



# May 2026

## Community Activity Calendar

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday



**1**

**9.40am**  
Friday fun day  
**10.20am**  
Discussion  
**11.00am**  
Bingo  
**1.45pm**  
Friday social L4

**2**

**10.15 am**  
Resident choice  
**2.00pm**  
Whiteboard games  
**3.00pm**  
Individual visit & walk

**3**

**10:15 am**  
Resident choice  
**11:30am**  
Song of praise  
**2.00pm**  
Gross motor games  
**3.00pm**  
Colouring in  
1.1 Walk & chat

**4**

**9.40am**  
Chair aerobics  
**10.15 am**  
Discussion - What's on for this week?  
**11.00am**  
Quiz  
**2.00pm**  
Bingo

**5**

**9.40am**  
Chair aerobics  
**10:15am**  
Discussion  
**10.45am**  
Christian Service L4  
**11.00am**  
Table game  
**2.00pm**  
Bewitched Movie  
Social Sewing and  
Knitting L4

**6**

**Bus Outing**

**9.40am**  
Chair aerobics  
**9.15am**  
Bus outing Balmoral  
**10.15am**  
Discussion  
**11.00am**  
Sing along  
**2.00pm**  
Pampering parlour  
Individual visit

**7**

**9.40am**  
Chair aerobics  
**10.15am**  
Discussion  
**10.30am**  
Residents and representatives meeting  
Doll Therapy  
**2.00pm**  
Floor game  
Pheonix

**8**

**9.40am**  
No Activities  
**11.00am**  
Orthodox service L4  
Bingo  
**1.45pm**  
Mother Day High Tea with Jay Weston L4

**9**

**10.15 am**  
Resident choice  
**2.00pm**  
Whiteboard games  
**3.00pm**  
Individual visit & walk

**10**

**Mother's Day**

**10:15 am**  
Music Concert on TV  
**2.00pm**  
Gross motor games  
**3.00pm**  
Colouring in  
1.1 Walk & chat



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## Activity Calendar

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>11</b> <b>9.40am</b> Chair aerobics <b>10.15am</b> Discussion - What's on for this week? <b>11.00am</b> Quiz <b>2.00pm</b> Bingo Individual visits	<b>12</b> <b>Int. Nurses Day</b> <b>9.40am</b> Chair aerobics <b>10:15am</b> Discussion <b>10.45am</b> Yoga L4 Colouring and drawing <b>12.00am</b> Welcome to Italy lunch <b>2.00pm</b> Armchair to Italy Men's Club L4	<b>13</b> <b>Bus Outing</b> <b>9.40am</b> Chair aerobics <b>9.15am</b> Bus Outing Windsor <b>10:15am</b> Discussion <b>11.00am</b> <b>Catholic service L4</b> Sing Along <b>2.00pm</b> Pampering parlour Carpet Bowl L4	<b>14</b> <b>9.40am</b> Chair aerobics <b>10.15am</b> Discussion <b>11.00am</b> Floor Game <b>2.00pm</b> Puzzles and Board Games (lifestyle Meeting)	<b>15</b> <b>9.40am</b> Friday fun day <b>10.15am</b> Discussion <b>11.00am</b> Bingo <b>1.45pm</b> Friday social L4	<b>16</b> <b>10.15 am</b> Resident choice <b>2.00pm</b> Whiteboard games <b>3.00pm</b> Individual visit & walk	<b>17</b> <b>10:15 am</b> Resident choice <b>11:30am</b> Song of praise <b>2.00pm</b> Gross motor games <b>3.00pm</b> Colouring in 1.1 Walk & chat
<b>18</b> <b>National Volunteer Week 18-25</b> <b>9.40am</b> Chair aerobics <b>10.15am</b> Discussion - What's on for this week? <b>11.00am</b> Word quiz <b>2.00pm</b> Bingo	<b>19</b> <b>Books on Wheels</b> <b>9.40am</b> Chair aerobics <b>10.15am</b> Discussion <b>11.00am</b> Colouring and drawing Global Quiz banquet Rm <b>2.00pm</b> The Hidden life of Pets documentary Social Sewing&Knitting L4	<b>20</b> <b>Rosewood Day</b> <b>9.40am</b> Chair aerobics <b>10.15am</b> Discussion <b>11.00am</b> Sing Along <b>2.00pm</b> Pampering parlour Mindfulness Individual visit	<b>21</b> <b>9.40am</b> Chair aerobics <b>10.30am</b> Residents & representatives meeting <b>2.00pm</b> Cooking: Cheddar crackers Phoenix <b>3:00 pm</b> Piano & violin concert	<b>22</b> <b>9.40am</b> Friday Fun day <b>10.15am</b> Discussion <b>11.00am</b> Bingo <b>1.45pm</b> Friday social with Harry One Man Band L4	<b>23</b> <b>10.15 am</b> Resident choice <b>2.00pm</b> Whiteboard games <b>3.00pm</b> Individual visit & walk	<b>24</b> <b>10:15 am</b> Resident choice <b>11:30am</b> Song of praise <b>2.00pm</b> Gross motor games <b>3.00pm</b> Colouring in 1.1 Walk & chat
<b>25</b> <b>9.40am</b> Chair aerobics <b>10.15am</b> Discussion - What's on this week? <b>11.00am</b> Brain games <b>2.00pm</b> Bingo Individual visits	<b>26</b> <b>9.40am</b> Chair aerobics <b>10.15am</b> Discussion <b>10.45am</b> Yoga L4 Painting <b>2.00pm</b> Mysteries of the Terracotta Warriors documentary	<b>27</b> <b>Bus Outing</b> <b>9.40am</b> Chair aerobics <b>9.15am</b> Bus Outing Kensington <b>10:15am</b> Discussion <b>11.00am</b> Sing Along <b>2.00pm</b> Pampering parlour Individual visit	<b>28</b> <b>9.40am</b> Chair aerobics <b>10.15am</b> Discussion <b>11.00am</b> Reminiscing Ballet4wellbeing L4 <b>2.00pm</b> Sip and paint with Lorna on L4 Floor Game	<b>29</b> <b>9.40am</b> Friday Fun day <b>10.15am</b> Discussion <b>11.00am</b> Bingo <b>1.45pm</b> Friday social L4	<b>30</b> <b>10.15 am</b> Resident choice <b>2.00pm</b> Whiteboard games <b>3.00pm</b> Individual visit & walk	<b>31</b> <b>10:15 am</b> Resident choice <b>11:30am</b> Song of praise <b>2.00pm</b> Gross motor games <b>3.00pm</b> Colouring in 1.1 Walk & chat)