Individual Visits 2pm Floor Games | 9:40am Individual Visits 10:15am Resident Choice 1:35pm Individual Visits 2pm Floor Games |
| 9:30am Chair Aerobics 10:15am Morning Tea Discussion 10:30am Walks 2:15pm Bingo / Individual Visits | 9:30am Chair Aerobics 10:15am Morning Tea Discussion Ilam Nail Care / Pet Therapy 2pm Floor Games | Discussion Catholic | 9:30am Chair Aerobics 10:15am Morning Tea Discussion 2pm Bingo/ Invidual Visits 3:15pm Singalong | 2:I5pm Friday Social | Choice | 9:40am Individual Visits I0:I5am Resident Choice I:35pm Individual Visits 2pm Floor Games |
| 24 Aranmore Concert Library Books 9:30am Prep for Concert I0am Aranmore Concert 2:15pm Bingo / Individual Visits | 9:30am Yoga/Chair Aerobics | Discussion US US US US US US US US US US | 9:30am Chair Aerobics 10:15am Morning Tea Discussion 2pm Bingo/ Invidual Visits 3:15pm Singalong | 9:30am Friday Funday Ilam Dance It Out 2:15pm Friday Social 3:45pm Singalong | decorate II:45 am Decorate hallways I:35pm Individual Visits | IOam Christmas Tree set up and decorate II:45 am Decorate hallways I:35pm Individual Visits 2pmFloor Games |