



# January 2026

## Citrus Activity Calendar

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday



1

New Year's Day

9:40am  
Chair aerobics

10:15am  
Morning tea discussion

11am  
New Year  
reminiscing

2:00pm  
Bingo

2

9:40am  
Friday funday  
Men's gym

10:15am  
Morning tea discussion

11am  
Singalong (Magnolia)  
Cards club

2:15pm  
2026 Friday social!

3

Combined  
Magnolia

9:40am  
Individual  
visits

10:15am  
Resident  
choice

4

Combined  
Citrus

9:40am  
Individual  
visits

10:15am  
Resident  
choice

5

9:40am  
Chair aerobics / balance  
10:15am  
Morning tea discussion  
10:30am  
Removing Christmas  
decorations  
2:00pm  
Bingo  
Individual visits

6

Bus Outing  
9:40am  
Chair Aerobics  
10:15am  
Morning tea discussion  
11:00am  
Resident meeting  
Pet therapy  
2:00pm  
Removing Christmas  
decorations

7

9:40am  
Chair aerobics / balance  
10:15am  
Morning tea discussion  
10:30am  
Word search  
11:00am  
Church of Christ  
service (OJ)  
2:00pm  
Men's Club

8

9:40am  
Chair aerobics  
10:15am  
Morning tea discussion  
11:00am  
Knitting  
Hand pamper  
2:00pm  
Bingo

9

9:40am  
Friday funday  
Men's gym  
10:15am  
Morning tea discussion  
11:00am  
Singalong  
Cards club  
2:15pm  
Friday social

10

Combined  
Magnolia  
9:40am  
Individual  
visits  
10:15am  
Resident  
choice

11

Combined  
Citrus  
9:40am  
Individual  
visits  
10:15am  
Resident  
choice



# January 2026

## Citrus Activity Calendar

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>12</b> <b>Library</b> <b>9:40am</b> Chair aerobics / balance <b>10:15am</b> Morning tea discussion <b>10:30am</b> Walks <b>2:00pm</b> Bingo Individual visits	<b>13</b> <b>Bus Outing</b> <b>9:40am</b> Yoga <b>10:15am</b> Morning tea discussion <b>11:00am</b> Nail care Pet therapy <b>2:00pm</b> Paint and Sip	<b>14</b> <b>9:40am</b> Chair aerobics / balance <b>10:15am</b> Morning tea discussion <b>11:00am</b> Orthodox service (Magnolia) Courtyard & walks <b>2:00pm</b> Floor game	<b>15</b> <b>9:40am</b> Chair aerobics <b>10:15am</b> Morning tea discussion <b>11:00am</b> Dessert Tasting <b>2:00pm</b> Bingo	<b>16</b> <b>9:40am</b> Friday funday Men's gym <b>10:15am</b> Morning tea discussion <b>11:00am</b> Singalong Cards club <b>2:15pm</b> Friday social	<b>17</b> <b>Combined Magnolia</b> <b>9:40am</b> Individual visits <b>10:15am</b> Resident choice	<b>18</b> <b>Combined Citrus</b> <b>9:40am</b> Individual visits <b>10:15am</b> Resident choice
<b>19</b> <b>9:40am</b> Chair aerobics / balance <b>10:15am</b> Morning tea discussion <b>10:30am</b> Walks <b>2:00pm</b> Bingo Individual visits	<b>20</b> <b>Bus Outing</b> <b>9:40am</b> Chair aerobics <b>10:15am</b> Morning tea discussion about penguins <b>11:00am</b> Nail care Pet therapy <b>2:00pm</b> Birthday Party 	<b>21</b> <b>9:40am</b> Chair aerobics / balance <b>10:15am</b> Morning tea discussion <b>11:00am</b> Catholic Service (OJ) Courtyard & walks <b>2:00pm</b> Carpet Bowls	<b>22</b> <b>9:40am</b> Chair aerobics <b>10:15am</b> Morning tea discussion <b>11:00am</b> Australia Day art <b>2:00pm</b> Bingo	<b>23</b> <b>9:40am</b> Friday funday Men's gym <b>10:15am</b> Morning tea discussion <b>11:00am</b> Singalong Cards club <b>2:15pm</b> Friday social	<b>24</b> <b>Combined Magnolia</b> <b>9:40am</b> Individual visits <b>10:15am</b> Resident choice	<b>25</b> <b>Combined Citrus</b> <b>9:40am</b> Individual visits <b>10:15am</b> Resident choice
<b>26</b> <b>Australia Day</b> <b>9:40am</b> Chair aerobics / balance <b>10:15am</b> Morning tea discussion <b>11:00am</b> Australia Day reminiscing <b>2:00pm</b> Bingo Individual visits 	<b>27</b> <b>Bus Outing</b> <b>9:40am</b> Yoga <b>10:15am</b> Morning tea discussion with chocolate cake <b>11:00am</b> Nail care Pet therapy <b>2:00pm</b> Axe throwing	<b>28</b> <b>9:40am</b> Chair aerobics / balance <b>10:15am</b> Morning tea discussion <b>11am</b> Word games <b>2:00pm</b> Interactive quiz (Magnolia)	<b>29</b> <b>9:40am</b> Chair aerobics <b>10:15am</b> Morning tea discussion <b>11am</b> Reminiscing <b>2:00pm</b> Bingo	<b>30</b> <b>9:40am</b> Friday funday Men's gym <b>10:15am</b> Morning tea discussion <b>11:00am</b> Singalong Cards club <b>2:15pm</b> Friday social	<b>31</b> <b>Combined Magnolia</b> <b>9:40am</b> Individual visits <b>10:15am</b> Resident choice	