



April 2026



Waterford

Activity Calendar

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1 April Fools' Day Bus Outing 9.40am Chair aerobics 10.20am Morning connection 11.00am Sing along 2.00pm Pampering parlour Individual visit 3.00pm Doll therapy	2 9.40am Chair aerobics 10.20am Morning connection 10.45am Make your own sandwich 2.00pm Bowling 3.00pm Sing along	3 Good Friday 10:00am Hop into easter! Art and craft, morning tea & eggs hunt with residents and family 11.30am Orthodox service 2:00pm Mary mother of Jesus Movie	4 10:15am Resident choice 11.00am Fun exercises 2.00pm Whiteboard games 3.20pm Dance it out 4.20pm Beautiful hymns 5.30pm Individual visit Walk	5 Easter 10:15am Resident choice 11:00am Song of praise 2.00pm Gross motor games 3.20pm Dance it out 4.30pm Colouring in Individual visit Walk 
	6 Easter Monday 9.40am Chair aerobics 10.20am Discussion - What's on for this week? 11.00am Quiz 2.00pm Bingo 3.00pm Dance it out	7 Books on Wheels 9.30am Chair aerobics 10:15am Morning connection 11.00am Colouring and drawing 11.45am BBQ Lunch 2.00pm Mama mia movie 3.00pm Busy bee	8 Bus Outing 9.40am Chair aerobics 10:15am Morning connection 11.00am Catholic Easter Service L4 Sing Along 2.00pm Pampering parlour Carpet Bowl L4 3.00pm Doll therapy	9 9.40am Chair aerobics 10.20am Morning connection 10.00am Eggs colouring for Greek Orthodox Easter L3 11.00am reminiscing 2.00pm Gardening 3.00pm Sing along	10 9.40am Friday fun Day 10.20am Morning connection 11.00am Bingo 1.45pm Friday social with MR Accordion L4	11 10:15 am Resident choice 11.00am Fun exercises 2.00pm Whiteboard games 3.20pm Dance it out 4.20pm Beautiful hymns 5.30pm Individual visit Walk



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13 9.40am Chair aerobics 10.20am Discussion - What's on for this week? 11.00am Word quiz 2.00pm Bingo 3.00pm Dance it out	14 9.40am Chair aerobics 10.20am Morning connection 10.45am Yoga L4/Individual visit 12.00pm Welcome to Bali lunch 2.00pm Animal documentary 3.00pm Busy bee	15 9.40am Chair aerobics 10.20am Morning connection 11.00am Sing along 2.00pm Pampering parlour Individual visit 3.00pm Doll therapy	16 9.40am Chair aerobics 10.20am Morning connection 11.00am Flower arranging Sensory 2.00pm Floor games 3.00 pm Piano & violin concert Reception Sing along	17 9.40am Friday Fun day 10.20am Morning connection 11.00am Bingo 1.45pm Friday social L4	18 10:15 am Resident choice 11.00am Fun exercises 2.00pm Whiteboard games 3.20pm Dance it out 4.20pm Beautiful hymns 5.30pm Individual visit	19 10:15am Resident choice 11:00am Song of praise 2.00pm Gross motor games 3.20pm Dance it out 4.30pm Colouring in Individual visit
20 9.40am Chair aerobics 10.15am Discussion - What's on this week? 11.00am Brain games 2.00pm Bingo 3.00pm Dance it out	21 9.30am Chair aerobics 10.20am Discussion 10.45am Making Anzac Poppies 2.00pm Saving Mr Banks 3.00pm Busy bee	22 Bus Outing 9.40am Chair aerobics 9.15am Bus Outing Waterford 10:15am Discussion 11.00am Sing along 2.00pm Pampering parlour 3.00pm Doll therapy	23 9.40am Chair aerobics 10.20am Discussion 10.30am Residents and representatives meeting 2.00pm Puzzles 3.00pm Dance it out	24 10.30 Anzac Day service L4 2.00pm Friday social birthday celebration with Peter Benham L4	25 Anzac Day 9.40am Anzac Day Service on the TV 2.00pm Whiteboard games 3.20pm Dance it out 4.20pm Beautiful hymns 5.30pm Individual visit	26 10:15am Resident choice 11:00am Song of praise 2.00pm Gross motor games 3.20pm Dance it out 4.30pm Colouring in Individual visit
27 9:40am Chair aerobics 10:15am Discussion - What's on this week? 10:45am Math quiz 2:00pm Bingo 3:00pm Dance it out	28 Books on Wheels 9:30am Chair aerobics 10:15am Discussion 10:45am Yoga L4 Painting 2:00pm The Beatles concert 3:00pm Busy bee	29 Bus Outing 9.40am Chair aerobics 10:15am Discussion 11.00am Sing along 2.00pm Pampering parlour Individual visit 3.00pm Doll therapy	30 9.40am Chair aerobics 10.20am Discussion 11.00am Table games Ballet4wellbeing 2.00pm Make Rocky Road 3.00pm Dance it out			