



January 2026

Olive & Jacaranda Activity Calendar

Monday**Tuesday****Wednesday****Thursday****Friday****Saturday****Sunday****1****New Year's Day**

9:40am
Chair aerobics combined
10:15am
Morning tea discussion
10:45am
Sensory activity
Colouring in
2:00pm
Bingo
3:45pm
Singalong

2

9:40am
Friday funday
Men's gym
10:15am
Morning tea discussion
11am
Singalong
2:15pm
2026 Friday social!
3:15pm
Hand massages

3

9:40am
Individual visits
10:15am
Resident choice
1:35pm
Individual visits
2:00pm
Floor games

4

9:40am
Individual visits
10:15am
Resident choice
1:35pm
Individual visits
2:00pm
Floor games

5

9:40am
Chair aerobics
10:15am
Morning tea discussion
10:30am
Removing Christmas decorations
2:15pm
Bingo
3:15pm
Gentle music

6**Bus Outing**

9:40am
Chair Aerobics combined
10:15am
Morning tea discussion
11:00am
Resident meeting
Colouring in
2:00pm
Removing Christmas decorations

7

9:40am
Chair aerobics
10:15am
Morning tea discussion
11:00am
Church of Christ service (OJ)
2:00pm
Men's Club

8

9:40am
Chair Aerobics combined
10:15am
Morning tea discussion
10:45am
Sensory activity
Colouring in
2:00pm
Bingo
3:45pm
Singalong

9

9:40am
Friday funday
Men's gym
10:15am
Morning tea discussion
11:00am
Singalong
Cards club
2:15pm
Friday social
3:15pm
Hand massages

10

9:40am
Individual visits
10:15am
Resident choice
1:35pm
Individual visits
2:00pm
Floor games

11

9:40am
Individual visits
10:15am
Resident choice
1:35pm
Individual visits
2:00pm
Floor games



January 2026

Olive & Jacaranda Activity Calendar

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
12 Library 9:40am Chair aerobics 10:45am Morning tea discussion 11:00am Walks 2:15pm Bingo 3:15pm Gentle music	13 Bus Outing 9:40am Chair Aerobics combined 10:15am Morning tea discussion 11:00am Nail care Pet therapy 2:15pm Paint and Sip	14 9:40am Chair aerobics 10:15am Morning tea discussion 11:00am Orthodox service (Magnolia) Walks 2:00pm Cooking or Dancing	15 9:40am Chair Aerobics combined 10:15am Morning tea discussion 11:00am Dessert Tasting 2:00pm Bingo 3:45pm Singalong	16 9:40am Friday funday Men's gym 10:15am Morning tea discussion 11:00am Singalong / Cards club 2:15pm Friday social 3:45pm Hand massages	17 9:40am Individual visits 10:15am Resident choice 1:35pm Individual visits 2:00pm Floor games	18 9:40am Individual visits 10:15am Resident choice 1:35pm Individual visits 2:00pm Floor games
19 9:40am Chair aerobics 10:15am Morning tea discussion 10:30am Time in the garden 2:15pm Bingo 3:15pm Gentle music	20 Bus Outing 9:40am Chair Aerobics combined 10:15am Morning tea discussion about penguins 11:00am Nail care Pet therapy 2:15pm Axe throwing	21 9:40am Chair aerobics 10:15am Morning tea discussion 11:00am Catholic Service (OJ) Courtyard & walks 2:00pm Chair soccer	22 9:40am Chair Aerobics combined 10:15am Morning tea discussion 11:00am Senory activity/ Flag craft 2:00pm Bingo 3:45pm Singalong	23 9:40am Friday funday Men's gym 10:15am Morning tea discussion 11:00am Singalong / Cards club 2:15pm Friday social 3:45pm Hand massages	24 9:40am Individual visits 10:15am Resident choice 1:35pm Individual visits 2:00pm Floor games	25 9:40am Individual visits 10:15am Resident choice 1:35pm Individual visits 2:00pm Floor games
26 Australia Day 9:40am Chair aerobics 11:00am Australia Day reminiscing 2:00pm Bingo 3:15pm Gentle music 	27 Bus Outing 9:40am Chair Aerobics combined 10:15am Morning tea discussion with chocolate cake 11:00am Nail care Pet therapy 2:00pm Birthday Party 	28 9:40am Chair aerobics 10:15am Morning tea discussion 11am Time in the garden 2:00pm Dancing	29 9:40am Chair Aerobics combined 10:15am Morning tea discussion 11am Reminiscing 2:00pm Bingo 3:45pm Singalong	30 9:40am Friday funday Men's gym 10:15am Morning tea discussion 11:00am Singalong / Cards club 2:15pm Friday social 3:45pm Hand massages	31 9:40am Individual visits 10:15am Resident choice 1:35pm Individual visits 2:00pm Floor games	9:40am Individual visits 10:15am Resident choice 1:35pm Individual visits 2:00pm Floor games